

INTERNATIONAL SOCIETY OF HYPNOSIS



VOLUME 9 NUMBER 2

OCTOBER 1986

A MESSAGE FROM THE PRESIDENT

The Central Office of I.S.H. has now moved to Melbourne, Victoria, Australia. It must have been with mixed feelings that Emily Orne and her hard working team, arranged and finally saw the despatch of boxes of files and records of the I.S.H.: feelings of nostalgia after so many years of devoted hard work (again, Emily, on behalf of every member of I.S.H. sincerely "thank you"), yet mixed with, I am sure, feelings of relief that such an important transition has occurred so successfully and smoothly. This transfer was the final reflection of the efficiently organized Central Office in Philadelphia.

Robb Stanley is the new Administrative Officer of I.S.H. Robb is a Lecturer in the Department of Psychiatry at the University of Melbourne and is well experienced to take up this office, assisted by the Administrative Secretary, Mrs Robyn Holmes. Geographically, the Central Office is in the Department of Psychiatry at the Austin Hospital, Melbourne. Melbourne is the capital city of Victoria, in the south east of Australia. It has a population of 3.9 million. This psychiatric department is one of the largest in Australia and Professor Graham Burrows heads the Division of Psychological Medicine, as well as being the head of the academic Department of Psychiatry.

The Australian Society of Hypnosis, with some 1300 registered medical practitioners, dentists and psychologists, is an active society, and is proud to be associated with administering the I.S.H. Central Office. I recently visited the Central Office and inspected the set-up and equipment with the President of the Australian Society of Hypnosis, Dr Lorraine Dennerstein and Robb Stanley. My visit was essentially the formal opening, and the occasion was photographically recorded for readers of this newsletter.

The Central Office would like you to request it to be involved in any particular activity that you feel will further promote the appropriate clinical and experimental use of hypnosis. It is the aim of the office to ensure a harmonious and cooperative interchange of ideas and information for the purposes of furthering the International Society and the field of hypnosis.

Finally, I would like to congratulate Dr Fred Evans as the new President-Elect and welcome him to the team of I.S.H.

DAVID R. COLLISON
President I.S.H.

FROM THE NEWSLETTER EDITOR

In the preface of his classic book, *Hypnosis and Suggestibility* of 1933, Clark L. Hull wrote:

"Throughout the history of hypnotism the clinical approach, with its preoccupations with remedial exigencies, has greatly predominated. In contrast to this tendency the approach of the present work is experimental rather than clinical ... This choice was not made through any lack of appreciation of applied science, but rather in the belief that in the long run application itself will be furthered by a proportionate development of pure science."

Hull's book was to place the study of hypnosis on a sound scientific base, in much the way that over a half century earlier, the opening of laboratories in Leipzig in 1879 by Wilhelm Wundt had performed the same service for Psychology.

I was reminded of Hull's words over summer when I received the exciting news that for the fourth time in recent years, a colleague has been recognized by Psychology for his work on hypnosis. First it was John Kihlstrom who received the Early Career Award of the American Psychological Association in 1979. He was joined by Kevin McConkey who received the equivalent award from the Australian Psychological Society in 1984, and by Jean-Roch Laurence who was awarded a 5-year University Research Fellowship by Natural Sciences and Engineering Research Council of Canada last year. All of these are firsts for the field; significantly, they occurred in three different countries. Further, they match another first; our Founding President Ernest R. Hilgard received a Distinguished Scientific Contribution award from A.P.A. in 1967.

Now comes more good news that Martin Orne, a former President of I.S.H., is this year's recipient of A.P.A.'s Distinguished Scientific Award for Applications of Psychology. It is a major honour, since A.P.A. is a large professional society with over 60,000 members, and in bestowing its awards, it has no shortage of worthy candidates.

On each of these four recent occasions, my delight was both personal and professional. The personal part is obvious enough; all were highly deserved. The professional aspect may be of special importance, since in each case it is the voice of professional Psychology saying, unequivocally, that the study of hypnosis enriches it, in much the manner that our field has gained from advances in Psychology.

Little did Hull know just how far we would come in such a relatively short time subsequent to the publication of his book. On the other hand, perhaps he did.

CAMPBELL PERRY
I.S.H. Newsletter Editor

INTERNATIONAL SOCIETY OF HYPNOSIS

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MEMBERSHIP IN THE INTERNATIONAL SOCIETY OF HYPNOSIS

Membership in the International Society of Hypnosis is limited to psychologists, physicians and dentists. Specific information on membership application procedures may be obtained by writing to:

INTERNATIONAL SOCIETY OF HYPNOSIS

Central Office
Edward Wilson Building
Austin Hospital
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ISH NEWSLETTER

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IMPORTANT: The deadline for the April, 1987 issue of the Newsletter is March 1, 1987. News of Constituent Societies, and of members, is not only welcome but actively encouraged.

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CANADA

PRESIDENT-ELECT: FREDERICK J. EVANS, PhD

In a close election, Frederick J. Evans, PhD was declared President-Elect of ISH for the period 1986-88 by the specially appointed election officers of the firm, Coopers and Lybrand. Born in Australia, Dr Evans obtained his doctoral degree from the University of Sydney during the early 1960s, and for over 20 years since, has made his home in the United States where he is currently Director of the Research Division of the Carrier Foundation and Professor of Psychiatry, Rutgers Medical School. His many friends in the Society extend congratulations to Dr Evans on this new position. He is not lacking in Presidential experience, having been President of SCEH during 1982-83. Professor Evans will become President of I.S.H. as of 1989.

A.M.A. REPORT ON HYPNOSIS AND MEMORY

The American Medical Association's panel on hypnosis and memory (*Newsletter*, December, 1985), on which a number of colleagues served, found no scientific evidence for enhancement of recall memory or for memory of meaningless material. At the same time, it concluded that there is often new material reported when hypnosis is used for recall of past meaningful events, but that this new information needs to be verified independently since it may be fact, or it may be fantasy. The panel reasserted the ISH position that hypnotic interviews of crime victims/witnesses should be performed only by a psychiatrist or psychologist, who is skilled in both the clinical and investigative use of hypnosis.

This report (published in *J.A.M.A.*, April 5, 1985 and reprinted in *I.J.C.E.H.*, January, 1986, as the S.C.E.H. position statement) was recently adopted unanimously by the I.S.H. Board of Directors in agreement with the recommendation of the I.S.H. Council of Representatives, and that the A.M.A. report on the "Scientific Status of Refreshing Recollection by the Use of Hypnosis" be the position statement of I.S.H.

NEWS FROM THE CENTRAL OFFICE

The Central Office of the International Society of Hypnosis is now fully functional in Melbourne, Australia.

I would like to take this opportunity to introduce the office administrative staff and to offer you whatever assistance we can in promoting the appropriate clinical and scientific use of hypnosis on a world-wide basis. It is our aim to assist the national constituent societies in opening up channels of communication, to further communication with other constituent societies and to promote, wherever possible, your national activities on the international scene.

The Central Office of I.S.H. operates under the care and direction of Professor Graham Burrows who has had an extensive long-term involvement with I.S.H. I am the Administrative Officer of the Central Office and Mrs Robyn Holmes is our Administrative Secretary. I would ask you to note the details of our address indicated on the inside cover of this newsletter. Please ensure that any correspondence is sent to us by air mail as surface mail deliveries to Australia tend to take considerable time.

As part of our international attempts to further communication between constituent societies, I request that you include the Central Office address on your national mailing list. Please keep us informed of any national conferences or congresses that your society runs and any other matters in which we might be of assistance.

The staff of the Central Office look forward to a productive and cordial association with both the constituent societies and individual members and offer you our co-operation and assistance in whatever way possible.

ROBB STANLEY
Administrative Officer
I.S.H. Central Office

Dr David Collison, President of I.S.H. being welcomed to the Central Office by the I.S.H. administrative staff, Robb Stanley and Robyn Holmes, and Dr Lorraine Dennerstein, President of the Australian Society of Hypnosis who holds a Senior Appointment in the Department of Psychiatry at the Austin Hospital.



The I.S.H. Administrative Officer, Robb Stanley, and Administrative Secretary, Robyn Holmes, at work in the Central Office.



Dr Jim Rodney, President-Elect of the Australian Society of Hypnosis and Congress Chairman of the 16th Congress of A.S.H., seen with the I.S.H. Administrative Officer and Secretary during the recent promotion of I.S.H. membership at the Congress.



AUSTRALIA

The Australian Society, like many others, continues to be plagued by the proliferation of lay persons styling themselves as "hypnotherapists" and other forms of "psychological" helpers. A sub-committee has been established, chaired by Dr Jim Rodney, the President-Elect, to evaluate the current situation. Part of the impetus for this move is that the Victorian Government is expected to abandon its regulations restricting hypnosis and hypnotherapy to qualified professionals. New South Wales, Queensland and the Northern Territory already permit virtually anyone to designate him or herself as a "hypnotist", regardless of qualifications.

The 17th Annual Congress of A.S.H. will be hosted by the Tasmanian Branch during August of next year. Dr Alexander Levitan is to be the keynote speaker.

The following year will be a busy one. Apart from the XI I.S.H. Congress at The Hague (see The Netherlands) from August 13-19, there is also the XXIV International Congress of Psychology from August 28 - September 2 being held in Sydney. Somewhere, in amongst all this, the 18th A.S.H. Congress will be held at Adelaide during Australia's Bicentennial year.

CORRECTION: Due to a misreading of the A.S.H. Newsletter, it was stated incorrectly in the last issue that Dr Graham Wicks is Immediate Past President of A.S.H. In fact, the Immediate Past President is Dr Philip Oystagrh. Embarrassed apologies.

CANADA

The first Assembly of the Federation of Canadian Societies of Clinical Hypnosis, held at Vancouver early in August, was remarkably successful. It attracted approximately 250 registrants, which included a large contingent of around 100 colleagues from the United States (who had a wonderful time, given the favourable exchange rate). It was good also, to see colleagues from Australia and West Germany in attendance.

The meeting was held at the campus of the University of British Columbia which, with its almost rustic setting, was an outstanding choice. Accommodation was provided at the Walter Gage Conference Center; it was inexpensive and comfortable. A feature of the Assembly was that afternoons were left free for registrants to do what they wished, whether it was visiting Expo, shopping in Vancouver, or simply talking about matters of current interest. It made for a relaxed, and relaxing time. Another outstanding aspect was that instead of issuing briefcases to registrants, the Assembly organization provided canvas bags bearing an Indian motif that could be slung over a shoulder, thus leaving both hands free. For colleagues who like to gesticulate, this was sheer heaven.

A major vote of thanks goes to Marlene Hunter, MD and Neill Malcolm, MD for their outstanding organizational work on the Assembly; they made it a memorable event for all of us who were fortunate enough to attend.

It was decided to hold subsequent assemblies on a triennial basis; accordingly, the next one will be held in 1989, and currently it appears that it will be at Halifax, Nova Scotia. Don't miss it.

INDIA

The Second National Congress of Hypnosis and Psychosomatic Medicine, convened by the Indian Society for Clinical and Experimental Hypnosis, will be held at the Baroda Medical College and Hospitals from November 17-22. Colleagues from abroad are cordially invited to attend; indeed, for those who have always wanted to visit India, this provides an excellent opportunity to mix business with pleasure. Dr A. B. Khorana and Dr B. M. Palan constitute the hard working Organizing Committee; inquiries should be directed to Dr Palan, Department of Physiology, Medical College, Baroda, India.

Dr H. Jana is one of our most active colleagues. Earlier this year he addressed the XII Congress of the Association of Clinical

Biochemistry of India, the W.H.O. sponsored Technology Transfer Program Workshop on Pain Relief, the 5th Annual Conference of the Indian Academy of Neurosciences, and at the Pain Workshop of the 2nd Annual Conference of the Indian Society for Pain Research.

Dr K. V. Nagendra Prasad, an allergy specialist from Bangalore, has been using hypnosis in the interesting research field of immunology.

Dr Roshanlal Gupta of Rajasthan presented a paper on the treatment of superstitions with hypnosis to the North Zone of the Indian Psychiatric Society.

THE NETHERLANDS

Since the last report, the XI I.S.H. Congress of Hypnosis and Psychosomatic Medicine has been moved from Leiden to the Netherlands Congress Centre in the Hague. Sponsored by the Medical Faculty of the University of Leiden, it will be held from August 13-19, 1988. The Hague is the Netherlands seat of Government and residence of the Queen. Road and rail connections with Amsterdam, Rotterdam, and other cities in the Netherlands are excellent, and there are fine beaches close to The Hague.

Further information can be obtained from the XI Congress Secretariat, PO Box 16065, 2301 GB Leiden, The Netherlands.

NETHERLANDS - I.S.H. 11th International Congress

The registration fees for the Leiden 11th Congress have not yet been determined, but colleagues registering now can be assured of a reduction of 20-30%. For further information, please write to:

11th Congress Secretariat
P.O. Box 16065
2301 GB Leiden
Netherlands

11th Congress Advance Registration

Name _____ Degrees _____

Address _____

Country _____ Postal Code _____

☐ I would like to register for the 11th Congress, August 13-19, 1988, University of Leiden, Netherlands.

☐ Please send me further 11th Congress registration and accommodations information.

SWEDEN

The Annual Meeting of Svenska Föreningen för Klinisk och Experimentell Hypnos, was held on the Swedish West Coast at Gothenburg. It was hosted by the Western branch of the Swedish Society, which provided an interesting and well attended program which featured two workshops. Dr Erich Franzke conducted a workshop on Imaginative Techniques in Symbol drama, and Dr Tomas Ljunberg presented one on Psychosomatics and Psychoanalytic Theory.

The newly elected officers of the Swedish society are: Robert Jerdén (President), Margareta Wennmark (Vice-President), Kent Nilsson (Secretary), Karin Löfmark (Vice-Secretary), Ragnar Almenberg (Treasurer), and Aniella Besér (Vice-Treasurer). Drs Basil Finer and Peo Wikström were appointed to the I.S.H. Council of Representatives as Swedish members, and B. G. Fasth and Robert Jerdén were elected Swedish representatives to the European Society of Hypnosis Council.

The Swedish society's membership remains quite constant; currently there are 1100 paying members, of whom approximately 100 belong to the Foreign Members' Section.

UNITED KINGDOM

Planning for the 4th European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine to be held at St. Catherine's College, Oxford, England from July 11-17 next year, are proceeding apace. (See *Newsletter*, April 1986 for details). An E.S.H. Executive Board meeting was held at London during early April; at the meeting, E.S.H. President, Dr David Waxman, reported that plans are working smoothly, and that an excellent attendance is expected. Information can be obtained from Mrs. M. Samuels, Secretary, 4th European Congress, 42 Links Road, Ashted, Surrey, KT21 2HJ, England.

The Fourth Annual Conference of the British Society of Experimental and Clinical Hypnosis will be held at Allen Hall, Manchester University from April 17-19 next. Further information can be obtained from Sam Alladin, Department of Clinical Psychology, Prestwich Hospital, Bury New Road, Prestwich, Manchester M25 7 BL, England (Telephone: 061-773-9121 ext. 42).

UNITED STATES

The 38th Annual Convention of the Society for Clinical and Experimental Hypnosis will be held at Los Angeles from October 26-31 next year. The Convention chairman is Ray William London, PhD. The deadline for submissions to the scientific program is November 15, and they should be sent to David F. Dinges, PhD, Unit for Experimental Psychiatry, 111 North 49th Street, Philadelphia, PA 19139, USA.

The 29th Annual Convention of the American Society for Clinical Hypnosis will be held at Las Vegas, Nevada from April 6-11 next year. The co-chairs for this meeting are D. Corydon Hammond, PhD and Richard P. Kluft, MD. Details can be obtained from A.S.C.H., 2250 East Devon Avenue, Suite 336, Des Plaines, IL 60018, USA.

The 95th Annual Convention of the American Psychological Association will be held in New York during the last week of August next year. The Chairman of the Scientific Program for Division 30 (Psychological Hypnosis) is Steven J. Lynn, PhD. The deadline for submitting papers is January 20 next, and Dr Lynn is particularly interested in overseas contributions from colleagues who may be visiting the United States during August next year. His address is Psychology Department, Ohio University, Athens, Ohio 45701, USA.

Congratulations to Clorinda Margolis, PhD who has been appointed Editor of the Division 30 Newsletter, and to William C.

Coe, PhD, who is President-Elect of Division 30, succeeding Billie S. Strauss, PhD in this position. We all hope that the incoming President will bring a Social Psychological position to Division 30.

Division 30 has honoured our Founding President of I.S.H. by establishing the Hilgard Dissertation Award, which will be presented annually for the best doctoral dissertation on hypnosis written by a graduate student in either the United States or Canada. Details are available from John Kihlstrom, PhD Department of Psychology, University of Wisconsin, W. J. Brogden Building, 1202 West Johnston Street, Madison, WI 53706, USA.

The Third International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy will be held at Phoenix, Arizona from December 3-7. It is sponsored by the Milton Erickson Foundation. The keynote presenters are Virginia Satir, Heinz von Foerster, Paul Watzlawick, Albert Ellis, Kristina Erickson, Lance Erickson, Stephen Lankton and Ernest Rossi.

WEST GERMANY

The Deutschen Gesellschaft für Hypnose (D.G.H.), now has approximately 150 members. It held its 7th Convention at Bochum during early March this year, and its 8th Convention at Bad Lippspringe during late September, with lectures and workshops for psychologists, physicians and dentists.

Its Journal, *Experimentelle und Klinische Hypnose* is now into its second volume, under the new Editor, H. C. Kossak. He replaces the previous Editor, Walter Bongartz, who has become President of the German society. Dr Bongartz is well known to North American colleagues through his attendance of several S.C.E.H. meetings in recent years; we congratulate him on attaining this major honour.

An International Symposium on Suggestion and Suggestibility will be held in July next year at Giessen. Further information can be obtained from Dr Vladimir Gheorghiu, Fachbereich Psychologie, Justus-Leibig-Universität Giessen, Otto Behagel-Strasse 10, D-6300 Giessen, West Germany. (Telephone 0641-702-5394; Telex 482956.) A number of distinguished internationally known colleagues are expected to participate.

STOP PRESS

Dr Ainslie Meares, Past President of the International Society for Clinical and Experimental Hypnosis and the Australian Society for Clinical and Experimental Hypnosis, died in Melbourne, Australia, on the 19th September 1986 aged 76 years. His contribution to the professional and public standing of hypnosis was considerable and it is with deep regret that we learn of his passing. A full obituary will follow in the next Newsletter.

MEMBERS IN THE NEWS

Harold Crasilneck, PhD became President of the American Society of Clinical Hypnosis earlier this year.

Michael J. Diamond, PhD and **Helen M. Pettinati, PhD** have been appointed editors of the Guilford Press book series entitled *Clinical and Experimental Hypnosis*. Upcoming titles include *Hypnosis and Memory* (Helen Pettinati editor), *Principles of Hypnotherapy: A Contemporary Developmental Approach* (Elgan Baker, Jr. & Michael Diamond), *Ego States: Theory and Therapy* (John G. & Helen H. Watkins), *Hypnotherapy: The Clinical Use of Hypnosis in Psychotherapy* (M. Erik Wright) and *Hypnosis, Will and Memory: A Psycho-Legal History* (Jean-Roch Laurence & Campbell Perry).

William E. Edmonston, Jr., PhD has recently published a book *The Induction of Hypnosis* (John Wiley & Sons).

Eleanor Field, PhD and **William Fezler, PhD** co-authored a book entitled *The Good Girl Syndrome* which was published by McMillan.

Fred H. Frankel, MBChD, DPM a former President of I.S.H., and current President of S.C.E.H., has been appointed Psychiatrist-in-Chief of the Beth Israel Hospital at Boston.

Eugene Levitt, PhD presented an Invited Address at the 94th Annual Convention of the American Psychological Association held at Washington, D.C. during late August. His topic was "Compliance and Resistance: The Essence of Hypnosis 27 years after Orne".

Stephen J. Lynn, PhD recently edited a book entitled *Contemporary Psychotherapies: Models and Methods* (published by Merrill, Columbus, Ohio). A second edition of his book (Richard H. Price, first author) *Abnormal Psychology* (Published by Dorsey) appeared earlier this year.

Fred L. Marcuse, PhD recently completed writing a book with the impish title of *Humour is no Laughing Matter*. A thirteenth printing of his earlier book *Hypnosis: Fact and Fiction* (1959) was made last year; in addition, it has been translated into 7 languages, most recently into Swedish.

MEMBERS IN THE NEWS *Continued*

Kevin M. McConkey, PhD and **Peter Sheehan, PhD** have received a research grant from the Australian Institute of Criminology to investigate the effects of hypnosis on memory.

William P. Morgan, PhD, Professor and Director of the Sports Psychology Laboratory at the University of Wisconsin-Madison has been reappointed to the Sport Psychology Advisory Committee of the U.S. Olympic Committee for a term that will expire following the Seoul Olympics. He also delivered the Joseph P. Wolfe Memorial Lecture at the Annual Meeting of the American College of Sports Medicine at Indianapolis during May, and a keynote address at the World Congress of Sports Medicine at Brisbane, Australia during September.

William H. Pemberton, EdD is standing as an independent progressive Republican in the U.S. Senate elections this coming November.

Maurice M. Tinterow, MD, PhD is a long time collector of rare books on hypnosis. His collection has been installed in the Michita State University Library as the *Maurice and Jean H. Tinterow Collection of Works on Mesmerism, Animal Magnetism and Hypnosis*. It is very much a working library for scholars of 19th century hypnosis. A catalogue is available (for a fee) from the Special Collections Section of the Ablah Library Wichita State University, Wichita, KA 67208, USA.

Moshe S. Torem, MD, is Chairman of the Department of Psychiatry of the Northeastern Ohio Universities College of Medicine at the Akron General Medical Centre. To commemorate the 30th anniversary of the Psychiatry Department he organized special one-day meetings during last April and May. One centered around anxiety and depression in medical patients, and the other was centered around multiple personality and dissociative states. He was appointed also to the Editorial Board of the journal *Stress Management*.

FORTHCOMING CONGRESSES

The Second National Congress of Hypnosis and Psychosomatic Medicine, convened by the *Indian Society for Clinical and Experimental Hypnosis*, will be held at the Baroda Medical College and hospitals from November 17-22, 1986.

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The Second Assembly of the **Federation of Canadian Societies of Clinical Hypnosis** will be held in 1989 and currently it appears that it will be held at Halifax, Nova Scotia.