THE INTERNATIONAL SOCIETY

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OF HYPNOSIS

NEWSLETTER APRIL 1993 Vol. 16 No. 1

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13th Triennial Congress of Hypnosis, Melbourne, Australia, August 6-12, 1994 Asia Pacific Congress of Hypnosis (Satellite Meeting), Cairns, Australia, August 15-17, 1994

LETTER FROM THE PRESIDENT

It is with some satisfaction that I can now confirm that the International Society of Hypnosis has in the last few months moved into a more satisfactory financial situation thanks in part to a generous donation of \$10,000 from the Australian Society of Hypnosis. The future of ISH is now assured and we can all devote our attention to expanding ISH into a more vibrant international society meeting the needs of clinicians and researchers alike.

At the meeting in Israel last year the Board of Directors decided that the ISH subscription for individual members would not incorporate the subscription to the International Journal of Clinical and Experimental Hypnosis. As a result the dues for 1994 will be approximately \$US 61.00 although this amount is yet to be confirmed. This separation of ISH dues from the IJCEH subscription should not in any way be seen as diminishing our interest in supporting and promoting this excellent journal. You will find an advertisement for the International Journal of Clinical and Experimental Hypnosis included in this newsletter (Australian members will be mailed separately at a later date in line with the Australian Society of Hypnosis, Federal Office promotion of IJCEH). We would urge you all to subscribe to this journal.

It is essential that we continue to build our knowledge and clinical expertise in the practice of hypnosis and the many excellent journals produced by our constituent societies is a way to ensure that this takes place.

It is with regret that I recently received the resignation of Dr Walter Bongartz as Newsletter Editor. Due to personal reasons he is unable to continue in the role to which he was elected in 1991. We owe him a considerable vote of thanks and wish him well.

In line with the policies of developing collegial relationships you will find advertising materials for two meetings circulated with this newsletter. Firstly, I hope many of you will take advantage of the opportunity to visit the beautiful city of Vienna in August 1993 when the European Society of Hypnosis will hold the Sixth European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine. The program that is included with this newsletter will give you information concerning the excellent range of topics and speakers available. I hope you will join us with our European colleagues and enjoy the beauty of Vienna at the same time. Associated with the Sixth European Congress is a one day joint meeting on Saturday 21 August 1993 in conjunction with the International Society for the Investigation of Stress. This program of which I am Chairman will offer the opportunity to hear an excellent range of hypnosis practitioners and other scientists at the forefront of stress research and management.

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Additionally, you will find enclosed a copy of the preliminary brochure for the 13th International Congress of Hypnosis to be held in Melbourne in 1994. This meeting which will have a number of keynote speakers and workshops of considerable interest to all will be held between 6 and 12 August 1994. If you would like to present a paper or wish to attend please complete and return the appropriate form. Subsequent to the meeting in Melbourne a satellite meeting will be held near to the Great Barrier Reef in Cairns, North Queensland. This meeting which will be held between 15 and 17 August 1994 will offer visitors to Australia the opportunity to explore the tropical rainforests of North Queensland, and one of the Seven Wonders of the World, the Great Barrier Reef. I urge you to register your interest today.

Regards and best wishes from Australia and I wish you in the Northern Hemisphere a pleasant and relaxing forthcoming summer.

Yours sincerely,

GRAHAM D. BURROWS, AO, MD President

LETTER FROM THE NEWSLETTER EDITOR

On April Fool's Day my wife Barbel called me at home and told me that a few minutes ago, a descendant from the Mesmer family had called her on the phone and that he would come to her private practice around 10 o'clock. Amazed by this genetic echo from the past I immediately grasped pad and pencil, took my camera, bought a sixpack of films and drove as quickly as possible to my wife's practice. When I realised that the descendant from Mesmer's family was nothing than an April Fool I was somewhat disappointed. After recovering my self-possession I mentioned that it was not that unrealistic to expect a descendant of Mesmer's family in this area since one of Mesmer's sisters had married a certain Stromayer in Meersburg, so that possibly there are still descendants of her. Realising my disappointment Barbel wanted to do something about it. So she used the local phone book as a "Who is Who" in animal magnetism, looking for some Stromayer or Strohmeier etc. in Meersburg. Indeed, the first phone call was successful and she was able to arrange a meeting for the coming weekend with Winfried Strommayer, a grand grand...nephew of Mesmer (see Echoes from the Past).

This is my last Newsletter. Like my predecessors Anthony Basker (England) and Campbell Perry (Canada) I will 'retire' also after nearly 5 years of editorship. I would like to thank all of you who helped me in collecting information from all over the world. I am especially indebted to Campbell Perry who always provided me with the information from North America and to Robb Stanley of the ISH Central Office who managed to put my Newsletter texts into a printed form. All the best to my successor.

Auf Wiedersehen!

WALTER BONGARTZ

It is with great relief to the Central Office that we are now resolving some of our financial constraints and can get on with the task of serving better the Society and its members.

Once more I would urge you to pay your membership subscriptions via credit card (Visa or Mastercard)(except where subscriptions are gathered in bulk by your constituent society, i.e. in the USA and Australia).

The Central Office continues to work on the Directory of ISH which will be sent to all members in the middle of the year. Please advise any last minute changes of address or telephone number for inclusion before the end of May.

Best wishes from the Central Office.

ROBB STANLEY
Senior Lecturer in Behavioural Medicine,
Administrative Officer

AUSTRALIA

The Australian Society of Hypnosis continues as an active training organisation for registered medical practitioners, psychologists and dentists within Australia. As of 31 December, 1992 we ceased training in New Zealand, handing over to the newly established New Zealand Society of Hypnosis under the able direction of Dr Bob Large from the University of Auckland.

Once more many candidates have presented for our examination following the two year part-time training in hypnosis. A significant number completed their examination and were admitted to full membership of the Society and awarded the Post Graduate Diploma of Clinical Hypnosis in March 1993. We offer them our congratulations.

As of the middle of this year, Dr Barry Evans who is currently Treasurer of the Australian Society of Hypnosis will take up the position of Editor of the Australian Journal of Clinical and Experimental Hypnosis. We owe a great debt of gratitude to Dr Wendy-Louise Walker who has been the editor of our journal throughout most of its twenty years of existence. She has guided this publication to the highest possible standard and built a reputation world-wide amongst practitioners and researchers alike. We thank you once more Wendy-Louise for your service to our Society.

The Australian Society of Hypnosis will hold its 23rd Annual Congress in Adelaide, South Australia between 5 and 11 September 1993. International, interstate and local speakers will present the latest strategies and concepts in the clinical practice of hypnosis.

The invited speakers include Dr John G Watkins, PhD, Professor Emeritus, University of Montana, USA and his wife Helen Watkins, MA. We are indeed fortunate to attract this team whose work on "ego state therapy" is world renowned. International visitors can obtain information by contacting the congress organisers – SAPMEA Conventions, 80 Brougham Place, North Adelaide, SA 5006 (Fax 61 8 239 1566).

Regards and best wishes from Australia.

MARK EARL Federal Secretary

AUSTRIA 6th EUROPEAN CONGRESS OF HYPNOSIS VIENNA, AUGUST 14-20, 1993

Vienna must have an exceptional atmosphere combining the high tech achievements of modern Austria and the cultural richness of the former Austrian Empire. Recently, the International Congress and Convention Association reported that Vienna was the world's most popular meetings city in 1992. London and Paris, for instance, took only seventh and eighth position respectively. This year that promises to become a very successful and interesting conference. The preliminary scientific faculty lists already 83 highly qualified contributors not only from Europe but from all over the world. Up to now, 44 workshops and 17 symposia are planned and announced in the preliminary programme that deal with nearly every aspect of clinical and experimental hypnosis. In between, the organising committee headed by Erik Bolcs, MD, who is also the President of the European Society of Hypnosis has been enlarged by Dr Henriette Walter (Psychiatric Clinic of the University of Vienna) to meet the overwhelming response to the preliminary programme. The high quality of the scientific and workshop programme is paralleled by the attractiveness of the social events programme that starts August 15 with a typical Viennese Summer Ball in the magnificent rooms of the Vienna Town Hall. Don't forget your tuxedo.

GREAT BRITAIN

Almost one year ago the Scottish Branch of the British Society of Medical and Dental Hypnosis became a totally independent hypnosis society. Its name is BRITISH SOCIETY OF MEDICAL AND DENTAL HYPNOSIS – SCOTLAND. The society restricts its membership to medical doctors and dentists. By now, the society has over 300 members. The Annual meeting of the society will be March 21 this year.

The membership of the British Society of Experimental and Clinical Hypnosis (BSECH) was reduced to just under 300 in 1992 owing to an increase in membership rates. This was expected, and past experience suggests that this shortfall will only be temporary. In 1992 BSECH was pleased to see the re-establishing of the Metropolitan Branch in London. A programme of monthly meetings has been arranged by Dr David Oakley, University College, London, and a series of training workshops will be held in 1993. Another success story is the Wales and West of England Branch whose activities have been co-ordinated by Mrs Joy Abbati and Mr Geoff Callow.

The Diploma in Clinical Hypnosis, a one-year part-time course at the University of Sheffield, is now in its third year of operation. Its twenty-two students include dentists, clinical and educational psychologists, and medical doctors from a wide range of specialities and post-graduate qualification up to consultant level. Its Director, Dr Michael Heap, has submitted proposals to the University for a two-year course leading to a Master's degree in Medical Science. The Faculty of Medicine's Teaching Committee now need to be convinced that hypnosis has the status of a 'medical science'. Dr Oakley and Dr Heap are nevertheless going ahead with plans for a similar Diploma course, with a one year extension to Master's level, to be established at University College, London, in 1993.

FRANCE

To promote French research in experimental and clinical hypnosis, the French National Center for Scientific Research (CNRS) organised a symposium on "Les mecanismes du processus hypnotique". The CNRS is Europe's largest basic-research agency that operates under the supervisory authority of France's Ministry of Research and Technology. The symposium took place at the Salpetriere Hospital in Paris where the eminent French neurologist Jean Martin Charcot did his research on hypnotism about 100 years ago. The symposium was organised in three consecutive sessions that consisted each of three to four lectures. Session I was devoted to "Hypnotisability and Hypnotic States" (Andre Weitzenhoffer, Jean-Roch Laurence, Germain Lavoie); Session II dealt with the "Cognitive Operations" of hypnosis (David Oakley, Nicholas Spanos, Martin Orne, Ernest Rossi); and Session III presented lectures on the "Neurophysiological Indicators and Models" of hypnosis (Walter Bongartz, Pierre Buser, John Gruzelier, Giselher Guttmann). A visit to Charcot's personal library was especially welcomed by the participants of the symposium.

ISRAEL

The Israeli Society of Hypnosis has set up an extensive training and continuing education programme. Courses, lectures, demonstrations and supervision seminars will be given in the regional chapters (Haifa, Jerusalem, Tel Aviv) by the leading experts of the society (N. Alon, L. Baider, R. Carasso, V. Delano, B. and Y. Elitsur, K. Fuchs, G. Golan, Y. Lantser, S. Livnay, M. Kleinhauz and A. Tsur).

In response to the great interest aroused amongst Israeli professionals during the 12th ISH Congress in Jerusalem, the first of a series of international experts to give workshops will be Ernest Rossi who will teach in May along with Catherine Moe, on the Multi-Modal Approach to the relationship between mind and body.

LITHUANIA

The young and very active Lithuanian Association of Hypnosis (LHA) founded in Vilnius in 1990 proudly announces the beginning of its third basic training programme in hypnotherapy (12 weekends with 12 teaching hours each). Already 37 participants have registered. Later this year an advanced course will start on "Hypnosis in Psychosomatic Medicine" that will extend over six weekends. By now, membership of

LHA is already close to 100 and the interest in hypnotherapy amongst Lithuanian physicians and psychologists is still increasing thanks to the teaching activity of Dr Laurinaitis, President of LHA and Professor of Medicine at Vilnius University. He is also organising the 1st Baltic Sea Conference on Training in Medical Psychology, Psychosomatic and Psychotherapy that will take place in September this year (8-11).

THE NETHERLANDS

The Nederlandse Vereiging voor Hypnotherapie (NvvH) has recently been active in a number of areas:

- 1. Apart from its traditional emphasis on training in hypnosis for new members, more and more attention is being given to the needs of its regular members for continuing education. As interest in the dissociative disorders, in particular multiple personality disorder, is rapidly growing in the Netherlands and among NvvH members, a highly successful event has been the training seminar on December 11, 1992, directed by Suzette Boon, PhD on the use of the Structured Clinical Interview for the DSM III-R dissociative disorders (SCID-D).
- 2. In harmony with developments in other national and international professional societies in the field of mental health, NvvH is paying much attention to the development of a better code of ethical conduct, in particular with regard to boundary violations of a sexual nature either during or after treatment. There is a growing awareness and concern that survivors of childhood sexual abuse are especially prone to recurrent victimisation by health care professionals.
- 3. Further steps are being made towards membership inclusion of other professional categories, such as nurses and social workers. Experimental training courses for representatives of these and other professional categories, always presented with the emphasis on the utilisation of hypnotic techniques within the respective professional categories' competence, have been very successful according to both the NvvH trainers and the participants.
- 4. The NvvH Board is stimulating more international cooperation and exchange, especially in Europe, by encouraging members to submit papers to HYPNOS, the European Journal of Hypnosis and other international hypnosis journals, by supporting international hypnosis conferences, e.g. the upcoming 6th ESH Congress in Vienna this year, and by presenting seminars and workshops in other countries, especially in Eastern Europe.

Last November, NvvH member Dr Caspar Koene has been awarded by the Dutch Institute for Psychologists (NIP) the "Senior Award for Outstanding Professional Practice in Psychology" for his important contributions in the field of professional ethics.

RUSSIA

Dr Leonid Kroll, President of the Russian Hypnosis Society is organising a rather unusual conference on "Modern Methods of Psychotherapy" (including hypnosis) in Siberia. The conference will take place aboard a ship starting in Krasnoyarsk, that takes

If you want to explore Siberia while participating in a travelling conference, write to: Dr Leonid Kroll, Vorovskogostr. 26-50, 121069 (Fax: 095-206-10-78 attn. Leonid Kroll), or call Russia 095-202-68-90).

U.S.A.

At the 43rd Annual Meeting of the Society for Clinical and Experimental Hypnosis held last October at Arlington, Virginia, the following awards were announced: The Sherry K. and Harold B. Crasilneck Award for the best first clinical or research paper presented at the 1991 meeting was to Marie-Claude Lamarche, MA, of Concordia University, Montreal; David Spiegel, MD and Etzel Cardena, PhD of Stanford University received the award for the best theoretical paper on hypnosis for 1991; the Henry Guze Award for the best research paper was presented to a Danish group, consisting of R. Zachariae, P. Bjerring, C. Zachariae, T. Neilsen, L. Arendt-Neilsen, E. Eldrup, C.S. Larsen and K. Gotliebsen. Jean Holroyd of University of California at Los Angeles received the Roy M. Dorcus Award for the best clinical paper.

The Arthur Shapiro Award for the best book for 1991 went to "Theories of Hypnosis: Current Models and Perspectives' by Steven J. Lynn, PhD and Judith W. Rue, PhD of Ohio University; The Shirley Schneck Award to "a physician who has made significant contributions to the development of medical hypnosis" was presented to Alexander Levitan, MD. The Morton Prince Award "for distinguished contribution to the development of hypnosis in the science and profession of psychology" (awarded jointly by SCEH and the American Board of Psychological Hypnosis (ABPH) was shared by Elgan L. Baker, Jr., PhD and Ian Wickramasekera, PhD of Eastern Virginia Medical School.

SCEH's highest honour, the Bernard B. Raginsky Award "for leadership and achievement" was presented to Helen J. Crawford, PhD, of Virginia Polytech Institute and State University.

In addition, seven new Fellows of SCEH were announced. They are Nicholas A. Covino, PsyD; John O. Bears, MD; Irving Kirsch, PhD; Danial P. Kohen, MD; Robert Nadon, PhD; Emily Carota Orne and Auke Tellegen.

SCEH Executive Council unanimously approved a recommendation from the Awards and Fellowship Committee that the award for the best theoretical paper be renamed "The Josephine R. Hilgard and Ernest R. Hilgard Award".

The 44th Annual Meeting of SCEH is to be held at the Woodfield Hilton Hotel, Arlington Heights (a suburb of Chicago) from October 12 – 16. For further information please write to Mrs Marion Kenn, Administrative Director, Society for Clinical and Experimental Hypnosis, 128-A Kings Park Drive, Liverpool, New York 13090, USA.

Last December, the American Society of Clinical Hypnosis announced its slate of newly elected officers. Dabney M. Ewin, MD, FACS, is the incoming President; William

C. Wester, EdD, was elected President-Elect; the Vice-President is Richard P. Kluft, MD, PhD; Secretary is Valerie Wall, PhD, MEd, and the Treasurer is Alan D. Banack, MD. Members at large for Dentistry, Medicine and Psychology are (respectively) I. Henry Clarke, DMD, Michael A. Haberman, MD and Gary R. Elkins, PhD.

During his term of office, ASCH's outgoing President D. Corydon Hammond, PhD, in conjunction with Dr Alan Scheflin and colleagues at the Santa Clara Law School began a coordinated national drive to establish laws in all 50 states of the USA that would substantially reduce the practice of lay hypnosis. The draft legislation appeared in the December 1992 ASCH Newsletter, copies of which are available from William Hoffman Jr., American Society of Clinical Hypnosis, 2200 East Devon Avenue, Suite 291, Des Plaines, IL 60018-4534, USA.

ECHOES FROM THE PAST MEETING A RELATIVE OF MESMER

In 1814 at the age of 80, one year before his death, Mesmer came to Meersburg at the shores of Lake Constance. Here he lived in a comfortable house in Vorburggasse 11 taken care of by a housekeeper and two servants. He seemed to have enjoyed life in Meersburg. Everyday in the morning he is reported to have sung accompanying himself with his glass harmonica. He had his own coach and a horse that he used for trips in the surroundings or for a visit. He loved to be in company and seems to have enjoyed the local wines as evidenced by a bill from his wine dealer found after his death. It was in Meersburg that Mesmer's last book was composed with the help of Karl Wolfart, a Berlin physician and later Professor of Medicine at Berlin University, who had been sent to Meersburg by the Royal Prussian Commission for the Investigation of Animal Magnetism. (The details about Mesmer's time in Meersburg are taken from Bittel, 1940).

Meersburg had some personal meaning for Mesmer. His mother was born in this picturesque city (1701) and his parents had married here (1730). One of his sisters (Mesmer had 4 sisters and 4 brothers), Maria Genovefa Mesmer, had married the then Mayor of Meersburg, Jakob Stromayer. When Mesmer arrived in Meersburg, his nephew Cajetan Stromayer, the son of his sister, enabled him to rent the house in the Vorburggasse. Stromayer and his family lived in their own house on the marketplace directly at the old town gate in the upper part of the city, about 300 meters away from Mesmer's house.

And the Strommayers still live there on Marktplatz 10, having added an extra "m" to their name during the last 175 years. On April 3 this year, my wife and I visited Winfried Strommayer, the grand-grand . . . nephew of Mesmer in this house that is over 300 years old. He is 55 and bears some resemblance with Mesmer. He still remembers that his father told him as a boy that Franz Anton Mesmer 'the man who could heal with his hands' was one of his forefathers. From his father he learned also some details about the relation between Mesmer and the Stromayer family.

Winfried Strommayer and his wife Hildegard still have the wonderful baroque furniture bought by his forefathers and there is still a beautiful tiled stove of that time in the living room that certainly has also warmed Mesmer while visiting his nephew

Cajetan Stromayer. The Strommayers are a family that cling to tradition not only with regard to their home. The son of Cajetan, Karl Stromayer, started a housepainting business in 1842 that is still in existence in Meersburg after 150 years. Now in the fifth generation, Winfried Strommayer is a master house-painter like his forefathers have been.

None of the belongings of Mesmer have been left to Winfried Strommayer although Cajetan Strommayer was mentioned as one of the heirs in Mesmer's testament that is now in the municipal archives of Meersburg. Letters and manuscripts of Mesmer are scattered in archives in Berlin, Paris, Marbach and Freiburg. His famous glass harmonica that has played such an important role in his seances in Paris is missing, however. After Mesmer's death on March 5, 1815, the harmonica went to Professor Wolfart/Berlin. Later on, it was possessed by a certain Dr Praussnitz who died in Napoli di Romagna (Kerner, 1856).

While the descendants of Mesmer's nephew Cajetan Stromayer turned to business and not to animal magnetism, there was another nephew of Mesmer who followed his steps, i.e. Dr med. Franz Xaver Stromayer from Wurzach who practiced animal magnetism on his patients.

WALTER BONGARTZ

Bittel, K. Der beruhmte Hr. Doct. Mesmer vom Bodensee. Friedrichshafen: See-Verlag, 1938.

Kerner, J. Franz Anton Mesmer aus Schwaben. Frankfurt. Rutten, 1856.

MEMBERS IN THE NEWS

David Akstein, MD, founder of the Sociedade Brasileira de Hipnose presented a lecture on "Ritual Trance" to the 3rd Congres Internationale sur la Transe in Marrakech, Maroc (October 23-30). He also conducted a workshop on Terpsichore trance therapy.

Helen Crawford, PhD, organised and chaired two international symposiums on psychophysiology aspects of hypnosis and hypnotic analgesia for the International Congress of Psychology in Brussels (co-chair Istvan Meszaros, PhD), and the International Congress of Psychophysiology in Berlin, Germany .

Eugene Levitt, PhD, recently received notification from the American Psychological Association's Division 30 that his paper "Hypnosis in the Treatment of Obesity" has won that Division's prize as "Outstanding Clinical Paper at the 1992 Annual Convention of the American Psychological Association".

FORTHCOMING EVENTS

A two-week MRI SUMMER SYMPOSIUM – Week 1 (July 19-23, 1993) Advanced Level training in Brief Strategic Therapy – Week II (July 26-27) "Making Difference Work" with Steve de Shazer to be held at Stanford University, Palo Alto, CA. For information contact: MRI Symposium, 555 Middlefield Road, Palo Alto, CA 94301, USA. (phone: [415] 321-3055).

6TH EUROPEAN CONGRESS OF HYPNOSIS, organised by the Osterreichische Gesellschaft für Autogenes Training und allgemeine Psychotherapie (OGATAP) will be held in Vienna, Austria, August 14-20, 1993. For information write to: OGATAP, Dr Wolfgang Ladenbauer, Testarellogasse 31/13, 1130 Wien, Austria.

7TH WORLD CONGRESS ON PAIN in Paris, France (August 22-27, 1993). Contact: International Association for the Study of Pain, 909 NE 43rd Street, Suite 306, Seattle, WA 98105, USA. Telephone (206) 547-6409; Fax (206) 547-1703.

1st BALTIC SEA CONFERENCE ON TRAINING IN MEDICAL PSYCHOLOGY, PSYCHOSOMATICS AND PSYCHOTHERAPY, Vilnius, Lithuania, September 8-11, 1993. For information contact Eugenijus Laurinaitis, MD, Malonioji Str. 5, Vilnius 2004, Lithuania. Phone: 0122-751209; Fax: 0122-263167.

8TH PAN AMERICAN CONGRESS OF HYPNOLOGY, Rio de Janeiro, Brazil, September 8-11. For information write to Dr David Akstein, Av. Princesa Isabel, 350 – Gr. 404, Copacabana, Rio de Janeiro, 22.011 Brazil.

The 44th ANNUAL WORKSHOPS AND SCIENTIFIC PROGRAMME OF THE SOCIETY FOR CLINICAL AND EXPERIMENTAL HYPNOSIS will be held at the Woodfield Hilton, Arlington Heights, Illinois (a suburb of Chicago) from October 12 to 17, 1993. Information can be obtained from: SCEH, Marion Kenn, Administrative Director, 128-A Kings Park Drive, Liverpool, NY 13090, USA.

EVOLUTION OF PSYCHOTHERAPY, Hamburg, Germany. **July 27 to 31, 1994** where leaders in the field of psychotherapy will present and discuss their approaches. For information write to Dipl. Psych. Bernhard Trenkle, Bahnhofstr. 4, 7210 Rottweil, Germany. Phone 0741-41774.

13th INTERNATIONAL CONGRESS OF HYPNOSIS, Melbourne, Australia, August 6-12, 1994. Followed by a Satellite meeting (August 15-17) at Cairns, in North Queensland, Australia near to the world-renowned Great Barrier Reef. For further information contact: 13th International Congress of Hypnosis, PO Box 29, Parkville, Victoria 3052, Australia. (Fax: 61-3-387-3120).

13th INTERNATIONAL CONGRESS ON HYPNOSIS MELBOURNE, AUSTRALIA 6 - 12th AUGUST 1994

This meeting will be held at the World Congress Centre, Melbourne, Australia in August 1994. The six day meeting will comprise two parts – the Workshops on the first three days and the Scientific programme at the end of the week.

Melbourne offers arts, theatre, opera and music. The city is famous for its Restaurants, representing the cuisine of the dozens of ethnic groups, who make up this cosmopolitan city. Within a few hours drive of Melbourne are the ski fields. At this time of year the skiing can be very good. Come and enjoy the delights we have to offer.

SATELLITE MEETING 1994 ASIA-PACIFIC CONGRESS OF HYPNOSIS CAIRNS HILTON HOTEL CAIRNS, NORTH QUEENSLAND, AUSTRALIA 15 - 17th AUGUST 1994

Cairns is set in the beautiful tropical resort area of North Queensland. Close to the world famous Great Barrier Reef, where you can snorkel and scuba dive in the Great Barrier Reef National Park. It offers opportunities to explore the unspoiled tropical rain forests, to swim on tropical beaches or engage in big game fishing. Include this meeting in your vacation plans.

13th INTERNATIONAL CONGRESS ON HYPNOSIS AUGUST 6-12 1994



Please send me further information on Hypnosis '94 as it becomes available.

Telephone: 613 387 9955 or Fax: 613 387 3120

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