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INTERNATIONAL SOCIETY OF HYPNOSIS



LETTER FROM THE PRESIDENT

Dear ISH Colleague,

I am delighted that Dr Walter Bongartz has taken over as Newsletter Editor. He can only publish the news that you send him, and it is important that your colleagues around the world know what special things you have done and the exciting things happening in your own Constituent Society. Keep him informed.

Individual members will have noticed that your 1990 Dues Statement is enclosed. Please take the time now to renew your membership. Your membership is a powerful statement of support for the goals of ISH.

I am asking all members to think about what he/she can do to help ISH. Financially, ISH is now going through difficult times, as are all professional organizations. The Central Office in Melbourne is a highly efficient operation and is doing a superb job, but because our membership is not increasing enough to keep up with expenses, it is getting harder for the Central staff to maintain top efficiency. **HELP ISH BY ENCOURAGING JUST ONE COLLEAGUE TO JOIN.** This will guarantee our success.

The Board, Council of Representatives and Committees are working hard. Plans are beginning to develop for the next International Congress in Israel, August 11-17, 1991. Dr George Matheson (Chairman, Council of Representatives) and I were in Israel in December 1988, and will be meeting again with the Congress organizers later this year. We already know it will be a truly exciting Congress.

Please write to me about any of your concerns or questions about ISH.

Sincerely,
FREDERICK J. EVANS, PhD
President, ISH

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APRIL 1989

FROM THE NEWSLETTER EDITOR

The Newsletter has provided information about the world of hypnosis to colleagues all over the world for more than ten years. During these years, my predecessors Anthony Basker who initiated the Newsletter in 1978 as well as Campbell Perry who edited the Newsletter since August 1983 have established a tradition of how to communicate facts, dates and developments that are of interest to the international community of clinicians and researchers working with hypnosis. The structure of the past newsletters are, of course, familiar to you: The news about the national societies of hypnosis allows so-to-speak a view "from above" that yields a pattern of the international trends. The section "Members in the News" serves several functions of which I will name only two: On one hand, it documents the growing reputation hypnosis earns when prominent members are invited or honoured by prestigious institutions outside of the field of hypnosis. On the other hand, it documents the international exchange of ideas and skills when we read about colleagues who give lectures or workshops abroad.

The forming of a tradition, in the positive sense of the word, means a selection of those things that are worth being conserved and continued with. As the new editor of the ISH Newsletter, I will follow the steps of my predecessors and feel their "Anwesenheit" (a German word, denoting the "sensation of the presence of another person, known to occur in the bereaved, in mountaineers, and in the hallucinations which occur while going to sleep or waking" as the first Newsletter editor Anthony Basker points out in his April Newsletter of 1983). I hope that all of you join me in my effort to keep the Newsletter tradition alive. So, please, send in news, dates, anecdotes from every corner of the world.

ISH DIRECTORY OF MEMBERS ALTERATIONS AND ADDITIONS

You will have received by now a copy of the recently published ISH Directory of members. Every attempt was made to ensure that details contained in this Directory were up to date and correct. In order to do this each who was financial during 1988 was sent a form indicating the records that we held concerning their membership. If this was corrected and returned to us by May 1988 then these alterations were included in the Directory itself.

If you have any alterations or amendments to the Directory or membership records, please send them to us immediately as it is our intention to produce an "Additions and Alterations" insert before the end of this year.

Those with amended, altered or new who are financial for 1989 and 1990 will be included in the Amendments and Alterations.

ROBB STANLEY
Administrative Officer, ISH

INTERNATIONAL SOCIETY OF HYPNOSIS

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ISH NEWSLETTER

Previous ISH Newsletter Editors:
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IMPORTANT: The deadline for the
October 1989 issue of the Newsletter
is September, 1, 1989. News of
constituent Societies, and of
members, is not only welcome but
actively encouraged.

Dr Walter Bongartz
ISH Newsletter Editor
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D-7750 Konstanz
WEST GERMANY

MEMBERSHIP IN THE INTERNATIONAL SOCIETY OF HYPNOSIS

Membership in the International Society of Hypnosis is limited to psychologists, physicians, dentists and some other professions. Specific information on membership application procedures may be obtained by writing to:

INTERNATIONAL SOCIETY OF HYPNOSIS
Department of Psychiatry
University of Melbourne
Austin Hospital
Heidelberg, 3084, Vic.
AUSTRALIA

Campbell Perry, the second Newsletter editor, is not only known as a highly skilled expert in experimental hypnosis but also renowned for his knowledge about the history of hypnotism which he always managed to intersperse into his editorials and the other sections of the Newsletter. I would like to pick up on this tradition, too. But, since I do not have his mastery of interspersal techniques at my command I would like to sum up the historical remarks en bloc in a new column called "Echoes from the Past" that starts with this issue. Again, I ask all of you to send in material on the history of hypnosis that would not make an article in a journal but, nevertheless, be suited to raise the interest of your colleagues.

If you want to feel the "Anwesenheit" of the past of hypnosis and not only read about its echoes, come to Mesmer's country, Lake of Constance and home of the University of Konstanz, where the 5th European Congress of Hypnosis will take place, August 18-24, 1990.

Sincerely,

WALTER BONGARTZ
Newsletter Editor

NEWS FROM THE CENTRAL OFFICE

Dear Colleagues,

Since the highly successful Congress held in Den Haag in August 1988, the activities of the Central Office have been substantially quieter. We have continued to process new application forms and amend our records when we are informed of membership changes and have recently produced posters indicating the benefits of ISH membership for the purposes of promoting the growth of the Society.

While there are restrictions applying to the activities the ISH Central Office can undertake due to financial constraints, we would welcome any news or suggestions from members as to the ways that we can be of assistance. If we can help you in any way, please feel free to contact us at the usual Central Office address.

I would urge all of you to mark in your diary two forthcoming international events. Firstly, in August (18-24) 1990 there will be a meeting of the European Society of Hypnosis in Konstanz, West Germany. This meeting is particularly interesting in that it is being held in the birthplace of Mesmer. In 1991, I would ask you to think about your plans to attend the 12th International Congress of Hypnosis in Jerusalem.

Best wishes from the Central Office.

ROBB STANLEY
Administrative Officer, ISH

CANADA

Although the deadline has passed for submitting a paper to the Scientific Program of The Second National Assembly of the Federation of Canadian Societies of Clinical Hypnosis (see December, 1988 Newsletter), it is not too late to register your attendance. It is in Halifax, Nova Scotia from July 29 through August 3 (see FORTHCOMING MEETINGS).

The Ontario Society of Clinical Hypnosis held training workshops in Clinical Hypnosis at the Toronto Airport Hotel during November 18-20. Workshops were held simultaneously at 3 levels: Basic (Introduction to clinical hypnosis), Intermediate (Hypnotic skills enhanced and refined) and Applications (for experience clinicians).

DENMARK

Hypnosis in Denmark now has a well-built platform. Besides the Danish Society of Clinical and Experimental Hypnosis (Dansk Selskab for Klinisk og Experimentel Hypnose), the Danish Society for Medical Hypnotherapy (Dansk selskab for medicinsk hypnoterapi) was constituted that admits only physicians at this time, but it is planned to admit university-training psychologists and dentists as associated members. In between, both societies have become members of the European Society of Hypnosis and they certainly will make their way to the family of national societies of hypnosis called ISH. Dr Per Møller-Andersen is chairman of the DSCEH and J. Gravesen, MD is president of DSMH.

FEDERAL REPUBLIC OF GERMANY

The renaissance of hypnosis in Germany started around 1980, that is somewhat later than in the neighboring European countries like the Netherlands, Sweden or in Great Britain. Although not yet well grounded at the Universities, a number of recent books on hypnosis and a couple of International Congresses in Germany indicate that this renaissance is on firm grounds now.

In 1987 Vladimir Gheorghiu, PhD organized an International Symposium on Suggestion and Suggestibility at the University of Giessen that was attended by the major theorists in this field from all over the world. This year the 1st European Milton Erickson Congress will be held in the romantic city of Heidelberg. Next year will see the 5th European Congress in Psychotherapy and Psychosomatic Medicine at the University of Konstanz. Conventions like these would not be possible if there were not enough interest in hypnosis among German psychologists and members of the medical professions.

That the modern trends in clinical and experimental hypnosis have now been processed by German hypnotherapists is documented by several books that were published recently or will appear in the near future: Uros Jovanovic, MD, PhD wrote "Method and Theory of Hypnosis", a book of 974 pages that deals with nearly every aspect of clinical and experimental hypnosis. Hans Binder, MD wrote a modern account of Autogenic Training. Barbel Bongartz and Walter Bongartz, PhD wrote a book on the use of hypnosis for patients. "The Handbook of Clinical Hypnosis" by Dirk Revenstorf, PhD will appear next year as well as two books on the combination of Behavior Therapy with Hypnosis, one by Burkhard Peter, DPsych and Christoph Kraiker, PhD, the other one by Hans-Christian Kossak, DPsych.

IRELAND

The Irish Society for Clinical and Experimental Hypnosis plans its annual convention in Dublin in the beginning of October. Workshops will be offered for beginners and advanced students of hypnosis. Dr Patrick Browne who served as president of IR-SCEH now for more than two terms will resign so that new elections are necessary.

ITALY

The Italian Society of Hypnosis (Centro Studi de Ipnosi Clinica e Psicoterapia "H. Bernheim") has again an ambitious educational program for this year: Introductory courses will be held in Verona, November 11-12 and in Mestre, December 16-17. Basic courses will take place in Verona, February 25-26, March 18-19, April 8-9, June 17-18, October 21-22. Advanced courses will be held in Verona February 10-12, May 5-7 and October 6-8. Workshops on Hypnotic Anesthesia are given January 25-29 and May 31 to June 4. Faculty will include Drs. Angelozzi, Ferioli, Gambacciani, Guantieri, Paretti, Zenoni. Information can be obtained from Gualterio Guantieri, MD, Via F. Berni 18, Verona 37100, Italy.

THE NETHERLANDS

The Dutch Society of Hypnosis (NvvH), host of the highly successful 11th International Congress of Hypnosis, held its 10th Annual Convention in Amsterdam, March 18, which was attended by about 100 members. The scientific program consisted of five lectures: "Use of hypnosis to differentiate between epileptic and Pseudo-epileptic seizures" (L.D. Jacobs & G. Kuik); "Structured interview for dissociated disorders" (F. Boom N. Graijer); "Self-hypnosis in the treatment of muscular tension headache" (P. Spinhoven et al.); "Hypnosis and pain in patients with severe burns" (A. Vanderdoes); "Hypnotic treatment of hyperemesis gravidarum: Case reports" (B. Terluin).

NORWAY

The Norwegian Society of Clinical and Experimental Hypnosis will hold its annual meeting in Oslo. September 12-13. Ernest Rossi, PhD was invited for this meeting to give two workshops dealing with "The Creation of the Therapist" and "The Use of Dreams in Therapy".

SWEDEN

The Swedish Society of Clinical and Experimental Hypnosis (SSECH) held its well attended Annual Meeting in Stockholm at the Scandic Crown Hotel, March 11-12. Workshops were offered on "Psychotherapy in Borderline Patients" by Basil Finer, MD and Ulla Arnell, MD; "Music Therapy with Mozart and Mesmer" by Per-Olof Wikström, DDS and "Direct and Indirect Techniques in Hypnodontics" by Berne Erlandsson, DDS. The international atmosphere was created by Joseph Barber, DDS, USA who gave a 2-day workshop on Hypnosis in Psychotherapy – an Interactional Model. The Presidential Banquet honored the distinguished Swedish Psychologist Aniella Besser. It was a memorable event with candle light and the music of a Glenn Miller Big Band.

When Per-Olof Wikström, DDS learned from Dr Jerzy Siuta, President of the Polish Society of Hypnosis (still a section of the Polish Psychiatric Association) that no courses can be provided due to the actual economical hardship in Poland, he started to raise money to make a Summer Symposium and Workshops in Krakow/Poland possible. In between, SSECH has collected about 3,000 Swedish Crowns for supporting their Polish colleagues.

Lars-Eric Unestahl, PhD, mostly travelling around the world to give workshops on mental training and sports medicine has started to produce films on trance phenomena in different cultures of the world. In January he made a film about a religious Hindu festival in Malaysia where more than 1 million people came together for a 4 day celebration. Various trance phenomena were exhibited, among them the penetrating of lips, cheeks and breasts by steel-bars without any sign of bleeding. In March, supported by David Akstein, MD, president of the Brazilian Society of Hypnosis he produced a film in Brazil on trance phenomena during religious celebrations of the Ubanda, Macumba and Condomble religions.

Lars-Eric also initiated an interesting project at the Hospital of Motala in Middle Sweden called "sleep-line". If somebody called a certain telephone number of the hospital he heard a physician giving a couple of reasons why people have insomnia. After appropriate advice for overcoming insomnia was given, the suggestive voice of Dr Unestahl together with soft flute music gave continuing suggestions to relax. Those who called the hospital could allow themselves to continue sleeping with the receiver on the pillow. After 24 minutes – the length of the tape – the call was automatically disconnected. The project was run for three months. The modern sandman Dr Unestahl says that the prescription of sleeping drugs fell substantially in this area.

The ideas of Emil Coué, one of the central figures of the Nancy period in the history of hypnotism are still alive. Recently, his book on self-suggestion has been reprinted in a new edition in Swedish.

SWITZERLAND

Switzerland has two hypnosis societies. One is SMSH (Schweizerische Ärztegesellschaft für Hypnose/Société médicale suisse d'hypnose) which admits only physicians and dentists as members and GHYPS (Gesellschaft für Klinische Hypnose Schweiz/Société d'Hypnose Clinique Suisse) which admits also psychologists. (The situation is similar to the one in Great Britain with BSMDH and BSECH as the two corresponding societies.) On August 19, there will be a meeting of the two societies in Biel organized by Philip Zindel, MD (SMSH) and Claude Beguelin, MD (GHYPS). Members of each society will give 20 minute lectures about their way of using hypnosis which will be an excellent opportunity to learn more about each other. Cooperation is planned with regard to educational programs. They also plan a common effort to intensify the relationship between the German speaking and the French speaking Swiss colleagues working with hypnosis. In addition, a commission formed of members of both societies shall work on ethical guidelines for the use of hypnosis. Both societies are to be congratulated to this common endeavour that will certainly strengthen the position of hypnosis in Switzerland.

UNITED STATES

The Society for Clinical and Experimental Hypnosis holds its 40th Annual Convention this year at St Louis, Missouri at the Clarion Hotel, from Tuesday, October 31 through Sunday, November 5. No

doubt there will be many tasteful (and other) one-liners about SCEH's life finally beginning; it is expected, however, that the Society will survive this important milestone in its history. The various program chairs were reported in the last issue (see FORTHCOMING MEETINGS).

The American Society of Clinical Hypnosis recently announced the results of the election of its officers. President-Elect Alexander Levitan, MD, is now President and Thomas P. Wall, PhD, was elected President-Elect. Others elected were Marlene E. Hunter, MD (Vice-President), Richard P. Kluff, MD, PhD (Treasurer), D. Corydon Hammond, PhD (Treasurer) and Members at Large, Selig Finkelstein, DDS (Dentistry), Dabney M. Ewin, MD (Medicine) and Ann M. Damsbo, PhD (Psychology). Congratulations to all of these colleagues.

ASCH has announced the dates and locations of its next four forthcoming annual conventions. The next is the 32nd convention at the Sheraton World Resort, Orlando, FL (March 23-28, 1990), followed by the 33rd convention at the Adam's Mark Hotel at St Louis, MO (April 15-20, 1991). Then follows the 34th at the Red Lion/Salt Lake City, UT (April 6-11, 1992). Finally, ASCH turns a youthful 35 at the Sheraton Hotel at New Orleans, LA (March 29-April 3, 1993). No jokes about SCEH's advancing age will be permitted at the meeting.

Regional Workshops offered by ASCH during 1989 have also been announced. They are at the Hershey Hotel, Philadelphia, PA (May 18-21), the Bond Court Hotel, Cleveland, OH (June 22-25), the Red Lion Inn, Colorado Springs, CO (July 20-23), the Sheraton Hotel, Monterey, CA (August 24-27), the Wyndham Hotel, San Antonio, TX (September 21-24), the O'Hare Marriot, Chicago, IL (October 26-29), the Hyatt Regency, Atlanta, GA (December 7-10) and the Radisson Suites Hotel, Tucson, AZ (January 18-21, 1990). Details can be obtained from ASCH, 2250 East Devon Avenue, Suite 336, Des Plaines, IL 60018, USA.

Meanwhile, the American Psychological Association is older than SCEH and ASCH combined. It's 97th Annual Convention will be held at New Orleans, LA this coming August 11-15. Details of the **Division 30** (Psychological Hypnosis) program can be obtained from Edward R. Davidson, PhD, Department of Pediatrics, M.D. Anderson Cancer Center, 1515 Holcombe Boulevard, Houston, TX 77030, USA.

The American Board of Psychological Hypnosis recently held elections, in which all successful candidates were ISH members, Shirley Sanders, PhD and Samuel M. Migdole, EdD were elected to the Board and will serve terms from 1988-1991. Ray William London, PhD, MSW was elected President-Elect; his term will run from 1989-1992. Rounding this off, Billie S. Strauss, PhD was designated Secretary-Elect, and Harold J. Wain, PhD as Treasurer-Elect. Their 3-year-terms will also begin with the 1989 Board meeting. Congratulations to all of these colleagues.

ECHOES FROM THE PAST

Most of you might have heard about the demotic magical papyrus from the first century A.D. with possibly very old parts that was bought in 1828 by the then Swedish Consul Anastasi in Alexandria, Egypt. Today, its two parts are at the University of Leiden/Netherlands and in the British Museum, London. Some writers report about hypnotic induction procedures of the papyrus by referring to the fragments translated by Heinrich Brugsch into German. You probably might not have known that there is a complete translation of this papyrus in English.* If you get a copy of this book, you can check yourself whether it contains trance induction procedures that resemble the inductions we use two thousand years later.

Here is an example suggesting that a medium is first screened whether he is "profitable" and then put into trance by a fixation procedure: "...You take a new dish and fill it with clean Oasis oil and add to the dish gradually without producing cloudiness (?) so that it becomes clear exceedingly; and you take a boy, pure, before he has gone with a woman, you speak down into his head while he stands, previously (to learn) whether he will be profitable in going to the vessel. If he is profitable, you make him lie on (?) his belly; you clothe (?) him with a clean linen tunic (?), you call down into his head, there being a girdle on the upper part of the tunic; you utter this invocation that is above down into his head, he gazing downwards looking into the oil, for seven times, his eyes being closed.

When you have finished, you make him open his eyes, you ask him about what you desire". (p.35).

Here is the screening procedure: "The invocation that you utter down into his head previously to test him in his ears as to whether he will be profitable in going to the vessel. Formula: Noble ibis, falcon, hawk, noble and mighty, let me be purified in the manner of the noble ibis, falcon, hawk, noble and mighty. You utter this down into his head for seven times; when you utter this, then his ears speak. If his two ears speak, he is very good; if it be his right ear, he is good; if it be his left ear, he is bad"(p.35).

The eye fixation procedure to be used with the medium is described in several places of the papyrus by its author(s), e.g. "You recite these things down into the head of the boy, he looking towards the lamp. Do not let him look towards another place except the lamp only" (p.117). But there are also other procedures like: "...you recite a charm, bringing your hands over his eyes" (p.155) or "You cry down into his head, you strike his head with your second finger...of your right hand." (p.113).

Eye fixation seems to have been used for self-hypnosis also. A fragment of papyrus written in Hieratic figures (a simpler form of hieroglyphs) and Greek and Demotic Letters** reads as follows. "You display frankincense in front of the lamp and you look at the lamp then you see the god about the lamp and you lie down on a rush mat without speaking to anyone on earth. Then he makes answer to you by dream. Behold its invocation..." (p.45). This is the only place in the papyrus where reference is made to sleep or dream after the induction (if dream, actually, refers to dreaming during sleep and not to imagery). Similarly, ancient authors*** writing about temple sleep of the Asclepian healing cult describe the state in which Asclepius appears to the patient often as a dream but also as a state between sleeping and waking, e.g. P. Aelius Aristides ("For I seemed almost to touch him and to perceive that he himself" the God" "was coming, and to be halfway between sleep and waking..."; (p.210f) as well as Marinus "For between sleeping and waking he saw a serpent creeping around his head...And thus from the moment of the epiphany he noticed a subsidence of the illness..." (p.256).

At no place in the papyrus is there reference made to therapeutic goals that are pursued by using the eye fixation. It is only used to invoke gods like "Anubis, Pharaoh of the underworld" (p.121) and invite them for a meal and ask them about the future (p.122). Nevertheless, cures for healing illnesses are described that include mainly the use of medicine. For instance, if one of your patients should suffer from hemorrhage try this 2,000 year old prescription "to stop blood" and take "...myrrh, garlic, gall of gazelle; pound it with old scented wine" (p.177). In case you were successful, please, let the readers of the **Newsletter** know.

* Griffith, F.U. & Thompson, H. *The Leyden Papyrus. An Egyptian Magical Book*. New York: Dover Publications, 1974. (Originally published by H. Grevel & Co., London in 1904).

** This fragment was taken from Hess, J.J. *Der gnostische Papyrus von London. Einleitung, Text und Demotisch-Deutsches Glossar*. Freiburg, 1892.

*** Edelstein, E.J. & Edelstein, L. *Asclepius: A collection and interpretation of the testimonies*. Baltimore: Johns Hopkins, 1945, volume I.

MEMBERS IN THE NEWS

Elgan L. Baker, Jr., PhD and **Michael R. Nash, PhD** received the Milton H. Erickson Award for Scientific Excellence for Writing in Hypnosis for 1988 from the Editorial Board of the **American Journal of Clinical Hypnosis**. The award was for a paper that appeared in the January, 1987 issue of the journal entitled "Applications of hypnosis in the treatment of Anorexia Nervosa".

Helen J. Crawford, PhD participated in an invited symposium on the Psychophysiology of Hypnosis at the IVth International Conference on Psychophysiology, held in Prague, Czechoslovakia last September. She reported an increased interest in studies of psychophysiological change in hypnosis in the USSR, and in Eastern and Western Europe. She urges North American colleagues attending Conventions in Eastern Europe to bring copies of recent books on hypnosis to give to Eastern colleagues; the lack of Western currency makes it very difficult to purchase them.

William E. Edmonston, Jr., PhD has been chosen as New York State Professor of the Year, and as one of 10 national gold medalists in a program sponsored by the Council for Advancement and Support of Education (CASE). CASE is a Washington-based association consisting of 2,850 colleges, universities and schools in the United States, Canada, Mexico and approximately 20 other countries. It has been sponsoring the Professor of the Year program since 1981; almost 500 faculty were nominated for this honor in 1988.

Harold P. Golan, DMD participated in a teaching exchange last summer in Japan, China and Hong Kong.

Corydon Hammond, PhD has stepped down as Editor of the American Society of Clinical Hypnosis Newsletter after serving ASCH five years in this capacity. The time consuming demands of his being appointed ASCH Regional workshops chair for the next 2 years prompted his decision. He is followed by William C. Wester, EdD from Wright State University. Congratulations.

Laurence J. Kirmayer, MD recently organized a 1-day McGill University Clinical Day at the Sir Mortimer B. Davis Jewish General Hospital in Montreal where he works. Its title was "Trance and Dissociation in Psychopathology and Psychotherapy". The invited speakers were **Elgan L. Baker, Jr., PhD** whose topic was "Psychotherapeutic Applications of Hypnosis: An Object Relations Perspective", and **Martin T. Orne, MD, PhD** who presented a paper entitled "The Clinical Significance of Dissociative and Hypnotic Phenomena".

Richard P. Kluft, MD, PhD is the first Editor of the new Journal **Dissociation: Progress in the Dissociative Disorders**. It began publishing in March last year, and is the official Journal of the International Society for the Study of Multiple Personality and Dissociation. During last October, ISSMP&D registered its 1,000th member — a quite remarkable accomplishment in the 5 years since the Society's inception.

William S. Kroger, MD recently was honored by a number of societies for his life-long contribution to the field. ASCH, of which he was a co-founder, presented him with an award of recognition as "Pioneer, Innovative Thinker, Author and Teacher of Hypnosis". He was also a co-founder of SCEH which dedicated the first session of the 1987 Scientific Program in honor of his many achievements. The Southern Californian Society of Clinical Hypnosis, at its most recent annual meeting recognized his outstanding contributions to hypnosis as founder, lecturer, researcher and writer.

Jean-Roché Laurence, PhD has stepped down as Editor of APA's **Division 30 (Psychological Hypnosis)** Newsletter after 2 years in this position. He recently began another two year term, this time as President of the newly formed La Société Québécoise d'Hypnose.

Frank MacHovec, PhD, author of *Hypnosis Complications* (1986), has also authored "Expert Witness Survival Manual" (1987) and "Humor: Theory, History, Applications" (1988). A fourth book, "Interview and Interrogation, A Scientific Approach" will be released about April, 1989, and his fifth book, on cult behavior and ritual abuse, is on press. All are by Charles C. Thomas Publishers, Springfield, Illinois.

Karen Olness, MD, recently presented a lecture on psychoneuroimmunology at the University of Khon Kaen in Thailand where she met Dr Narumon Sinsupan, a psychologist working with meditation for physical healing. They both discovered that their therapeutic methods — although stemming from different cultural contexts — had very much in common.

L. Rose, MBBS, Melbourne has just published (with Mr Peter Fitzgerald) "Mirrors of the Mind", McCulloch Publishing, Melbourne.

K.N. Sharma who is the Honorary Secretary of the Indian Society for Clinical Hypnosis and Research has been appointed "Area Chair for India" for 1988-89 by the International Council of Psychologists.

Harry E. Stanton has recently published a book "The Success Factor", published in mid 1988 by W. Collins in Sydney, that contains many hypnotic techniques designed to help people manage their lives more successfully.

Thomas W. Wall and Valerie J. Wall, PhD returned recently from a visit to Hong Kong, where they each separately addressed the Department of Psychology of the University of Hong Kong. Each of them addressed, also, the faculty of the Department of Psychiatry at Hong Kong's Queen Elizabeth Hospital where they discussed the

use of hypnosis with children and the use of hypnosis in the alleviation of psychosomatic disorders.

Per-Olof Wikström, DDS (Sweden), **Albrecht Schmierer, DDS (West Germany)** and **Johan Vanderlinden, PhD** conducted a workshop for dentists in Antwerpen, Belgium in April. This international endeavour was organized by the Belgian Society of Hypnosis (VATHYP). Recently, Dr Wikström has been appointed Editor of Hypnosis, the Swedish Journal of Hypnosis that is published in English and distributed all over the world. He also presented a paper on the 31st ASCH Annual Meeting in Nashville, April 11-15, and gave an address at the Annual Awards Banquet with greetings from Europe that were accompanied by Mozart's Music for glassharmonium, the favourite instrument of Mesmer.

FORTHCOMING MEETINGS

The **World Congress of Cognitive Therapy** is to be held at Oxford, 28 June-2 July, 1989. Further information from "World Congress of Cognitive Therapy", University of Oxford, Dept. of Psychiat., Warneford Hospital, Oxford, OX3 7JX, UK or if in USA or Canada, "World Congress of Cognitive Therapy", Room 602, 133 South 36th Street, Philadelphia, PA 19104, USA.

The Mental Research Institute will be holding its **International Summer Symposium** at Stanford University, Palo Alto, from July 9-21, 1989. Further information can be obtained from Mental Research Institute, 555 Middlefield Road, Palo Alto, California, 94301.

The **Second Assembly of the Federation of Canadian Societies of Clinical Hypnosis** will be held in Halifax, Nova Scotia, July 29 to August 3, 1989. Further information can be obtained from Ms Liz Poulsen, Division of Continuing Medical Education, Sir Charles Tupper Medical Building, Dalhousie University, Halifax, Nova Scotia, Canada, B3H 4H7.

The **World Federation for Mental Health** in association with **The Mental Health Foundation of New Zealand** will be holding its biennial 1989 World Congress in Auckland, New Zealand from August 21-25, 1989. For further information contact Convention Management Services, P.O. Box 3839, Auckland.

The **Australian Society of Hypnosis, 19th National Congress** is being held in Sydney, Australia, 27 August-2 September, 1989. The Congress theme is "Hypnosis, Dissociation and Spontaneous Trance". Further information can be obtained from the Congress Secretariat, GPO Box 2609, Sydney, NSW 2001, Australia.

20 Internationales Seminar für Autogenes Training und allgemeine Psychotherapie, September 15-24 in Badgastein, Austria. For information contact Dr Siegfried Odehnal, Schelleingasse 8, A-1040 Vienna, Austria.

The **1st European Milton Erickson Congress** will be held in Heidelberg, Federal Republic of Germany, from September 20-24, 1989. Further information from Dr Gunther Schmidt, Milton-Erickson-Institut, Im Weiher 12, 6900 Heidelberg, FRG.

The **Society for Clinical and Experimental Hypnosis** will be holding its 40th annual workshops and scientific meeting at the Clarion Hotel, St Louis, Missouri, from Tuesday, October 31 through Sunday, November 5, 1989. Registration details for this 40th anniversary special meeting can be obtained from Mrs Marion Kenn, Administrative Director, SCEH, 128-A Kings Park Drive, Liverpool, NY 13090.

The annual meeting of the **Swiss Medical Society of Hypnosis** is to be held in the beautiful mountain scenery of Rigi-Kaltenbach, Switzerland. For registration contact Dr Philip Zindel, Leonhardsgraben 2, 4051 Basel, Switzerland.

The **German Society of Hypnosis (DGH)** will hold its 11th annual convention in Bad Lippspringe, November 23-26, 1989. Information from Dr Volker Reindl, Lindauerstr. 6, 8903 Bobingen, FRG.

The **5th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine**, sponsored by the University of Konstanz and the German Society of Hypnosis is to be held at Lake of Konstanz, Federal Republic of Germany, 18-24 August, 1990. All communications to: 5th European Congress of Hypnosis, Dr Walter Bongartz, Universität Konstanz, Postfach 5560, D-7750 Konstanz 1, Federal Republic of Germany. The deadline for submitting papers is October 1.

The International Association of Applied Psychology is holding the 22nd International Congress of Applied Psychology 22-27 July, 1990. Information from Registration Secretariat, 22nd ICAP, C/o Kyoto International Conference Hall, Takaraga-ike, Sakyo-ku, Kyoto 606, Japan.

The Milton H. Erickson Foundation is organizing a conference entitled, **The Evolution of Psychotherapy: Future Trends**, set for December 12-16, 1990, in Anaheim, California. Speakers include Aaron Beck, Bruno Bettelheim, Albert Ellis, R.D. Laing, Salvador Minuchin, Paul Watzlawick etc. For information regarding registration contact The Milton H. Erickson Foundation, 3606 N. 24th Street, Phoenix Arizona, 85016.

12TH INTERNATIONAL CONGRESS OF HYPNOSIS AND PSYCHOSOMATIC MEDICINE, Jerusalem, Israel, August 11-17, 1991. For further information contact the Congress Organisers, Kenes, P.O. Box 50006, Tel-Aviv 61500, Israel

The **Belgian Psychological Society** invites you to attend the **25th International Congress of Psychology** to be held in Brussels, Belgium 19-24 July, 1992. Further information can be obtained from Brussels International Conference Centre, B-1020 Brussels, Belgium.

IN MEMORIAM

Lewis R. Wolberg, MD died on February 3, 1988. He was truly one of the pioneers of hypnosis in psychotherapy. A prolific writer, he authored or coauthored 26 books, 35 book chapters and more than 125 scholarly chapters. His book "Hypnoanalysis", published in 1945, had a major impact, and was soon followed by his two-volume book entitled "Medical Hypnosis" (1948), which quickly became the standard work. It continues to have considerable influence upon clinical thinking, as evidenced by the frequency with which it is cited today, more than 40 years after it was first published.

Dr Wolberg was one of the first, and one of the few, well-established psychiatrists to integrate hypnosis into his therapeutic practice. He wrote extensively on psychotherapy, and his book "Techniques of Psychotherapy" is considered to be a classic.

He received his medical degree from Tufts University, and his residency was at the Boston Psychopathic Hospital and at the Kings Park State Hospital, Long Island. He later became Professor of Psychiatry at the New York Medical College. From

1970 until his death, he was Attending Psychiatrist and Neuropsychiatrist at the New York University and Bellevue Hospitals, Clinical Professor of Psychiatry at the New York School of Medicine, and Dean Emeritus of the Postgraduate Center for Mental Health (New York City), which he founded and chaired.

His passing is not only a major loss to the field but also to the many colleagues who were fortunate enough to know him, and to those who were profoundly influenced by his thoughtful approach to the appropriate utilization of hypnosis in psychotherapy. He left an indelible mark not only on the field of hypnosis, but on American Psychiatry.

The **Newsletter** has learned of the deaths of the following ISH members:

Edward E. Bertagnolli, MD
David Caul, MD
Benjamin L. Cook, Jr., PhD

No further details are currently available. ISH extends its sympathies to the families and friends of these 3 colleagues.