LETTER FROM THE PRESIDENT

The Officers of ISH have recently been forced, by the threat of world events, to make an extremely sad decision concerning the 12th International Congress of Hypnosis. Because of concerns about the impact of the Middle East Crisis, we have found it necessary to change the location and the date of the Congress from Jerusalem, Israel. The Congress will be held: August 25-30, 1991, Rome, Italy (Cavaleri Hilton Hotel).

I know you join with me and the Officers in expressing our sincere regrets to our hard working Israeli colleagues who must, of course, be bitterly disappointed. They appear to understand, and of course, the Israel Society of Clinical Hypnosis will still be organizing the Congress in all details. It is still the Israeli Congress, and I hope you will rally around these loyal and hard working colleagues in the new location. More details elsewhere in this Newsletter.

Many ISH members were not able to attend the highly successful European Congress of Hypnosis in Konstanz, Germany this past August. What a wonderful job done by Dr. Bongartz and the European Society. It was specially pleasing to meet so many colleagues from so many European countries for the first time. Congratulations from all of us who attended.

You might want to be giving some thought to the election of officers to ISH. You will receive ballots in the mail in the New Year. Meanwhile, we need more members so please help encourage your colleagues to join ISH.

Best wishes for the Holiday Season and the New Year.

Frederick J. Evans, PhD
President, ISH

FROM THE NEWSLETTER EDITOR

LOCATION OF THE 12TH ISH CONGRESS MOVED TO ROME.

You will learn from this newsletter that the ISH has decided to move the location of the 12th International Congress of Hypnosis from Jerusalem to Rome because of the Gulf crisis. The Hilton Cavalleri, Rome, will be the Congress venue. The deadline for submitting abstracts to the Scientific Committee has been extended to March 1, 1991. Support our Israeli colleagues by registering now.

As we all know, hypnotherapists are creative and also experienced in facing annoying situations with calmness and relaxation. Once again, this was proven at the “Lake Constance Cruise and Boat Party” during the 5th European Congress of Hypnosis in Konstanz on board of the “Count Zeppelin,” a modern and luxurious ship with a seating capacity for over 400 passengers. Because of a slow burning carpet in a store room producing a lot of smoke the passengers had to leave the ship and to wait until the smoke had vanished. Although the participants had not booked an “Adventure Cruise” they faced the unexpected situation with calmness and creatively filled the waiting time with self-organized activities: Over 100 musical colleagues enjoyed in singing internationally known songs accompanied by a guitarist, others listened to a Swedish lady playing an accordion, others were entertained by a magician or a storyteller or used the situation to make new acquaintances. A local journalist was so impressed by the surprisingly relaxed and creative behaviour of the Congress participants that, in his article, he attributed it to the passengers hypnotic abilities. He surely was right.

Sincerely,
Walter Bongartz
Newsletter Editor

CENTRAL OFFICE NEWS

The Central Office of ISH this year has experienced a number of temporary staff changes. Firstly, our Senior Administrative Secretary, Mrs. Dianne Glass went off work to have a baby in May and subsequently the work has been taken over by secretarial staff of the Australian Society of Hypnosis. Currently Mrs. June Simmons and Helen Graham are assisting in the running of the Society’s administrative activities.

Dianne and her baby, Ruth are both well and we are expecting that Dianne will return to part-time work with the Society in early 1991. One of the first tasks we will be attempting early next year is the completion of the 1991 International Directory of Hypnosis. If you have not yet paid your 1991 subscription please endeavour to do so immediately or your entry may be left out of the Directory. We will be sending to all financial members of the Society the details we have in our data base concerning their address, qualifications etc. If these are in error please correct them and return them to the Central Office promptly or the incorrect entry may be included. A closing date for receiving information updates will be indicated when your record is sent to you early in 1991. Best wishes for the forthcoming festive season. We look forward to your ongoing involvement with ISH and hope to see as many of you as possible in the beautiful city of Rome.

Robb Stanley
Administrative Officer
AUSTRALIA

In August of this year the Australian Society of Hypnosis held a highly successful congress in Melbourne in association with ISH. The "Asia Pacific Congress of Hypnosis" was addressed by two internationally renowned speakers, Dr Peter Bloom and Dr Ernest Rossi. They both presented two-day workshops in their area of specialty and were both invited to present a keynote address in the scientific programme. In 1991 the Australian Society of Hypnosis will hold its 21st congress on Great Keppel Island which is off the east coast of Queensland and near to the Great Barrier Reef. This meeting which will be held between 13 and 18 of October is expected to attract a large number of participants, due to the presence of Dr Corydon Hammond, from Utah, U.S.A., who will present a number of 1/2 day workshops.

CANADA

In May this year, the Ontario Society of Clinical Hypnosis (OSCH) started its 20th season. OSCH is not only to be congratulated on its 20th birthday but also on its accomplishments in terms of services for its membership. This very active and successful society offers spring and fall workshops with stimulating programs each year and publishes a biannual directory of members as well as a very informative Newsletter five times per year. Each year the Stanley Kushnir Memorial Foundation (SKMF) runs a competition and awards a prize to the best scholarly paper on hypnosis. The 1990 prize will be $100. As the OSCH Newsletter writes: "Compared to prizes and awards granted by larger...hypnosis societies, the SKMF program may appear quite minor but it is a good beginning for our society." And a good way to ensure first rate results; one might add remembering Festinger's cognitive dissonance theory. In her presidential address to the OSCH Annual General Meeting, April 28 in Toronto, Margaret Macaulay, DDS stated: "Serve the Society rather than expect the Society to serve you." If OSCH members bear her advice in their minds OSCH certainly will face a bright future.

FRANCE

In 1889, the first International Congress of Hypnosis was held in Paris, France, August 8 – 12. Charcot was one of the six honorary presidents of the Congress and among the organizing committee you find not only Richet and Janet but also the major representatives of the Nancy School of Hypnosis, i.e. Bernheim, Legros, Liebaut and Beaunis. This year, 101 years after this event the President of the French Society of Hypnosis, Dr. Jeanon Hoareau, invited to the "Congress International, L'Hypnose 101 ans apres". From September 28 through 30, participants from all over the world took part in symposia on historical and contemporaneous as well as practical and theoretical aspects of hypnosis. On Saturday, September 29 a round table discussion was organized dealing with "Hypnosis: Myth and Reality". The discussion which was open to the public was followed by a conversation hour given by Andre Weizenhoffer, PhD.

GERMANY

The 5th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine at the University of Konstanz was a highly successful event: 892 participants took part in a rich program of nearly 200 papers and 77 workshops. It was a true European Congress because it was possible to bring 44 colleagues from East Europe (Russia, Poland, Lithuania, Hungary, GDR, CSFR, Romania) to Konstanz. Economically, this was made possible by the large number of attendees not only from Europe but also from overseas with large groups from Canada, the US and Australia. The Congress took place in Mesmers country at the Lake of Constance where several historical sites remind of the forerunner of modern hypnosis. This was emphasized for instance by a wine
reception in the house in Meersburg where Franz Anton Mesmer had lived and has died 175 years ago in 1815. Mesmers country will be also the location of the Central Office of the ESH as decided by the Council of Representatives. It will be run by Barbell Bongartz as administrative officer.

The 6th European Congress of Hypnosis will be held in Austria in 1993 organized by Dr Bartl who was elected new President of the European Society of Hypnosis and Dr Siegfried Odehnal, Treasurer.

**ISRAEL**

The Organizing Committee of the 12th International Congress of Hypnosis regretfully informs all ISH members that due to the Gulf crisis and resulting unrest in the region, the ESH has decided to move the location of the 12th ISH Congress from Jerusalem to Rome, Italy. The Congress venue will be the Hilton Cavalieri, Rome.

The dates of the Congress have been changed to August 25-30 1991 (2 weeks later than originally publicized). Due to the change of venue, the deadline for receipt of abstracts has been extended to March 1, 1991. All correspondence should continue to be mailed to the Secretariat in Tel Aviv (address below). The organizing Committee in Israel will continue with the organization of the Congress and hopes that all members will give their active support to make the 12th Congress in Rome as successful as its predecessors.

All the updated information will be announced very shortly. For any queries, please do not hesitate to contact:

The 12th International Congress of Hypnosis
P.O.B. 50006, Tel-Aviv 61500, Israel
Tel: 972 3 654571
Telex: 341171 KENS IL
Fax: 972 3 655674

**ROMANIA**

During the Council of Representative Meeting of the European Society of Hypnosis in Konstanz/Germany, in August this year, Irina Holdeveci, PhD and Vladimir Gheorgiu, PhD announced the foundation of the Romanian Society of Suggestion and Hypnosis. Dr Holdeveci is president and Dr Ion Dafinou is Vice-president. Actually, it was a re-foundation of the society. In 1981, when Dr Gheorgiu was president, the society was forbidden by the Ceausescu-Government because of "anti-governmental tendencies". The Research Institute for Pedagogics and Psychology in Bukarest, headed by Dr Gheorgiu at that time, was shut down. The retaliation of the system on Dr Gheorgiu led to committed protests of his western colleagues, among them Hilgard, Evans, Wikstrom, Orne, Perry, Misra and Waxman. These international acts of solidarity helped the German Foreign Minister, Hanns-aa-Dietrich Genscher, who managed to get Dr Gheorgiu to West Germany where he became professor of Psychology at the University of Giessen. During a recent visit in Bukarest, Dr Gheorgiu was elected Honorary President of the Romanian Society of Suggestion and Hypnosis and was happy to see the Research Institute for Pedagogics and Psychology reopened.

**SWITZERLAND**

“Cooperation” is the main topic in Switzerland at the end of the year. The Swiss Medical Society of Hypnosis (SMH), the Swiss Society for Autogenic Training (SGAT) and the Society of Clinical Hypnosis Switzerland (GHyPS) will use the SMH Bulletin as their common journal.

GHyPS plans to organize more workshops in French next year to encourage the colleagues from the French speaking parts of Switzerland for using hypnosis and to enhance contacts.

**ITALY**

The “Istituto Italiano Studi Di Ospedi Bernheim” organized a two-days workshop on “Hypnosis in the Therapy of Pain” that was conducted by Dr Basil Finer from Sweden (October 6-7). This successful workshop attracted more than 80 participants, not only from Italy but also from abroad. There was also a lot of interest from the media: Dr Finer and Professor Guantieri, director of the Institute, appeared on TV. Reports on the workshop were also published in several newspapers.

Professor Guantieri is also the chairman of the ESH Continuing Education Committee that was founded during the 5th European Congress of Hypnosis in Konstanz. The aim of the Committee is to work out guidelines for an educational program leading to a certificate that is acknowledged by all of the 23 European hypnosis societies.

**UNITED KINGDOM**

The British Society of Experimental and Clinical Hypnosis had its Seventh Annual Conference at the University of Sheffield. It was well attended and there were a good number of presentations of experimental and clinical papers, and two days of workshops. Steven Jay Lynn and Judith Rhue from Ohio State University were visiting speakers lecturing on “The Fantasy – Prone Personality”.

Dr Michael Heap's plans for launching a one-year part-time Diploma Course in Clinical Hypnosis at the University of Sheffield (the first in the U.K.) have now been approved by the Faculty of Medicine and Dentistry and will probably start in October this year. The plans for launching a two-year Masters course are being held in abeyance until the Diploma course has been seen to be running successfully.

**THE NETHERLANDS**

During the Annual Meeting of the Nederlandse Vereniging voor Hypnoterapie (NVvH), March 16, 1990, the Board's proposal to open membership to health care professionals other than physicians, dentists, psychologists and orthopedagogy treating patients was accepted by a large majority of the attending members. However, the decision which specific categories of health care professionals it concerns will be decided upon during the next meeting, thus allowing the Society to carefully plan this change.

Another step in introducing hypnosis in the health care system was the Society's highly successful conference on hypnosis for psychosomatic and somatic complaints, on May 12, 1990. Plans are also being made to introduce mini workshops on hypnosis in the curriculum of medical students.

Preparations are already being made for the celebration of the 60th anniversary of the NVvH in 1991.

**UNITED STATES**

The Society of Clinical and Experimental Hypnosis has placed US$75,000 in the Mila Althin Scholarship Fund. Dr Althin, who died in 1987, was a pioneer of SCEH. She left a sizeable amount of her estate to SCEH for a most praiseworthy purpose; the money will be used to support graduate students to perform research, and to attend SCEH workshops and scientific programs. The generous bequest will help to ensure that many of the future clinicians and researchers in the field will have early exposure to current thinking and to major contributors to the understanding of hypnosis at both formal and informal levels.

At the 32nd Annual Meeting of the American Society for Clinical Hypnosis, held at Orlando, Florida during March, 5 members of ISH received awards in recognition of their contributions to the field of hypnosis. Harold Golan, MD received the Society's Presidential Award, and Andrew St.Amand, MD was presented with both a Certificate of Appreciation and an Irving Scertz Award, the latter for special contributions to ASCH. The Scertz Award was presented also to Selig Finkelstein, DDS, Charles B. Mutter, MD and Per Olof Wikstrom, DDS. Congratulations to all of these meritorious colleagues.
The Orlando meeting set a new attendance record for an ASCH Convention. Overall, 580 participants registered for the meeting. The Workshop and Scientific Program Committees were chaired by ISH members William C. Wester, Il EdD and Richard Kluft, MD, PhD.

**ECHOES FROM THE PAST**

**COWS INTO PRINCES: UTILIZATION OF DELUSIONAL SYSTEMS 1000 YEARS AGO.**

There was an echo to the “Echoes from the Past” of the last Newsletter (The Ericksonian Approach to the Treatment of epidemic suicide in Ancient Greece).

In a letter to the Editor, Peter B. Bloom, MD, Secretary-Treasurer of ISH drew attention to another historical Ericksonian type of psychotherapeutic treatment that was done by Avicenna, the famous Persian philosopher (980-1037 A.D.) reported by Shafii (1972; the following quotations refer to a book by Nizami-i-Arudü (1110-1161) of Samarquand who reports Avicenna’s therapy translated on p. 132 in Shafii’s article).

Here is the patient. “A young prince of the house of Buwahit was suffering from melancholia and had the delusion that he had turned into a cow. Every day he would constantly scream, “Kill me so that a good stew may be made from my flesh.” His condition deteriorated to the extent that he was eating nothing... He was fearful, phobic, lost weight, and his body was melting away. The physicians became helpless in his treatment.”

Although Avicenna seemed to have been busy with political affairs his king urged him to treat the prince. Avicenna accepted and sent a message: “Give the youth the happy news that the butcher is going to slaughter him.” So they gave the youth the news and he was very jubilant.

After having thus accepted and entered the system of the delusional prince who reacted positively to this intervention, Avicenna went on when he entered the house of the prince: “He had a butcher knife in his hand and said aloud, “Where is this cow so I can slaughter it?” The patient lowered like a cow as to say “Here I am.” Avicenna said, “Bring it to the middle of the court and tie its hands and its feet and throw it on the ground.” When the patient heard that, he ran to the middle of the courtyard. He lay down on the ground on his right side. They tied his feet tightly. Then Avicenna came rubbing butcher knives against each other. He sat down and put his hand by the side of the patient as was the custom of the butchers. Then he said, “Ah! What a thin cow! It is not worth killing! Give it grass to be fattened”... The young prince listened and ate with the hope of getting fat and being killed. The physicians continued to treat him according to Avicenna’s regular advice. It took a month to regain his health. Thus entering the patient’s delusional system and utilizing his motivation to be killed as a cow (which, of course, requires to be fat), Avicenna turned the anorectic cow into a well fed prince. Psychotherapeutic animal to man metamorphosis (Bandler & Grinder, 1979) is not a privilege of modern times.

**Walter Bongartz**


**MEMBERS IN THE NEWS**

Peter B. Bloom, MD (USA) in March 1990 became a Diplomate of the American Board of Medical Hypnosis. During August, he presented a keynote address to the Asia Pacific Congress of Hypnosis, sponsored by the Australian Society of Hypnosis, in conjunction with ISH. Additionally Peter Bloom was presented with the highest award of SCEH at its recent meeting. The Bernard Ragensky Award was presented for “Leadership and Achievement” in hypnosis.

On June 19, Dr Harold B. Crasilneck (USA) lectured in Venice, Italy to the Istituto Italiano Studi di Ipnosi Clinica E Psicoterapia “H. Bernheim”, on “Hypnosis and Symptom Alteration”. On June 22, he presented lectures at the Medical School in Rome, Italy to the Department of Neurophysiology on “Hypnosis and Pain” and “Hypnosis and Symptom Alteration”.

Erika Fromm, PhD (USA) was recently honored with the 1989 Illinois Psychological Association Award for “Outstanding Contributions to the Profession of Psychology”. Honorary membership was given by the Dutch Society for Hypnotherapy.

Vladimir A. Gheorghiu, PhD (Germany) lectured on “The Psychological Basis of Suggestion” at the Department of Psychology, University of Bukarest, Romania. He was also elected Honorary President by the Romanian Society of Suggestion and Hypnosis.

During mid-June, Jean Godin, MD, PhD (France), presented a “formation de base II” workshop to La Societe Quebecoise d Hypnose. It followed up an earlier workshop given to the Societe in June 1989, and was likewise very well attended.

D Corydon Hammond, PhD (USA) has been awarded his Diplomate in Clinical Hypnosis from the American Board of Psychological Hypnosis. He was also honored by receiving the Irving Spector Award for service to the American Society of Clinical Hypnosis.

Jean Roch Laurence, PhD (Canada), President of the Societe Quebecoise d Hypnose was invited to present a paper to the Premier Colloque francophone sur 1 hypnose, les transes et les etats modifies de conscience, held at Paris, France from June 6-8.

Steven Jay Lynn, PhD (USA) recently was awarded Diplomate by the American Board of Psychological Hypnosis.

Jerome M. Schneck, MD (USA) has been appointed Honorary Senior Psychiatrist at St. Vincent’s Hospital and Medical Center of New York City.

Per Olof Wikstrom, DDS (Sweden) received the Franz-Anton Mesmer Award of the European Society of Hypnosis for two decades of outstanding services to promote the growth and the development of ESH. During the 5th European Congress of Hypnosis in August, the award was given to him at the Council of Representative Meeting of ESH in the Insel Hotel, Konstanz, Germany.

**BOOKS**


H.B. Gibson, PhD and Michael Heap, PhD have written a book entitled “Hypnosis in Therapy” published by Lawrence Erlbaum Associates (US$46.50). As Dr Gibson let the Newsletter know the Publishers said that they are willing to give members of the ISH a substantial reduction in price. Because this book will supplant Dr Gibson’s earlier introductory text “Hypnosis: Its Nature and Therapeutic Uses” (selling at 13.95) he is willing to let members of the ISH have this earlier book of 1977 for 5.00 plus postage. His address can be found in the ISH directory.


D. Corydon Hammond, PhD has written a “Handbook of Hypnotic Suggestion and Metaphors” that is available from WW. Norton Publishers or from the American Society of Hypnosis (US$65, 2200 E. Devon Ave., Suite 291, Des Plaines, IL 60018, USA).
FORTHCOMING MEETINGS


The Los Angeles Academy of Clinical Hypnosis (LAACH), a component society of the American Society of Clinical Hypnosis, is presenting a workshop and seminar on January 25, 26 and 27, 1991. Featured presenters include Fred Evans, PhD, David Cheek, MD, Joan Murray-Jobsis, PhD and Bernice Sachs, MD. The location will be at the Westin South Coast Plaza Hotel in Irvine, California. A beginning and advanced track will be presented. For further information on this workshop and seminar, please contact B. Field, LAACH, 5567 Reseda Blvd., Suite 115, Tarzana, California 91336, USA.

The Societa Italiana Di Ipnoti Clinica, A.M.I.S.I. will hold its 9th National Congress March 21-24 in Monastier di Treviso (Centro Congressi Policlinico Giovanni XXIII). Congress languages are Italian and English (simultaneous translations). Presenters include Walter Bongartz, PhD, Harold Crasilneck, PhD, John H. Gruzelier, MD and Per Olof Wikstrom, DDS. For further information write to IX Congresso Nazionale A.M.I.S.I., Casella Postale, 31050 Monastier (TV), Italy.

The 33rd Annual Meeting of the American Society of Clinical Hypnosis will be held in St. Louis, MO at the Adam's Mark Hotel, St. Louis from April 15 through April 19, 1991. For full information contact: The American Society of Clinical Hypnosis, 2250 East Devon Avenue, Suite 336, Des Plaines, Illinois, USA.

12th International Congress of Hypnosis, has been shifted from Jerusalem to Rome because of the Middle East security situation. It is now to be held at the CAVALIERI HILTON, via CADLOLO 101, ROME between August 25th and 30th, 1991. The congress will still be organized by the Israel Society for Clinical and Experimental Hypnosis and their very efficient Congress Organizers, Knes. For further information contact the Congress Organisers: Knes. P.O. Box 50006, Tel-Aviv 61500, Israel. The conference will be immediately followed by a Joint Conference of the ISH and the Milton Erickson Gesellschaft, Germany "Ericksonian Hypnosis and Psychotherapy: Arts-Facts-Artifacts", August 17-19, 1991. For further details contact either the colleagues in Israel or Burkhard Peter, Dipl.Psych., MEG, Konradstr. 16, 8000 Munchen, Germany.


13th International Congress of Hypnosis, will be held in Melbourne, Australia, between 6th and 12th August 1994. It will be followed by a Satellite meeting (15-17th August 1994) at Cairns, in North Queensland, Australia near to the world renowned Great Barrier Reef. For details or a preliminary brochure, please write to 13th International Congress of Hypnosis, P.O. Box 29, Parkville, Victoria, 3052 AUSTRALIA.
INTERNATIONAL SOCIETY OF HYPNOSIS

12TH INTERNATIONAL CONGRESS


SCIENTIFIC PROGRAM: August 28-30, 1991
MAIN THEME: Reducing Stress and its Consequences

The International Society of Hypnosis invites all interested medical, dental and psychological professionals to participate at the 12th International Congress, to be held in Rome, Italy.

Congress Chairperson: Moris Kleinhauz, MD
Secretary: Roman Tuchshneider, DMD
Scientific Program Chairpersons: Viorica Delano, MA
Ilana Ell, DMD
Karl Fuchs, MD
Workshops Chairpersons: Shaul Livnay, PhD
Gary Quinn, MD
Dan Zadik, DMD
Film Program Chairperson: Arie Mishkin, MA

GUIDELINES FOR THE SUBMISSION OF ABSTRACTS

Abstracts of papers should be double-spaced on 25% ragbond paper (29.7 x 21 cm) in quadruplicate limited to 250 words.

NEXT YEAR IN ROME!!!

For further information, please contact:
Moris Kleinhauz, MD
C/o 12th International Congress of Hypnosis
P.O.B. 50006, Tel Aviv 61500, Israel
Tel: 972 2 654571, Telex: 341171 KENS IL,
Fax: 972 3 655674

SUGGESTIONS FOR A MORE RESPONSIVE ISH

Dear Dr Evans, Board of Directors and Council of Representatives,

I have the following suggestions for your serious consideration about how ISH might be more helpful to me and my colleagues:

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________________________________________________________________________

________________________________________________________________________

(Use another page if needed)

Name: ___________________________ Society: ___________________________

(optional)

Please mail to: Dr Fred Evans, PO Box 298, Belle Mead NJ 08502, USA
STOP PRESS

URGENT ANNOUNCEMENT

Due to the security situation in the Middle East, the Executive of the International Society of Hypnosis has decided to shift the 12th International Congress of Hypnosis to ROME.

The meeting which continues to be organized by the Israel Society for Clinical and Experimental Hypnosis and Kenes International Congress Organizers, will be held at the Cavalieri Hilton, Rome from August 25-30 1991. A satellite meeting cosponsored by the Milton Erickson Society of Germany (M.E.G.) will be held immediately after the meeting also in Rome. Joint Conference of the ISH and the Milton Erickson Gesellschaft, Germany ‘Ericksonian Hypnosis and Psychotherapy: Arts-Facts-Artifacts’, September 1-3, 1991. For further details contact either Kenes in Israel or Burkhard Peter, Dipl.Psych., MEG, Konradstr. 16, 8000 Munchen, Germany.

All travel plans, registrations and bookings should be made with Kenes Travel.

12th INTERNATIONAL CONGRESS OF HYPNOSIS
OF THE INTERNATIONAL SOCIETY OF HYPNOSIS
AND ORGANIZED BY THE ISRAEL SOCIETY OF CLINICAL AND EXPERIMENTAL HYPNOSIS

WILL NOW BE HELD BETWEEN

AUGUST 25th AND 30th 1991
IN ROME

VENUE: CAVALIERI HILTON
via CADLOLO 101
ROME

ALL REGISTRATIONS AND CORRESPONDENCE TO:
KENES TOURS
P.O. Box 50006
Tel-Aviv 61500 ISRAEL