

INTERNATIONAL SOCIETY OF RAT NATIONAL HYPNOSIS NAL



LETTER FROM THE PRESIDENT

Dear Members of the International Society of Hypnosis:

My first Newsletter message to the membership of ISH is indeed a humbling experience. I feel a little like the human pyramid circus act, when the last tumbler catapults onto the shoulders of the giants beneath (or "before") him, Past Presidents Hilgard, Orne, Lavoie, Frankel and Collison. When I feel a little shaky at the top, I know I can relax not with some hypnotic patter, but with the support of the whole ISH membership as we work together to advance the goals and collegiality of our organization.

I thank you all for the past and anticipated support, and urge you to write to me to share your concerns, and, yes, also your good experiences, about ISH and our chosen specialty field. I would like to be able to visit every Constituent Society during my tenure, but of course this will not be feasible. Already my visits to The Netherlands, Australia and Israel have helped broaden my perspective and helped me better appreciate similarities and differences between the Constituent Societies.

I am delighted that the Central Office transition from Philadelphia, USA, to Melbourne, Australia has been completed so smoothly. Our sincere thanks have to be extended to Martin and Emily Orne for their years of dedicated service to ISH, and now to Graham Burrows and Robb Stanley in Melbourne. I am in regular contact with Robb, our Administrative Officer, and Peter Bloom, our equally dedicated Secretary-Treasurer, on a regular and speedy basis, thanks to the wonders of the new FAX machines.

I feel a little sad for all of those members who were unable to attend the outstanding 11th International Congress of Hypnosis and Psychosomatic Medicine in den Haag, The Netherlands, August 13-19, 1988. You missed an outstanding social, training and academic event. I am writing this hours before leaving for Tel Aviv, Israel to meet with our Israeli colleagues and the organizers of the 12th Congress to be held in Jerusalem, August 11-17, 1991. Mark your calendar. The 13th Congress will be in Melbourne, Australia in August 1994.

ISH is a healthy, thriving organization, thanks to the efforts of so many colleagues. However, we must all make extra efforts to guarantee the financial viability of ISH. You can help immediately by encouraging even one more colleague to become an ISH member. One of my first actions was to appoint a Presidential Committee (Dr George Matheson, Chair) to study ways to make membership more attractive to all our colleagues using hypnosis throughout the World. Your own ideas on this, and any other issue, are always welcome.

Best wishes,

FREDERICK J. EVANS, PhD
President, ISH

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THE NEWSLETTER EDITOR

This is my last *Newsletter*, as of now, the editorship is in the firm and capable hands of Walter Bongartz of West Germany. My congratulations to Walter in his new appointment, as well as my many thanks to colleagues throughout the world who supplied me with news about developments in their respective countries. I especially wish to thank M. Anthony Basker, MRCP, whose foresight led to the establishment of the *Newsletter* in 1978. This is not, however, the last that you will hear from me. I will continue to write the United States and Canadian news for future issues.

There has been a recent development in the United States, and a similar one in my own Department, which may have relevance to ISH. For some years now, experimentalists in the American Psychological Association have been discontented with their standing in the Association, relative to their clinical counterparts. They feel, among other things, that the agendas of annual business meetings have become bogged down with items concerning professional affairs at the expense of issues dear to researchers such as research ethics, graduate training programmes, and experiments with animals.

Earlier this year, a set of complex motions, designed to redress this perceived imbalance was voted down by a 2/1 majority. The result: experimentalists have formed their own society. The fact that 10 former Presidents of APA have joined this new society indicates that severity of the matter.

Further, I am seeing the same trend in my own Department. Some of my experimental colleagues are muttering darkly about splitting the Department along Experimental/Applied lines. They feel that our clinical colleagues are not stressing sufficiently, to the graduate students, the need to understand research in order to function optimally as clinical professionals.

I view such trends with alarm. For myself, I have always found that there was great benefit to be derived by discussing issues with clinical colleagues. Indeed, I regularly plunder their ideas — with acknowledgement, of course. This is known as scholarship. (Not to provide such acknowledgement is known as plagiarism).

I have seen similar signs around the hypnosis societies — and not merely in ISH. On occasions, I encounter the view among clinicians that an understanding of what research says about hypnosis is not necessary. In my view, this line of thinking returns us to the days of Mesmer, who, as we all know, obtained ameliorations, and cures, with his false theory of Animal Magnetism. This is not to say though, that successful treatments based upon spurious theorizing, are of no interest. They tell us something interesting about hypnotherapy. They undermine, however, our scientific base.

Hopefully, the "separatist" mentality will not take hold in Psychology and will not spread to hypnosis. The field is best enriched by a mutual agreement between all colleagues, regardless of orientation, that having differences of orientation and outlook

INTERNATIONAL SOCIETY OF HYPNOSIS

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IMPORTANT: The deadline for the
April 1989 issue of the Newsletter
is March, 1, 1989. News of
constituent Societies, and of
members, is not only welcome but
actively encouraged.

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WEST GERMANY

MEMBERSHIP IN THE INTERNATIONAL SOCIETY OF HYPNOSIS

Membership in the International Society of Hypnosis is
limited to physicians, dentists, psychologists and some other
professions. Specific information on membership application
procedures may be obtained by writing to:

INTERNATIONAL SOCIETY OF HYPNOSIS
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AUSTRALIA

is a strength, since it permits us to examine a phenomenon from
diverse perspectives. It is one that sustains us in moving towards
the common goals of understanding the nature of hypnosis, and
the mechanisms that underlie success and failure with it in the
clinic.

CAMPBELL PERRY
ISH Newsletter Editor

THE 11TH INTERNATIONAL CONGRESS OF HYPNOSIS AND PSYCHOSOMATIC MEDICINE, DEN HAAG, AUGUST 13-19, 1988

The 11th Congress was held at the Convention Center at den Haag
(The Hague), Netherlands, August 13-19, 1988. The approximately
600 registrants from about 32 different countries truly had an
outstanding time from the invaluable Workshops on many aspects
of hypnosis which enhanced the clinical skills of all of the participants
through the stimulating Scientific Program which made it clear that
research advances in hypnosis are being made with the strongest
methodological rigor, to the outstanding social events that allowed
us to meet many new friends and renew old acquaintances.

It is not possible to thank adequately the many people who
contributed to the success of this memorable Congress. Indeed it
would be necessary to thank all of the organizers and registrants
individually. We tried hard to do this in den Haag, so it will have
to be sufficient here to thank the Chairpersons, Kees Hoogduin, MD,
PhD (Congress Organizer), Eric Hoencamp, MD (Workshops) and
Richard Van Dyck, MD, PhD (Scientific Program). Their hard work,
and that of their colleagues was so evident because the Congress
ran so flawlessly. The organizers of the 1991 Congress in Jerusalem,
Israel (August 11-17, 1991) will be fortunate to have reports and
summaries from two previous highly successful Congresses in Toronto
and den Haag.

On behalf of the Officers and members of ISH:

Congratulations, The Netherlands.

FREDERICK J. EVANS, PhD
President, ISH

NEWS FROM THE CENTRAL OFFICE

You will receive in the very near future a copy of the 1988-1990
International Society of Hypnosis Directory of Members. Every effort
has been made to ensure that the details in this Directory are correct,
but inevitably if we were not informed of inaccuracies or changes,
they will have found their way into this publication. I would ask
you to return the form sent out with the Directory with any
corrections if necessary as soon as you possibly can. It is essential
we maintain the database at the highest possible level of accuracy.

If you have recently joined the International Society of Hypnosis
you may find that your name and details was not included. The
closing date for inclusion was 30 April 1988 and unless all details
were received and processed by that time, we were unfortunately
unable to include you in this Directory. We are already in the process
of preparing the next which is hoped to be available in early 1990
and will show all those who have paid up to the 1990 subscriptions.
Again I regret that any member who joined in the mid to later part
of 1988 may have been unable to be included—we will rectify this
matter in the next Directory be assured.

The ISH activities of the Central Office will continue at a high pitch,
although fortunately the pressures and stresses that are experienced
prior to the triennial congress will not be imposed upon us in the
next few months. We look forward to a continuing involvement in
promoting national constituent societies and please inform us if we
can be of any assistance to you, either as an individual or in your
role within your Society.

ROBB STANLEY
Administrative Officer, ISH

CONGRATULATIONS

The recent ISH elections resulted in **Graham Burrows, MD, DPM** becoming President-Elect of the Society, and **Peter B. Bloom, MD**, the Secretary-Treasurer, a position that he has occupied since 1979. Other changes were the elevation of **George Matheson, PhD**, from Secretary to Chair of the ISH Council of Representatives, **Per-Olof Wikström, DDS** to Vice-Chair and **Erik Hoencamp, MD**, who was Workshops Chair at the Congress in den Haag, was made Secretary. New Board of Directors members are **Fred H. Frankel, MBChB, DPM (USA)**, **Bernice Sachs, MD (USA)** and **David L. Scott, FFARCSI (UK)**. After 3 years of dedicated work on behalf of the Society, **David R. Collison, MBBS**, becomes Immediate Past President, and **Frederick J. Evans, PhD** is now our President. Congratulations to all of these colleagues.

AUSTRALIA

No word has been heard from Australia since its highly successful, and enjoyable, 18th Annual Congress at the Adelaide Hilton, during early September. The keynote speakers were **Frederick J. Evans, PhD** and **Basil Finer, MD, PhD, FFARCS, DA**; additionally, there was a spare *Newsletter* Editor on hand. The Australian Society has adopted a procedure that has proven to be very popular at the European Congresses of Hypnosis. One of the highlights of the Second European Congress at Dubrovnik, Yugoslavia, in 1981, for instance, was that the Congress stopped for a day during the middle of the week, and the registrants boated off to a nearby island for a fishpiknik. The same was done at the Third Congress at Padova; this time for a trip to Venice.

Such functions help registrants get to know each other better in an informal setting, and given that the Australians had many overseas visitors for the Congress, the visit to a local vineyard midway through it was a highly popular, and successful event.

Australia was successful, also, in its bid to be the host nation for the 1994 ISH Congress. It will be held in Melbourne, with a Satellite Meeting in Northern Queensland. This will permit many overseas visitors the opportunity to see the Great Barrier Reef, and certainly Green Island, which is off Cairns on the Reef, has one of the best Government protected wildernesses in the country.

CANADA

After 6 years on the drawing board, La Société Québécoise d'Hypnose (SQH) officially came into existence on November 29 last year. Already, it has begun the process of affiliating with ISH. All of us in Quebec owe a special debt to **Germain F. Lavoie, PhD**, who has worked patiently and thoroughly to ensure that the Société is properly incorporated, and the Constitution properly framed.

SQH's two top priorities for this year are the training of professionals in medicine, dentistry, psychiatry and psychology, and, as far as possible, education of the public. In line with the experience of many professional societies, SQH feels that this type of approach, as opposed to restrictive legislation, (which invariably can be circumvented via loopholes) is likely to be more productive in the longrun.

As a first step in this direction, **Jean-Roch Laurence, PhD** together with (not yet ISH members) **Gaston Brosseau LPs** and **Clément Leclerc, DSD** appeared in an excellently produced 1-hour documentary on French TV entitled "l'Hypnose" on November 6. The aftermath had shades of the Fountain of Lourdes; over 3,000 people phoned during the next week, requesting treatment. Incredibly, tabernacle!

The following week, on November 11 and 12 the Société held its Second Annual Convention at Hôpital Maisonneuve-Rosemont. Over 100 registrants heard a 1-day Scientific Program which featured ISH members **Willie Fliesen, MD (President)**, **Jean-Roch Laurence, PhD (President-Elect)**, **Germain Lavoie, PhD** and **Laurence J. Kirmayer, MD, FRCP(C)**.

A pleasing feature of this program was that 4 of the papers were prepared by 8 students in the Concordia Hypnosis lab, and were very well received. On the following day, workshops were offered on hypnosis in psychotherapy, medicine and dentistry.

Indeed, SQH may be unique. Due to the teaching of **Clément Leclerc, DMD** at Université de Montréal over many years, there is a large contingent of dentists in the Société. Further, the Société is in sound financial shape. A year ago, there was a membership of 20 colleagues and a bank balance of less than \$200. Now there are over 100 members, and a 5-figures bank balance.

The Second National Assembly of the Federation of Canadian Societies of Clinical Hypnosis, to be held in Halifax, Nova Scotia from July 29 to August 3, 1989 is taking shape, and promises to be even better than the first one at Vancouver in 1986. It is to be held at the Halifax Sheraton Hotel on the beautiful Halifax waterfront, adjacent to the Historical Properties.

Already, several outstanding keynote speakers have accepted an invitation to present Plenary Session papers. They are **Harold Crasilneck, PhD** (Pain Symptom Alteration through Hypnosis, and the Use of Hypnosis in Psychological Medicine), **David Spiegel, MD** (Experimental Hypnosis), **Fred H. Frankel, MBChB, DPM** (Update on Clinical Relevance of Hypnotizability), **Edgar Barnett, MBBS** (The Contribution and Relevance of Neurolinguistic Programming on Analytic Hypnotherapy), and **Basil Finer, MD, PhD, FFARCS, DA** (Group 'Hypnosis in Chronic Pain Therapy).

In addition, 10 workshops are being offered on a broad range of topics. They are: MPD and Other Dissociation Disorders; Psychosomatic Medicine; Anorexia Nervosa, Bulimia and Dissociative States; Post-Traumatic Stress Disorders; Hypnosis and Children; Research: Experimental, Clinical and Forensic; Varieties of Levitation Including Automatic Handwriting; Hypnosis, Movement, Challenge, and the Enhancement of Creativity; Mesmeric Passes, Electrodynamical Body Fields, and Hypnosis; Therapeutic Explorations of Prenatal and Perinatal Experiences.

A number of tours have been planned, and one that is very highly recommended is the lobster fest at Peggy's Cove. (ED NOTE: if you adore lobster, this is Pig's Paradise). Others include a 3-hour sail on the **White Heather Yacht** which is berthed at the Sheraton. In addition, deep sea fishing will be available.

It is not too late to submit a paper to the Scientific Program. Three typed, double-spaced copies of an Abstract (maximum of 600 words) should be sent by no later than May 15, 1989 to **Ms Liz Poulsen**, Division of Continuing Medical Education, Dalhousie University, Sir Charles Tupper Medical Building, Halifax, Nova Scotia, B3H 4H7.

In all, this has all the makings of an outstanding event, at both the professional and social interaction levels. Canadian Maritimers are noted for their hospitality, and their love of fun. There are few better ways of combining business and pleasure, not to mention the possibility of using the Assembly as the jumping off point for a holiday in the Maritimes.

FEDERAL REPUBLIC OF GERMANY

The Annual Convention of the **German Society of Hypnosis (DGH)** was at Bad Lippspringe during the second week of November. This is the same location at which a highly successful collaboration between the German, Netherlands and Swiss societies took place a year earlier. We hope to have details of the German meeting in the next issue.

The 5th European Congress of Hypnosis is slated for summer 1990 at the University of Konstanz. This is not merely where **Walter Bongartz, PhD**, President of ESH and incoming *Newsletter* Editor, is employed, but is also Franz Anton Mesmer's heartland. Although his biographers disagree about Mesmer's place of birth, the best evidence suggests Iznang, on the shore of Lake Constance, not far from where the University is located. The organizing committee hopes to be able to bring in TV and other media from both sides of the border, and a close collaboration has begun with two sister societies in Switzerland.

INDIA

Dr K.K. Shah, President of the Indian Medical Association, has been attempting to popularize hypnosis in India via his various health programs throughout the country that have been established in conjunction with his "Health for All by 2000 A.D." movement.

Dr H. Jana presented papers to the Medical and Veterinary Section of the Indian Science Congress at Pune (January), the IV National Congress on Pain at Madras (February), the International Holistic Health Conference at Indore (February), and at the VII Annual Conference of the Indian Academy of Neurosciences at Calcutta (March). He has also been the Visiting Hypnotherapist at the Sadkarya Seva Sangha Rog Nidam Kendra at Ahmedabad. In addition, the Hypnotherapy Clinic at Medical College, Baroda, has been receiving an increased number of patients.

By the time that this *Newsletter* reaches readers, the Third national (Biennial) Congress of Hypnosis and Psychosomatic Medicine, sponsored by the Indian Society of Clinical and Experimental Hypnosis will have taken place in New Delhi during late November. Pre-Convention workshops will have taken place also at the Safdarjung Hospital at New Delhi, during the 5 days prior to the Congress. The *Newsletter* hopes to be able to report on its success in the next issue.

Finally, Dr Jana has written to request help from colleagues who may have back issues of the *American Journal of Clinical Hypnosis*. The Indian Society has copies of all volumes but a few, and would appreciate assistance in building up a complete set. Anyone able to provide the missing volumes should write directly to Dr Jana (address in the ISH Directory).

NETHERLANDS

By every account, the 11th International Congress of Hypnosis and Psychosomatic Medicine, held at den Haag during August, was a spectacular success. There were approximately 600 registrants, and there was much deserved praise for the outstanding quality of the Scientific and Workshops program, the many exchanges of thought, the smooth organization, the two fine exhibitions, and the making of many new friendships, especially during the social events, of which the banquet, held in the beautiful Kurhaus, and attended by approximately 250 people, was the main one.

It was a week that featured probably the best weather in The Netherlands for the entire year; despite this, there were few reports of colleagues heading from the nearby beaches. The majority of the participants stayed close to the Congress Building, and were very active in making the Congress a success.

ISH owes a special debt of gratitude to **Kees Hooguin, MD, PhD** (Congress Chair), **Erik Hoencamp, MD** (Workshops Chair) and **Richard Van Dyck, MD** (Scientific Program Chair) for three years of intense dedication in bringing this Congress to fruition, and to the many individuals who assisted them over this long haul.

On behalf of our Dutch colleagues, **F.P. Bannink, drs**, Secretary of NVVH, extends best wishes to our Israeli colleagues in organizing the 12th ISH Congress in 1991.

The Selected Papers of the 11th ISH Congress will be ready in early 1989 and a copy can be ordered from the Nederlandse vereniging voor hypnotherapie, P.O. Box 4085, 3502 HB, Utrecht, The Netherlands.

NORWAY

The Norwegian Society of Clinical and Experimental Hypnosis held its First Annual Meeting in March this year, at Oslo, the capital city. The center of hypnosis activity in Norway has been at the Department of Psychology of the University of Bergen on the West Coast. Research on hypnosis was initiated by **Geir Neilsen, PhD**, who was the Founding President of NSCEH. He was succeeded by **Gunnar Rosen**, Clinical Psychologist, and this year, **Svein Mossige**, a Clinical Psychologist, and pain researcher at the Haukland Hospital at Bergen, became this young Society's third President.

Activity in Norway is steadily increasing, with component sections at Oslo and Trondheim.

The first meeting was a success, featuring **Ernest Rossi, PhD**, who presented a workshop focussed upon his theories of integration of mental processes with physiology.

A law of 1896 in Norway confines the practice of hypnosis to the medical profession. A revision of it 6 years ago permitted

psychologists to practice also. Dentists are still not included under the law, and Norwegians are obliged to attend courses offered by **Per-Olof Wikstrom, DDS** on Dental Hypnosis in Sweden, in order to learn induction techniques and appropriate interventions. Attempts are being made to have dentists added to the group of professionals legally entitled to practice hypnosis; in the meantime, they are in the embarrassing position of having to call hypnosis "suggestive relaxation" if they want to use it to help their patients.

SWEDEN

Most of the Swedish news that was received for this issue of the *Newsletter* was about the activities of other national societies. This is quite typical of the Swedish society; it is one of the largest of the national societies, and it is perhaps the most international in its outlook.

One interesting activity, however, is that over the years it has been forging links with other national societies, notably the Australian Society. One of the ways it has been effecting this is through invitations to prominent members of the other country to speak at their annual conventions. Accordingly, last year, **Graham Wicks, MBBS, FRACGP**, was guest lecturer in Sweden; this year, at the 18th Australian Congress of Hypnosis, **Basil Finer, MD, PhD, FFARCS, DA** was a keynote speaker. It is a simple, but very effective way of intertwining the activities of national groups that have strong bonds of friendship and of mutual interests.

UNITED KINGDOM

The new secretary of the British Society of Medical and Dental Hypnosis, replacing Mrs Samuels, is **Mrs Ruth Thomas**, "Dormers", Stoke Row Road, Peppard Common, Oxton, RG9 5JD, United Kingdom, (Telephone: 049 17307).

During mid-October, **Dennis K. Chong, MD** and **Jennifer K. Chong, PHN**, of Toronto, Canada, presented a 3-day experiential workshop to a combined meeting of the Lancashire and Cheshire Branch, and the Sheffield-Trent Section of Northern Counties Branch of BSMDH entitled "The Question About Why." It was held at the Fir Grove Hotel at Warrington.

After many years, **Mr Bernard A. Oliver** has relinquished the Editorship of the *BSMDH Proceedings*. Congratulations to the new Editor, **Iain McIntosh, MBChB**, of Stirling, Scotland.

The January, 1988 (Volume 5, Number 1) of the *British Journal of Experimental and Clinical Hypnosis* contains a lively debate on the most recent British Home Office Draft Circular on the forensic use of hypnosis, with comments by **H.B. Gibson, PhD**, **Lionel R.C. Hayward, Dr Psy., MA, BSc, FBPSS**, **Martin T. Orne, MD, PhD** and **Graham F. Wagstaff, PhD**.

UNITED STATES

The 31st Annual Convention of the American Society of Clinical Hypnosis will be held at the Vanderbilt Plaza Hotel in Nashville, Tennessee, from March 10-15, 1989. The Co-Chairs are **Sheldon B. Cohen, MD**, **Joseph R. Dane, PhD** and **William C. Wester II, EdD**. The submission deadline for the Scientific Program has already passed, but information for registrants can be obtained from ASCH at 2250 East Devon Avenue, Suite 336, Des Plaines, IL, 60018, USA. One of the highlights of the Convention will be a night at the internationally acclaimed Grand Ole Opry, which is the Mecca of country music in the USA.

A recent ballot concerning a bylaw change to admit non-doctoral health-care professionals to membership of ASCH, was defeated by 54% to 45%, with 1% abstaining. In addition, **Louis L. Dubin, DDS, PhD**, President of ASCH has proposed some major changes that seek to upgrade the training necessary for full membership of ASCH; these include an increase in the number of hours of clinical training required.

The ASCH Burns Committee is seeking case reports of burned patients who were treated with hypnosis. They are particularly interested in how long after the burn that hypnosis was introduced, the suggestions given, the extent of the burn and the changes that might be attributable to hypnosis. They hope to be able to

accumulate sufficient cases to submit them to a special issue of the *American Journal of Clinical Hypnosis*. All communications should be sent to **Dabney Ewin, MD** 318 Baronne Street, New Orleans, LA, 70112, USA.

The 40th Annual Convention of the Society for Clinical and Experimental Hypnosis will be at St Louis, Missouri in November 1989. The Local Arrangements Chair is **John F. Chaves, PhD**, the Workshops are being co-chaired by **David Spiegel, MD** and **Billie Strauss, PhD**, and the Scientific Program Co-Chairs are **Richards Lundy, PhD** and **Michael Nash, PhD**. The following year, SCEH will be held at Tucson, Arizona; **John F. Kihlstrom, PhD** is chairing Local Arrangements.

The Fourth International Congress of Ericksonian Approaches to Hypnosis and Psychotherapy was held during the second week of December at the San Francisco Hilton. Its theme was "Brief Therapy: Myths, Methods and Metaphors". The keynote speakers were **Jay Haley, MA**, **Arnold A. Lazarus, PhD** and **Cloe Madanes**. The *Newsletter* hopes to be able to report on it in the April issue.

MEMBERS IN THE NEWS

Joseph Barber, PhD, was recently appointed Book Review Editor of the *American Journal of Clinical Hypnosis*. Now into its 30th year of publication, this is the first time that this journal has felt a need for such a position.

Peter B. Bloom, MD presented an Invited Address at the 39th Annual Convention of the Society for Clinical and Experimental Hypnosis, held at Asheville, North Carolina. His title was "The Art of Medical Hypnosis and Therapy"; it was excellent, and enthusiastically received by the audience. Though the Asheville meeting was slightly smaller than usual (something that was commented upon favorably by many colleagues) it was highly successful. The credit for this goes to another ISH member, **Shirley Sanders, PhD**, who worked untiringly as Local Arrangements Chair.

Kenneth S. Bowers, PhD received this year's Bernard B. Raginsky Award for leadership and achievement at the recent SCEH meeting. This is the Society's highest award, and richly deserved. As President of SCEH, Dr Bowers, over and above his many other activities on behalf of the field, chaired a President's Planning Committee (PPC), designed to rethink SCEH's mission and goals in the light of current economic, professional and social realities. All of the PPC's recommendations were passed by the SCEH Executive Council, and the spirit of harmony that prevailed throughout this long meeting is eloquent testimony to the thought and care with which it was prepared. All of the members of the PPC were ISH members. They were: **Helen J. Crawford, PhD**, **David F. Dinges, PhD**, **Dabney Ewin, MD**, **Selig Finkelstein, DDS**, **Fred H. Frankel, MBChB, DPM**, **Eugene E. Levitt, PhD**, **Bernauer W. Newton, PhD** and **Billie S. Strauss, PhD**. ISH and SCEH are fortunate to have such fine colleagues working on behalf of the field at both international and national levels.

Leon Chertok, MD, recently edited a book entitled *Hypnose et psychoanalyse*, which was published by Bordas in Paris. The *Newsletter* learned recently that the book earned the Psyche Award for 1987, which is given for the best Psychology book to be published in France each year. It is a rare honour deserving the heartiest congratulations.

William C. Coe, PhD, has been named Outstanding Professor for 1988 at California State University, Fresno, and was the campus nominee for subsequent statewide honours. He was selected on the basis of outstanding service to students, to his academic discipline, and to the University community. His colleagues strongly endorsed Dr Coe for this award on the basis of this, plus the external visibility he has given to the University.

Harold Crasilneck, PhD, returned from a visit to Eastern Europe where he lectured on treating pain by hypnosis to the Berlin Hypnosis Association, and on hypnosis and pain to the Polish Hypnotherapy Association at Krakow. Subsequently, he lectured on the use of hypnotherapy for pain to the Institute for Science and Technological Studies in Moscow. He received a most appreciative and enthusiastic response to all of his presentations, and he and Mrs Crasilneck were entertained in each country with cordiality, kindness, and tremendous respect. Invitations to return

to each of these countries have already been received. He has recently made another film on thermal injury, which was shown at a 3-day workshop he taught to the new component section of ASCH, the North Nebraska Society of Clinical Hypnosis at Norfolk.

William Edmonston, Jr., PhD recently established Edmonston Publishing, Publishers of Scholarly Books of Quality. The company will emphasize books on hypnosis and related topics, and will seek to offer to authors a more personalized and field intensive marketing strategy than do some of the larger, more diverse, publishing houses.

Frederick J. Evans, PhD, was installed as ISH President during the 11th International Congress of Hypnosis and Psychosomatic Medicine in den Haag, the Netherlands. Subsequently, he was a keynote speaker at the 18th Annual Congress of the Australian Society of Hypnosis in Adelaide during September, and also taught an Advanced Workshop of up to 90 registrants at the Congress. He also presented an Invited Address at the Scientific Program, and the Invited Banquet Address, and, as ISH President, was invited to attend the Executive Council Meeting. Earlier in his Australian visit, he lectured on "sleep disorders" at the Austin Hospital of the University of Melbourne, and presented an Invited Address on the hypnotizable patient at the 24th International Congress of Psychology in Sydney, the week before the ASH meeting. Several radio and TV interviews rounded off his busy schedule. Dr Evans has also been appointed Associate Editor of the *Journal of Abnormal Psychology*. As of January, 1989, he will be responsible for the editorial processing papers on hypnosis, as well as on other topics.

Dabney Ewin, MD, received the Shirley Schneck Award for the physician who has made distinguished contributions to the development of medical hypnosis at the 39th Annual SCEH Convention at Asheville, N.C.

D. Corydon Hammond, PhD, authored a volume entitled, *Learning Clinical Hypnosis: An Educational Resources Compendium*. It focusses on the teaching of hypnosis, and includes, also, 265 pages of clinically relevant handouts. All royalties have been donated to the American Society of Clinical Hypnosis, and the book is available through ASCH. Dr Hammond has also been made an Honorary Life Member of the Canadian Society of Clinical Hypnosis, Alberta Division, and will be regional Workshops Chair of ASCH for 1989-90.

Michael Heap, PhD recently edited a book entitled *Hypnosis, current clinical, experimental and forensic practice*. It was published this year by Croom Helm of London, New York and Sydney.

Jean-Roch Laurence, PhD and **Campbell Perry, PhD**, reached the finals of the Quebec Society for the Promotion of English Language Literature (QSPELL) competition for non-fiction. Although they did not win the award, reaching the final 5 of a competition that drew 38 entrants, was a pleasant surprise.

Michael Nash PhD and **Steven J. Lynn, PhD** were two of 4 colleagues to share the Henry Guze Awards at this year's SCEH meetings for the best research paper of 1987.

Moshe Torem, MD is rounding off another busy year. In January, he contributed 5 presentations to the Los Angeles Academy of Clinical Hypnosis meeting at Costa Mesa, CA, and another 4 to the 30th Annual Meeting of The American Society of Clinical Hypnosis held in Chicago in March. Over the next several months he contributed presentations, mostly on Multiple Personality Disorder to 6 professional groups around the United States, and did a TV interview with Cornelia Wilbur on this topic during April. He is also a member of the Editorial Boards of both the new journal *Dissociation*, and of the *Psychiatric Medicine Journal*.

John G. Watkins, PhD, President of the International Society for Clinical and Experimental Hypnosis during 1965-67, received this year's Arthur K. Shapiro Award from SCEH for the best book written in 1987. His book, *Hypnotherapeutic Techniques*, was published by Irvington.

David Waxman, LRCP, MRCS, has been invited by Balliere Tindall to update and rewrite the late John Hartland's book *Medical and Dental Hypnosis*. He anticipates its publication by the end of this year. He also has the final chapter in Michael Heap's edited book on hypnosis, entitled "The problem of stage hypnosis".

Graham Wicks, MBBS, FRACGP, presented a 2-day workshop to the South African Society for Clinical Hypnosis at Johannesburg during July on "Hypnosis in the Management of Psychosomatic Symptoms". This was followed by a 3-day workshop in early August to the Danish Society of Medical Hypnosis, entitled "The Birth Experience and its Effect on Human Behavior – Diagnosis and Management Using Hypnosis".

Correction: The report on **Robert Nadon, PhD** in the last Newsletter should have read that he "is currently at Concordia University as a Post Doctoral Fellow, having completed a Post Doctoral Fellowship at the University of Wisconsin at Madison." By now, as the last issue stated, he is at the Unit for Experimental Psychiatry in Philadelphia, PA.

FORTHCOMING MEETINGS

The **World Federation for Mental Health** in association with **The Mental Health Foundation of New Zealand** will be holding the its biennial 1989 World Congress in Auckland, New Zealand from August 21-25 1989. For further information contact Convention Management Services, P.O. Box 3839, Auckland.

The Second Assembly of the **Federation of Canadian Societies of Clinical Hypnosis** will be held in Halifax, Nova Scotia, July 29 to August 3, 1989 (see Canadian News).

The **World Congress of Cognitive Therapy** is to be held at Oxford, 28 June – 2 July, 1989. Further information from "World

Congress of Cognitive Therapy", University of Oxford, Dept. of Psychiat., Warneford Hospital, Oxford, OX3 7JX, UK or if in USA or Canada, "World Congress of Cognitive Therapy", Room 602, 133 South 36th Street, Philadelphia, PA 19104, USA.

The **Royal Australian and New Zealand College of Psychiatrists 25th Annual Congress** is to be held in Honolulu, Hawaii, 14-19 May 1989. Further information can be obtained from Conference Associates, 335 Moray St., Sth Melbourne, Vic 3205, Australia (tel: (03) 699 3955, telex: 36758 or Fax: (03) 690 7335).

The **American Psychiatric Association** is holding its Annual General Meeting in San Francisco, May 6-12, 1989.

The **5th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine**, sponsored by University of Konstanz is to be held at Lake of Konstanz, Federal Republic of Germany, 18-24 August, 1990. All communications to: 5th European Congress of Hypnosis, Dr Walter Bongartz, Universitat Konstanz, Postfach 5560, D-7750 Konstanz 1, Federal Republic of Germany.

The **Australian Society of Hypnosis**, 19th National Congress is being held in Sydney, Australia, 27 August – 2 September, 1989. The Congress theme is "Hypnosis, Dissociation and Spontaneous Trance". Further information can be obtained from the Congress Secretariat, GPO Box 2609, Sydney, NSW 2001, Australia.

12th International Congress of Hypnosis and Psychosomatic Medicine, Jerusalem, Israel, August 11-17 1991. For further information contact the Congress Organisers, Kenes, P.O. Box 50006, Tel-Aviv 61500, Israel.

IN MEMORIAM

Gilbert Patrick Maher-Loughnan, DM, BCh died in April last year at age 70. While working as a physician at the North Middlesex Hospital during the 1940's, he was diagnosed as having pulmonary tuberculosis. This initiated his lifelong interest in chest medicine, in which he developed a rare expertise. He held posts at the King George V Sanatorium, the London Chest Hospital, where he was R.M.O., and the Harefield Hospital where he was Registrar, and then Senior Registrar. He then became Consultant Physician to the Colindale Hospital in 1950, and to the Whittington Hospital in 1958.

He published extensively in tuberculosis literature, but his most enduring legacy is his pioneering work on self hypnosis in the treatment of asthma, and prevention of attacks, which was published in the British Medical Journal in 1962 with 3 other colleagues. The study found a clear superiority for hypnosis over Medihaler in a controlled trial involving 55 patients.

Dr Maher-Loughnan was also Honorary Secretary to the Research Committee of the British Tuberculosis Association from 1950-1960, and a member of its Council from 1961-66, and organized a study comparing self-hypnosis with simple breathing exercises in 252 asthmatics. Again, he found better results with hypnosis. In 1970, he published the results of treatment with self-hypnosis of 173 cases encountered over a 6 year period. Of these, 82% either showed major improvement, or complete remission.

Following his retirement from the British National Health Service in 1979, he continued in private practice, which he maintained until a few weeks before his death. In this, he extended his use of hypnosis to cover the entire gamut of psychosomatic disorders. His insistence on the highest standards was instrumental in gaining medical recognition for hypnosis in the United Kingdom among orthodox clinicians. His longtime friend and colleague, Dr John Wilkinson, in a moving obituary in the BJECH felt also that "his manifest integrity, his modesty (and) his quiet humour" were also major factors.

He led an active professional life. He was a leading member of the British Society of Medical and Dental Hypnosis, and a founder-member of the British Society of Experimental and Clinical Hypnosis. He was active also in the formation of the section of Medical and Dental Hypnosis of the Royal Society of Medicine; he was its President in 1980 and 1981, and in 1986 was made an Honorary Member. He was appointed, also, as Honorary Consultant to the Brompton Hospital.

He had an enduring faith in Catholicism, which was recognized by the Church in 1974 which made him a Knight of the Order of St John of Jerusalem. As Dr Wilkinson put it: "he belonged to the small and priceless company of those who leave the world a better place than they find it".

He is survived by his son John. With the current renewed interest in psychosomatic interaction and self hypnosis, his work is certain to have an enduring impact among researchers and clinicians in the field.

Henry Martin Thomas, MBBS died some time back (date not known). His interest in hypnosis was an extension of a broader interest in psychological and emotional influences on illness, and he became a member of the British Society and Dental Hypnosis in 1973. He was also an active member of the British Society of Experimental and Clinical Hypnosis.

He was awarded the Certificate of Accreditation by the BSMDH in 1983, and soon after became an Assessor for the Metropolitan Branch. In 1985, he became Honorary Treasurer of the National Society, and in 1987, was elected President of the Section of Medical and Dental Hypnosis of the Royal Society of Medicine.

He worked in the Cardiovascular Department of Charing Cross Hospital for many years, and was highly successful in dealing with stress-related problems. In particular, he specialized in the treatment of cardiovascular disease, through the correction of chronic habitual hyperventilation.

ISH extends its sympathies to his wife, Ruth, and to all of his family.