

From the Newsletter Editor:

The news from Ste. Marthe sur le Lac, Quebec, during January was disconcerting. In the chapel of a private home in this small rural town, an icon of the Virgin Mary began to weep tears of blood. Within days, a quite remarkable social phenomenon developed — long lines of the devout waited outside the chapel for up to 4 hours in near arctic temperatures to obtain a glimpse of the apparent miracle. Archbishops of the Catholic Church took to the media to warn the faithful that a naturalistic explanation was likely. Families within Ste. Marthe sur le Lachecame bitterly divided over the reality of this miracle.

The denouement of this particular tale had elements of Hollywood (D-grade). The tears were chemically analyzed and found to consist of lard drippings, beef fat, vegetable oil, and human blood. Then the icon's owner was publicly identified by the President of the Québec Corporation of Physicians as having been convicted twice of practicing medicine illegally during the 1970s. Both convictions were related to his establishing a clinic in Montréal and styling himself as a "hypnologist and sophrologist." But perhaps most dramatic was the confession a few days later of the hypnologist's close associate that it had been a hoax. His defense was that the hypnologist had coerced him to participate while "under" hypnosis.

End of story: the press coverage ceased at the speed of a human hand inadvertently touching a hotplate. There was no discussion as to whether hypnosis could plausibly have caused a man to participate in fraud, contrary to his moral beliefs. In an era of instant everything, perhaps such incidents are inevitable. It says much, however, about how public perception lags behind scientific data that the story ended when and how it did. When it comes to hypnosis, we are still in the 19th century as far as the shapers of public perception are concerned. There is much that needs to be done to alter this perception. But how? We all know that it cannot be done with hypnosis!

Campbell Persy

Campbell Perry Newsletter Editor



VOLUME 9 NUMBER 1

APRIL 1986

A MESSAGE FROM THE NEW ISH PRESIDENT

As I assume the Presidency of ISH, I would like to express my sincere appreciation for the confidence placed in me by the members of ISH. It was a pleasure to serve 3 years as President-Elect, working alongside Germain Lavoie, and I am now honored to preside over the next 3 years of activities of ISH -- a forum of professionals, dedicated to the scientific study and application of hypnosis.

The highly successful 10th International Congress in Toronto is now history; yet the memories of all who attended the ISH meeting, in conjunction with the associated host societies -- OSCH, ASCH, and SCEH, will continue and remain as a personal, permanent record.

In my address to the 10th International Congress as President-Elect, I tried to project the progression of hypnosis towards the year 2000: I reviewed the concept of just what hypnosis is and where it can be used, both in research and therapeutic areas. It is important to remember always that the practice of hypnosis has to be under the highest ethical standards, as defined by ISH and adopted by member societies. I believe that all member societies must aim at having the highest standards for individual membership, based upon an adequate and in depth education program. Well trained, competent, and ethical members are essential if we are to remain at the forefront of acceptance and be an example in the correct use of hypnosis in therapy or research.

Adequate education will lead, hopefully, to increased membership in National Constituent Societies and an increase in the total membership of ISH. We now head towards the 11th International Congress of Hypnosis and Psychosomatic Medicine to be held in the Netherlands in 1988, sponsored by the University of Leiden; we will have the strength to make this next meeting of ISH an even greater opportunity for the exchange of ideas with colleagues from virtually all countries of the world. In the interim, I will do my best to serve the Society; I value the continuing help of the Immediate Past President, Germain Lavoie, the Secretary-Treasurer, Peter Bloom, and the Newsletter Editor, Campbell Perry.

We will have a new ISH Central Office as of April 1, 1986. At this time of change-over, it is important to recognize the tremendous work done by the present outgoing ISH Central Office, and I would like to thank each and every staff member who was involved in the running of that office.

In all this, I count on you for your support and would appreciate receiving your comments and suggestions.

David R. Collison

INTERNATIONAL SOCIETY OF HYPNOSIS

111 North 49th Street Philadelphia, Pennsylvania 19139

OFFICERS

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Immediate Past-President:

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MEMBERSHIP IN THE INTERNATIONAL SOCIETY OF HYPNOSIS

Membership in the International Society of Hypnosis is limited to psychologists, physicians, and dentists. Specific information on membership application procedures may be obtained by writing to:

INTERNATIONAL SOCIETY OF HYPNOSIS
Attn: Graham D. Burrows, MD, DPM
University of Melbourne
Austin Hospital
Heidelberg, Victoria 3084
AUSTRALIA

ISH NEWSLETTER

Previous ISH Newsletter Editor: M. Anthony Basker, MRCS, LRCP, Westcliff-on-Sea, Essex, ENGLAND, 1978-1983.

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IMPORTANT: The deadline for the October, 1986 issue of the Newsletter is May 15, 1986. News of Constituent Societies, and of members, is not only welcome but actively encouraged.

AUSTRALIA

The 16th Annual Congress of the Australian Society of Hypnosis (ASH) will be held August 10-17, 1986 at the Conrad International Hotel and Jupiters Casino at Surfer's Paradise on the Gold Coast (an Australian equivalent to Miami, and then some). It is centered around the theme of "Hypnosis, its Breadth and Application." The International Guest Speaker is Dr. Michael Jay Diamond. Because the hotel features both a convention center and a 24-hour casino, some memorable anecdotes may ensue from this Congress.

Given that the 3rd Annual Congress was held last year at Christchurch, New Zealand, readers can be forgiven if they think that our Australian colleagues have been imbibing to excess on Foster's lager, or other such Australian ambrosiae. The answer lies elsewhere; ASH was formerly ASCEH but changed

Australia (cont.)

its name 3 years ago. So this would be the 16th Congress of ASCEH (if it still existed, which it doesn't) and the 4th Congress of ASH (except that our Australian colleagues now wish to count the 12 Congresses of ASCEH). Forthcoming ASH Congresses are to be held in Tasmania (1987) and South Australia (1988). The latter will coincide with Australia's bicentenary; thousands of visitors are expected, and it promises to be a year in Australia unlike any other.

At the meeting of the ASH Federal Council, Professor Wendy-Louise Walker was reappointed Chairperson of the Publications Committee and as Editor of the Australian Journal of Clinical and Experimental Hypnosis; both positions are 3 year terms. She has held the latter position since 1978. At the same meeting, Professor Graham D. Burrows was reappointed Chairperson of the Board of Education and Chief Censor, each for 3 year terms. (The Newsletter hopes to ascertain the job description of Chief Censor; it is surely unique for national hypnosis societies!) Congratulations to both colleagues — each of them has contributed much to hypnosis in Australia at a professional level over many years.

Office bearers for the coming year are Dr. Lorraine Dennerstein (President), Dr. Graham Wicks (Immediate Past President), Dr. James Rodney (President-Elect), Dr. Michael Boyd (Secretary), and Mr. Robb Stanley (Treasurer).

David Spiegel, MD was made an Honorary Member of ASH by a unanimous vote of the members, in recognition of his significant contribution to ASH as visiting speaker at the 1985 Congress.

CANADA

Arrangements for the First National Assembly of the Federation of Canadian Societies of Clinical Hypnosis to be held at the University of British Columbia in Vancouver, August 2-7, 1986 are well in hand. The Newsletter has learned that there are still a few hours available for late submissions to the Scientific Program. Colleagues both in Canada and elsewhere are requested to contact the Scientific Program Committee Chairman, Dr. Neill Malcolm (P.O. Box 400, Leduc, AB T9E 2Y2, CANADA), by April 30; a 400-word abstract (typewritten and double spaced) should be included. The Assembly coincides with Expo 86, and the program has been so structured as to permit time for attendees to visit the Expo site. It promises to be a memorable event in the development of hypnosis in Canada.

The Newsletter has just received final attendance figures for the ISH 10th International Congress held in Toronto in August 1985. They exceed the highly encouraging estimates published in the previous issue. Overall, there were 967 registrants, of whom 426 were registered for the full program, 333 for the Scientific Program alone, and 118 for the Workshops alone. Perhaps most noteworthy for ISH's future good health, an additional 90 registrants were students.

There were also 212 registered affiliates for a grand total of almost 1200 attendees. This makes Toronto the most successful Congress ever in terms of attendance, though the success of a Congress is not measurable in these terms alone. In terms of satisfaction with the organization of the Scientific and Workshops Programs, recent Newsletters of ASH, BSECH, and SSCEH (among others) indicate that at professional levels, the Toronto Congress was every bit as successful as previous ISH Congresses. The congratulations in the previous issue of the Newsletter to our Toronto colleagues deserve repeating.

INDIA

Due to the slowness of the Canadian mails during December, the <u>Newsletter</u> received information from India too late for it to be included in the last issue. While this is to be regretted, the information is still timely.

The Second Indian National Congress of Hypnosis and Psychosomatic Medicine will be held in the Medical College, Baroda, November 1986. The deadline for abstracts is April 30. They should be sent to Dr. B.M. Palan, Dept. of Physiology, Medical College, Baroda, Gujarat, India. For colleagues who have expressed an interest in visiting India, this National Congress presents an excellent opportunity; Dr. Palan will be happy to answer any queries.

Dr. H. Jana presented a paper on hypnosis and impotence to the 7th World Congress of Sexology at New Delhi during November. During this period, he also lectured on hypnosis to the Indo-German Cultural Center at Ahmedabad, the Sri Ganganagar (Tajasthan) Branch of the Indian Medical Association, the Lion's Club at Sri Karanpur (Rajasthan), and the Leo Club of Ahmedabad.

NETHERLANDS -- ISH 11th International Congress

The registration fees for the Leiden 11th Congress have not yet been determined, but colleagues registering now can be assured of a reduction of 20-30%. For further information, please write to:

11th Congress Secretariat P.O. Box 16065 2301 GB Leiden Netherlands

11th Congress Advance Registration	
Name	Degrees
Country	Postal Code
I would like to regis Congress, August 13-19 Leiden, Netherlands	ter for the 11th , 1988, University of
Please send me further 11th Congress registration and accommodations information	

SWEDEN

Hypnos, the Journal of the Swedish Society for Clinical and Experimental Hypnosis (SSCEH), carries a section written by Dr. Per-Olof Wikström in English in each of its 4 annual issues, entitled, "We and the World." The Peruary issue carries a very warm thank you to our Toronto colleagues for their exceptional organization of the 10th ISH Congress.

A few years back, SSCEH established a Milton Erickson Fund for Research and Grants; this fund continues to grow, but additional donations are welcome and can be sent to Dr. Wikström, as Treasurer. SSCEH has a J. Wikström Fund which also gives grants of up to Skr. 4000 to permit members to travel to congresses and conventions.

Dr. Basil Finer was recently a member of an international group of colleagues specializing in pain who toured the Soviet Union at the invitation of the USSR Ministry of Health. There are two major pain management units in the USSR, and the group members gained much from their interactions with Russian colleagues in Moscow, Novosibirsk, Tasjkent, Tbilsi, Kiev, and Leningrad.

UNITED KINGDOM

The next issue of the <u>Proceedings of the British Society of Medical and Dental Hypnosis</u> is scheduled to appear early this summer. It is published annually for members of BSMDH and is a collection of papers given throughout the Society's branches, as well as selected items from other sources. Copies of back issues of Volume 5, #3 and 4, and Volume 6, #1 are available at a cost of 1.50 (U.K.) and 2.00 (abroad).

Visitors to London this year may be interested to know that there is a quite extensive program of Workshops, from May to November, organized by the Bloomfield Clinic. The ones scheduled for May 17-18 and June 21-22 cost \$\frac{2}{5}\$; both are on basic hypnotic techniques. All others, scheduled for September, October, and November, dealing with behavior and habit disorders, psychosomatics, and hypnosis with children, cost \$\frac{4}{5}\$. Applications and additional information can be obtained from Mr. Hellmut Karle, Bloomfield Clinic, Guy's Hospital, London SEI 9RT, England.

4TH EUROPEAN CONGRESS OF HYPNOSIS IN PSYCHOTHERAPY AND PSYCHOSOMATIC MEDICINE

The Congress will be held at St. Catherine's College, Oxford, England, July 11-17, 1987. The College is situated in Holywell Great Meadow, on the banks of the River Cherwell, a 5 minute walk from the Carfax City Center. Its facilities include both large lecture theaters equipped with audiovisual aids, and small demonstration and workshop rooms. In addition, there are 200 single-study bedrooms to house Congress attendees.

CALL FOR PAPERS

Colleagues wishing to present papers should send 3 copies of an abstract before July 31, 1986 to:

Mrs. M. Samuels, Secretary
4th European Congress
42 Links Road
Ashtead, Surrey KT21 2HJ
England

Abstracts must not exceed 200 words, and be double spaced and typewritten in English on 29.7 x 21 cm. paper. The following headings should be included: Subject, Title of Paper, Name of Author(s), Registered Degrees, Society, Position Held, and Address for Correspondence.

REGISTRATION

Delegates must be members of ESH or other directly associated societies. Registration fees until July 31, 1986 are $\not=$ 150 (members), $\not=$ 175 (non-members), and $\not=$ 20 (accompanying person); after that date, they will be $\not=$ 180, $\not=$ 210, and $\not=$ 20. Checks should be made payable to the 4th European Congress and sent to Mrs. Samuels.

UNITED STATES

In recent months, both U.S. national constituent societies have held elections. The results for the American Society of Hypnosis (ASCH) are: Dr. Harold Crasilneck (President); Dr. Karen Olness (Immediate Past President); Dr. Charles Mutter (President-Elect); Drs. Thomas Wall, Dabney Ewin, and Marlene Hunter (1st, 2nd, and 3rd Vice Presidents, respectively); Dr. Bennett Braun (Secretary), and Dr. Louis Dubin (Treasurer).

United States (cont.)

For the Society for Clinical and Experimental Hypnosis (SCEH), the new officers are: Dr. Fred Frankel (President), Dr. Bernauer Newton (Immediate Past President), Dr. Kenneth Bowers (President-Elect), Dr. Billie Strauss (Secretary), and Dr. George Roston (Treasurer). Congratulations to all of these colleagues and special congratulations to Billie Strauss, nee Lazar.

The 28th Annual Convention of ASCH will meet March 17-21, 1986 in Seattle. The 37th Annual Meeting of SCEH will be September 23-28, 1986 in Chicago.

The 3rd International Conference on Multiple Personality/Dissociative States will be held in Chicago September 18-21, 1986. Details are available from Bennett Braun, MD, Rush Medical Center, 1753 W. Congress Parkway, Chicago, IL 60612, USA.

A DATABASE IN HYPNOSIS

The effects of the ISH Membership Directory can, at times, be remarkable. For instance, there is the (apocryphal?) story of an ISH member for whom the Directory is as valuable as his American Express card -- he never leaves home without it. Through using it in his travels, he has met and been entertained by colleagues throughout the world.

Recently, Central Office received a letter from Ms. Ellen Gilbert, Editor of the quarterly journal, <u>Behavioral and Social Sciences Librarian</u>, thanking ISH for a complimentary copy of "this useful reference" work. In particular, Ms. Gilbert was interested in existing databases that pick up the hypnosis literature.

The <u>Newsletter</u> has agreed to coordinate this project; it is likely to be very interesting and beneficial to the field, since the results will be published in <u>BSSL</u> and thus reach all librarians in the behavioral and social sciences.

A number of questions come to mind. While I am aware of the contents of the hypnosis collection of La Bibliothèque Nationale in Paris, I have no idea of the contents of the hypnosis section of the British Library in London; I would appreciate hearing from British colleagues. Likewise, several notable figures in the history of hypnosis were Scottish; I would appreciate information about collections in Scotland. There is an Albert Moll Hypnosis Collection at Vanderbilt University in Tennessee; I believe that there are fine collections also in Minneapolis and Washington, DC. I have no idea if there is an extensive computerized bibliography on hypnosis. would appreciate hearing from colleagues who can provide information about databases on hypnosis throughout the world. My address is on page 2 of the Newsletter.

Campbell Perry

With Deep Appreciation to the ISH Central Office in Philadelphia

The ISH Central Office has been located at the Unit for Experimental Psychiatry in Philadelphia since 1973, following the reorganization of its forerunner, the International Society for Clinical and Experimental Hypnosis, at the 6th International Congress held in Uppsala, Sweden in July 1973. During the following years, the Unit provided complimentary space, office equipment, and some exceptionally high level administrative personnel.

In a letter dated November 7, 1985, the Central Office formally notified the ISH Board of Directors that it would no longer provide the facilities it had given in the past. The letter was signed by Central Office staff; namely, Martin T. Orne, MD, PhD (Past President of ISH and Member of the ISH Council of Representatives), Emily Carota Orne (Administrative Consultant to ISH), Mary Fleming Auxier (Administrative Coordinator), Stephen R. Fairbrother (Membership Controller), Barbara R. Brandt Barras (Administrative Associate), and Elizabeth R. Gessner (Business and Records Assistant).

On behalf of the membership, the Newsletter wishes to thank each of them for the high level of dedication and professionalism with which they have served ISH. The task of running Central Office can be a thankless one; few members are aware of the magnitude of its contribution to the smooth running of ISH affairs. Indeed, the present Newsletter Editor did not really comprehend what Central Office means to ISH until he took on the position. We all owe Martin, Emily, Mary, Steve, Barbara, and Liz a debt of gratitude for fine service to ISH.

ISH CENTRAL OFFICE IN AUSTRALIA
As the result of a nearly unanimous decision of the votes received from the members of the ISH Board of Directors, the ISH Central Office is to be relocated to Melbourne, Australia. The process of orderly transfer is scheduled to finish by the end of March. As of April 1, 1986 all communications should be addressed to:

ISH CENTRAL OFFICE

Attn.: Graham D. Burrows, MD, DPM
University of Melbourne
Austin Hospital
Heidelberg, Victoria 3084
AUSTRALIA
Phone: (03) 450-5111

BALLOT FOR ISH PRESIDENT-ELECT

Each 1986 ISH member was mailed a ballot for President-Elect of ISH on February 26, 1986, from Philadelphia via first class mail. If any 1986 ISH member has not yet received a ballot, please write to Dr. Peter Bloom, at the following address:

Dr. Peter B. Bloom Secretary-Treasurer, ISH Institute of Pennsylvania Hospital 111 North 49th Street Philadelphia, PA 19139, USA

To those who have received a ballot, please be certain to sign the ballot envelope before mailing and block print your name and address for ballot verification purposes. All ballots must be received by May 31, 1986.