

INTERNATIONAL SOCIETY OF HYPNOSIS



VOLUME 6 NUMBER 1

APRIL 1983

A MESSAGE FROM THE NEW ISH PRESIDENT

From the Newsletter Editor:

"Anwesenheit" is a sensation of the presence of another person, known to occur in the bereaved, in mountaineers, and in the hallucinations which occur while going to sleep or waking. It may be comforting to the next ISH Newsletter Editor, Professor Campbell Perry--if he has the experience in connection with this post--to know that the previous Editor (myself) will be that presence!

Many members of the ISH have been interested in the outcome of the Executive Council meeting in Glasgow and the subsequent discussions that evolved concerning the affiliation of the European Section with the ISH. As discussed in Glasgow, a new constitution has been drawn up by Prof. Dr. Guantieri and Dr. Wikström re-naming the society, "The European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine" (ESHPPM). Once the Constitution has been ratified by the relevant European National Constituent Societies of ISH, a proposed change to the ISH Constitution will be submitted to the ISH Board of Directors, and then to the Council of Representatives. If approved by these bodies, the constitutional change will then be submitted by ballot to the full membership of ISH so that ISH can have not only National Constituent Societies, but also Regional Constituent Societies of which ESHPPM may then be eligible to be the first.

For those of us who worked together to form an active European Confederation of National Societies of ISH, this is indeed a large step towards a milestone of greater collaboration throughout Europe. As I turn over the Editorship of the ISH Newsletter to Professor Perry, it gives me great pleasure to share with you these exciting collaborative developments in Europe.

M. Anthony Basker

M. Anthony Basker
Newsletter Editor

As I assume the Presidency of ISH in this difficult period of time, I am grateful for the confidence you have placed in me. I am also honored to preside over this international forum of professionals, highly dedicated to the scientific study and application of hypnosis.

We all know that life and health are mediated by the most intricate, complex, and delicate biological and environmental transactions. We also are aware that hypnosis is a medium par excellence to uncover the propensity of imagination for grandiose productions which are sometimes difficult to place into proper perspective. A careful appraisal of facts and fiction, of the borderline between reality and imagination, of the usefulness and limitation of hypnosis, in the light of the mainstream of scientific and clinical research and practice in general, should be more than ever kept in sharp focus.

The self-image of the Society itself is currently undergoing some change. A very dynamic force has emerged among our European colleagues, the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine. Obviously, interest in hypnosis comes with age, and this maturation process has to remain grounded in mutual support, respect, and regard.

The highly successful Glasgow Congress will stay engraved in the memories of all who attended, for having permitted us the opportunity to discover the soul of Scotland and its historical contribution to the field. We all owe a debt of gratitude to Professor Michael Bond, the Congress Chairperson, to the very efficient Organizing Committee, and especially to George Fairfull Smith who was in large part responsible for ISH coming to Scotland in 1982. Plans are now rapidly progressing for the 10th Congress to be held in Toronto, Ontario, Canada, from August 10-16, 1985, under the leadership of the Congress Chairperson, Dr. George Matheson. Officers of ISH hope to see you there, and suggest that you consider registering now to support ISH and the Congress.

In the interim, I will do my best to serve the Society, with the continuing help of Immediate Past-President Fred H. Frankel, President-Elect David R. Collison, Secretary-Treasurer Peter B. Bloom, Newsletter Editor Campbell Perry, as well as Mary F. Auxier and Stephen R. Fairbrother of the ISH Central Office. Above all, I count on you for your support, as well as your comments and suggestions.

Avec mes respects,

Germain F. Lavoie
Germain F. Lavoie
President

INTERNATIONAL SOCIETY OF HYPNOSIS

111 North 49th Street
Philadelphia, Pennsylvania 19139

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MEMBERSHIP IN THE INTERNATIONAL SOCIETY OF HYPNOSIS

Membership in the International Society of Hypnosis is limited to psychologists, physicians, and dentists. Specific information on membership application procedures may be obtained by writing to:

*International Society of Hypnosis
Attn: Mrs. Mary Fleming Auxier, Administrative Coordinator
111 North 49th Street
Philadelphia, Pennsylvania 19139, USA*

ISH NEWSLETTER

Previous ISH Newsletter Editor: M. Anthony Basker, MRCS, LRCP, *Westcliff-on-Sea, Essex, ENGLAND, 1978-1983.*

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Deadline: Please send material for the October 1983 issue so that it arrives at the address below no later than *May 1, 1983.*

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CANADA*

AUSTRALIA

The Australian Society of Hypnosis (ASH) conducted its first national examinations at the National Congress held in Sydney in 1982. This henceforth will be a regular annual event, the passing of which is now the only entry into full membership in the Society, except in very special circumstances. It is understood from the Federal President, Dr. Graham Wicks, that the next Annual Congress of ASH will be held in Perth, Western Australia, in September, 1983. Since taking office in September, 1981, Dr. Wicks has been to meetings of the SCEH and ASCH in Portland, Boston, and Denver, and attended the 9th Congress in Glasgow in August, 1982.

The New South Wales branch of ASH has as principal officers Wendy-Louise Walker, PhD, Chairman; Dr. D. Retallack, Vice-Chairman; and Dr. A. Leon, Secretary; who were all elected at the last Annual General Meeting. At the South Australian branch Annual General Meeting in April, 1982, Mr. Godfrey Pope and Dr. Robert Wadsworth became Chairman and Secretary, respectively.

From the West Australian Society for Medical Hypnosis, George W. Burns writes to say that he has stepped down from the chairmanship and the current officers of the Society are: Dr. Ken Woo, President; Mrs. Gerty Ewen, Vice-President; Mr. John Winfield, Secretary; and Dr. Stephen Dale, Secretary. The Society continues to hold its two-year training program. In May, 1982, a combined seminar was held with the Singapore Society of Clinical Hypnosis and delegates met from Australia, Indonesia, and Singapore. The Proceedings have been edited by Mr. George Burns and Dr. Ken Woo and the resulting book is entitled, "Hypnosis in Australia, Singapore and Indonesia."

CANADA

The Ontario Society of Clinical Hypnosis (OSCH) reports that registrations are already coming in for the 10th International Congress of Hypnosis and Psychosomatic Medicine to be held in Toronto, August 10-16, 1985. This is being hosted by OSCH and co-sponsored by the University of Toronto's Faculties of Medicine and Dentistry and the University of Waterloo's and Université de Montréal's Departments of Psychology.

The first three days of the Congress will be allotted to the Workshops and the final three days to the Scientific Program. Delegates may register for both Scientific Program and Workshops together, or separately.

The City of Toronto has many attractions for sightseeing, which include the CN Tower, the glittering Ontario Place, the Science Centre, the Royal Museum, the Art Gallery, the City Hall, and Metro Zoo. Outside of the city is Ottawa and at the northeast corner of the Niagara Peninsula are the Niagara Falls.

Early registration for the Congress is at a 33% discount and would be especially appreciated by the 10th Congress Organizing Committee and ISH, since this provides seed money to properly promote the Congress worldwide. A registration form is enclosed with this Newsletter. Please register now!

Full details of the Congress may be obtained by writing to:

10th Congress Secretariat
200 St. Clair Avenue West, Suite 402
Toronto, Ontario M4V 1R1
Canada

CZECHOSLOVAKIA

Some details of the spread of hypnosis in this country were obtained from Stanislav Kratochvíl, PhD, at the 9th Congress. Dr. Kratochvíl is an Assistant Professor in the Psychology Department of the University of Brno, and Secretary of the Section of Hypnosis of the Czech Psychiatric Society. The Section was started by Milan Bouchal, MD, in 1971, and interest in hypnosis is growing among physicians, psychiatrists, clinical psychologists and academic dentists. Interest has focused mainly on autogenic training and group dynamic psychotherapy. Meetings are held four times a year at centers such as Prague and Kroměříž.

ENGLAND

The Hypnosis Section of the Royal Society of Medicine gave a One-Day Symposium on September 1 which was very well attended. There were several prominent speakers, including Professors Ernest R. Hilgard, Martin T. Orne, Fred H. Frankel and Basil Finer, Drs. K. Fuchs, P. Oystiragh, D. Collison, J. Jackson, P. Mellett, and R. P. Snaith. The current season of the Section followed with a talk by Professor Barry Wyke on the neurophysiology of hypnosis, and a talk by Dr. Pedersen on hypnosis and the right hemisphere; Professor Wolfgang Luthe spoke on autogenic training and altered consciousness in December, 1982. The Section President is Dr. Peter Mellett, who is giving his Presidential Address in May, 1983, on "Altered consciousness or situation comedy."

The British Society of Medical and Dental Hypnosis (BSMDH) has finalized plans for certificates of accreditation, and applications are steadily increasing. The Society's Constitution has undergone much needed revision.

England (cont.)

The BBC has shown a series of television programs on hypnosis--the producer is Michael Barnes who has included in the series several well-known ISH members, including Professors Hilgard, Frankel, and Orne, as well as George Fairfull Smith and Don Ebrahim. BSMDH Secretary, Mrs. Margaret Samuels, has been bombarded with inquiries from those viewing the programs.

The series included a program highlighting the current police interest in Britain in using hypnosis for forensic investigation. Professor Orne gave a seminar at the Home Office in London in September, 1981, which evaluated the subject scientifically, and proposed safeguards for investigative use.

Mr. Barnes has stated in the journal, General Practitioner, that hypnotized witnesses are already appearing in courts in Britain, and he also claims that doctors performing hypnosis for the police think the testimony will not be used in court, and that there are safeguards to protect witnesses, but the evidence against it is strong. It seems that no British court has ruled such witnesses inadmissible, but whether any have accepted them appears to be unknown.

The Metropolitan Branch of the BSMDH began its first winter meeting in October with a seminar on "Transference--Three points of view," followed by a talk by Geoffrey Graham, BDS, in November on the "Imprinting of behavior patterns at birth."

The Thames Valley and Cambridge Sections of the Branch continue to be active. The Secretary for Cambridge is Dr. Rosemary Summers of 9 Adams Road, Cambridge.

Outside of the London area, the Northern Counties Branch gave an advanced course in hypnosis at the Royal Victoria Infirmary, Newcastle-upon-Tyne, on the treatment of affective and psychosomatic disorders; speakers were Don Ebrahim and Geoff Graham.

The British Society of Experimental and Clinical Hypnosis (BSECH) continues to produce a useful newsletter with the effort of Michael Heap. There is also an up-to-date Members' Directory and an amenities section. A one-day conference on modern hypnosis was held on September 3 at University College, London; speakers were Drs. Hilgard, Orne, Perry, Crawford, Fellows, Wagstaff, Dinges, and Eysenck. The Metropolitan Branch meets at University College for monthly seminars. A workshop was held in November, 1982 at Warley Hospital, which was a success.

The Bulletin of the BSECH is published annually during April and is currently in its sixth year of publication. The Editors extend an invitation to all hypnosis researchers and clinicians world-wide to submit contributions for publication. The usual conditions for journal papers apply, though contributions should not exceed 4,000 words. The aim of the Bulletin is to promote interest, thought and research into the nature and use of hypnosis. The emphasis is more upon providing a forum for the discussion of ideas, theories, therapeutic methods, social policies, etc., than upon the publication of formal research papers, though the latter are not discouraged. The Bulletin contains a mixture of experimental, theoretical and clinical papers, some of which provide the focus for an open-peer commentary from other discussants. Book reviews also appear, including, where relevant, author reply.

Contributions and inquiries should be addressed to:

Dr. Brian J. Fellows, Editor
Department of Psychology
Portsmouth Polytechnic
King Charles Street
Portsmouth PO1 2ER
England

BULLETIN OF THE BSECH

You are invited to subscribe to the annual Bulletin of the British Society of Experimental and Clinical Hypnosis. High international standard, containing original reports of experimental studies, clinical cases, reviews, correspondence, etc. Vol. 6 (1983) now available for £5.00 (airmail) or £4.50 (surface mail) from:

Mrs. Valerie Heap
42 Mandeville Road
Canterbury, Kent CT2 7HD
England

Payment in sterling please. Back numbers are also available.

INDIA

The Indian Society for Clinical and Experimental Hypnosis (ISCEH) was scheduled to have its fifth hypnosis training course in Ahmedabad on December 13-20, 1982. Dr. H. Jana represented India at the 9th International Congress in Glasgow in August, 1982.

Professor S. Ramaswamy, of St. John's Medical College, Bangalore, talked on hypnotherapy at the Indian Institute of World Culture in Bangalore in September; he also lectured on hypnosis to the Anatomists Association of Madras, arousing interest in the medical use of hypnosis.

Dr. J. B. Athavale has been conducting short courses in medical hypnosis in Bombay, while in Madras, Dr. P. Fernandez presented a paper on hypnotherapy in obsessive-compulsive neurosis at the 34th Annual Conference of the Indian Psychiatric Society in late 1982.

IRELAND

The Irish Society of Clinical and Experimental Hypnosis (IR-SCEH) is growing larger and is now holding both basic and intermediate courses in October and February each year in Dublin, as well as seminars in Dublin, Cork, and Galway. Guest speakers for the current courses include Drs. G. Briggs and J. Smart and dental surgeon D. Hobbs. About 15 Society members attended the 9th Congress in Glasgow, including the President, Dr. Patrick Browne, and Secretary, Mr. Patrick Gamble.

ISRAEL

As announced in the November, 1982, ISH Newsletter, the 1983 International Congress of the Israel Society of Hypnosis in Psychotherapy and Psychosomatic Medicine is being held in Haifa, August 28-September 2, 1983. Enquiries should be sent to:

The Secretariat
P. O. Box 3054
Tel Aviv 61030
Israel

Israel was selected by the ISH Board of Directors as the site of the 11th International Congress of Hypnosis and Psychosomatic Medicine in 1988.

ITALY

The 3rd European Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine is being held in Padova, May 23-May 27, 1984. Enquiries may be sent to:

The Organizing Secretary
3rd European Congress
c/o Centro Studi di Ipnosi "H. Bernheim"
Via Valverde 65
Verona 37100
Italy

POLAND

Dr. Jerzy Aleksandrowicz sends information from Poland through the courtesy of Dr. P. O. Wikström of Sweden. Dr. Aleksandrowicz discusses with regret the activity of lay hypnotists in Poland. In May, 1982, Dr. Aleksandrowicz organized a 5-day basic course in hypnotherapy with the guidelines set by the ISH for 14 psychiatrists, psychologists, and medical and dental students. Students are eligible after a basic course to enlist in a Balint group sponsored by a working group in hypnosis of the Psychotherapy Section of the Polish Psychiatric Association. The above course was arranged in Cracow, and was followed in June, 1982, by weekly meetings for medical students interested in hypnosis. In Warsaw, two-year basic programs in hypnosis have been conducted since 1976, sponsored by the Polish Center of Postgraduate Medical Studies and arranged by the Psychotherapy Section of the Polish Psychiatric Association, under the direction of Professor S. Leder of the Psychoneurological Institute of Warsaw.

SCOTLAND

During August, 1982, the Scottish Branch of the British Society of Medical and Dental Hypnosis (SB-BSMDH) hosted the 9th International Congress of Hypnosis and Psychosomatic Medicine, widely acknowledged as the largest and most successful so far. The hospitality was genuine and sincere, due to the efforts of the Organizing Committee led by Chairman Duncan Cameron. A Report by the Newsletter Editor and the Executive Council minutes by the ISH Treasurer appear elsewhere in this Newsletter. The Newsletter Editor would like to thank on behalf of ISH all those colleagues who worked to organize the Congress and the many supportive individuals working in the background--the BSMDH members and their wives, both from Scotland and England; Mrs. Frances Bernstein, 9th Congress Secretary; Mrs. Margaret Samuels, BSMDH Secretary; the ISH Central Office Staff; and all the other secretaries, university students, and Glasgow City Officials involved. Especial appreciation goes to Workshops Chairperson George Fairfull Smith and Scientific Program Chairperson David Waxman, as both organized truly outstanding events.

The President of SB-BSMDH is currently the tall, amiable, Dr. Gordon Ker. In the latest Newsletter, he notes that the membership list has increased by 30% and now has an overseas section. Dr. Peter G. Weston is now Vice-Chairman. The SB-BSMDH proposes to hold three basic courses--one each in Glasgow, Edinburgh, and Aberdeen--as well as an intermediate course in Glasgow.

The 1982 David K. Fisher Oration was given by the Immediate Past-President, Mr. George Reid, and the title was "A hypnotic journey." In his talk, Mr. Reid describes the road he took from early cynicism and doubts about hypnosis to his present convictions regarding the value of hypnotherapy. The first SB-BSMDH meeting in 1983 is scheduled for a talk on sleep and hypnosis by Professor Ian Oswald of Edinburgh.

SOUTH AFRICA

Several members of the South African Society of Clinical Hypnosis (SASCH) were in Glasgow in August for the 9th Congress. Dr. David Waxman visited South Africa early in 1982 and gave a one-day workshop which was well attended, also a press interview, and a 15-minute broadcast through the courtesy of the South African Broadcasting Corporation.

SWEDEN

Dr. Harold B. Crasilneck gave a one-day symposium on strategies on pain problems in Stockholm in August, 1982, which was attended by 50 participants. Over 60 Swedes took part in the 9th Congress in Glasgow, many taking their own cars by ferry direct to Scotland.

TURKEY

Several Turkish hypnotists arrived in Glasgow to take part in the 9th Congress, led by the President of the Turkish Society, Dr. Ali Esref Muezzinoğlu, whose address is: Ergenekon cad. No. 80/82, Pangalti, Istanbul. Hypnosis was first publicized in Turkey through a translation of Janet's book by Cemil Sema Ongun in 1935. In 1946, Dr. B. Ruhselman published some articles on hypnosis, and in 1951, a lay hypnotist gave a demonstration of hypnotic anesthesia at the School of Dentistry in Istanbul. Interest in hypnosis grew from then on. One of the more prominent hypnotists was Dr. Hüsnü İsmet Öztürk, who founded the Conscious Hypnosis Center in Istanbul. Conscious hypnosis is defined by Dr. Öztürk as a state throughout which the brain is active without any feeling of sleepiness, and is at the same time capable of receiving the desired suggestion; this is presumably an alert hypnosis or hyperempiria.

UNITED STATES

The 35th Annual Workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis will be held at the Hyatt Regency Cambridge in Boston, Massachusetts from Tuesday, October 11, through Sunday, October 16, 1983. The meeting will be sponsored by Beth Israel Hospital Department of Psychiatry affiliated with Harvard Medical School, Northeastern University, Tufts University School of Dental Medicine, and Cambridge Hospital Department of Psychiatry affiliated with Harvard Medical School.

For further information, please write to:

Mrs. Marion Kenn, Administrative Director
The Society for Clinical and Experimental Hypnosis
129-A Kings Park Drive
Liverpool, NY 13088

The 26th Annual Scientific Meeting and Workshops of the American Society of Clinical Hypnosis will be held at the Sheraton-Dallas Hotel, Dallas, Texas, from Monday, November 14, through Saturday, November 19, 1983.

For further information, please write to:

Mr. William Hoffman, Jr., Executive Director
American Society of Clinical Hypnosis
Suite 336, 2250 East Devon Avenue
Des Plaines, IL 60018

Members in the News

- Erika Fromm, PhD, of the University of Chicago was invited by the Nederlandse Vereniging voor Hypnotherapie to lecture in Holland in September, 1982, and gave two workshops.
- H. B. Gibson, PhD, Chairman of the BSECH, has a new publication, Pain and its conquest, reviewing the history of pain and its treatment (if any); a long chapter is devoted to hypnosis. The book is published by Peter Owen, Ltd., London.
- Melvin A. Gravitz, PhD, has been appointed Editor of the American Journal of Clinical Hypnosis. All communications, including manuscripts, should be addressed to him at the new editorial offices: AJCH, Ste. 105, 1325 18th St., NW, Washington, DC 20036, USA.
- Meir Gross, MD, of the Cleveland Clinic Foundation, has presented a book on Anorexia nervosa: A comprehensive approach, published by Collamore Press; a chapter is devoted to the use of hypnosis.
- Dalva E. Hedlund, PhD, of Cornell University, spent the 1981-1982 academic year as a Fulbright lecturer in psychology at the University of Zambia. While in Zambia, Dr. Hedlund addressed the students at the medical school on medical applications of hypnosis.
- Karen Olness, MD, of the University of Minnesota Children's Health Center, traveled to Norway for lecturing after the 9th Congress in Glasgow.
- Irwin Rothman, VMD, DO, MD, received from the American Public Health Association their Certificate of Leadership in Public Health. Dr. Rothman is one of the few persons in the health fields to receive licensure in human medicine and surgery, and also veterinary medicine, surgery and dentistry. Dr. Rothman is currently President of the Philadelphia Society of Clinical Hypnosis, a component section of the American Society of Clinical Hypnosis.
- H. E. Stanton, PhD, of the University of Tasmania, has a best-selling non-fiction paperback entitled, The healing factor: A guide to positive health. This topped the non-fiction best seller list for four weeks. An earlier book of his, The plus factor: A guide to positive living, held down the number two position on the list for the same period. Both books cover the use of hypnosis for self-help and are designed for the general public.
- Daniel L. Stewart, LMSSA, will make two presentations at the First International Congress on Pre- and Peri-natal Psychology in July, 1983 in Toronto.

Clippings on Media Perception of Hypnosis Needed

The Society for Clinical and Experimental Hypnosis (SCEH) Committee of Law and Public Relations would like to obtain some documentation both of media coverage of hypnosis, and of lay practices. The ultimate aim is to produce, and distribute a brochure, under the auspices of SCEH and ISH, explaining to the general public both what can and cannot be expected from a hypnotic intervention, and how competent hypnotherapeutic services can be obtained. At the same time, the Committee would like to survey the media's perception of hypnosis. For this reason, the Committee asks to receive any press clippings of hypnosis advertisements, press reports of lay hypnotists' claims, confidential reports of mismanaged cases, and listings in media of self-styled "hypnotherapists." Colleagues with tapes of radio and television programs can also assist. Materials can be in any language.

Please send all media reports to the Committee Chairman:

Professor Campbell Perry
Department of Psychology
Concordia University
1455 de Maisonneuve Blvd. West
Montreal, PQ H3G 1M8
Canada



Dr. Gordon Ker (L) and Dr. George Fairfull Smith (R) during the workshop sessions in the Boyd Orr Building.

HIGHLIGHTS FROM THE 9TH INTERNATIONAL CONGRESS OF HYPNOSIS AND PSYCHOSOMATIC MEDICINE

The 9th International Congress of Hypnosis and Psychosomatic Medicine at the University of Glasgow, Scotland, August 22-27, 1982, was a memorable event, being the largest of its kind to come to Britain. There were over 600 delegates registered and hundreds of friends. Duncan Cameron, Chairman of the Organizing Committee, sent his own special message which opened with the words, "The warmest welcome to you all -- to Glasgow and to Scotland." This is just what the delegates from 34 countries received and felt throughout the week.

Apart from special Plenary addresses, the Scientific Programme and Workshops were held in the Boyd Orr Building. The Congress began on Sunday, August 22, with a service in Wellington Church, at which Klaus Thomas, DD, PhD, MD, preached a sermon. The Workshops, organized by George Fairfull Smith, MBE, MC, LDS, commenced promptly at 2 p.m. There were 550 registrants for the Congress Workshops, 100 in



9th International Congress of Hypnosis and Psychosomatic Medicine Chairman Professor MICHAEL R. BOND of the University of Glasgow. Portrait drawn by the official 9th Congress artist, IDA LIBBY DENGROVE, two time Emmy award winner and wife of ISH member, DR. EDWARD DENGROVE.

Congress Highlights (cont.)

the ISH Workshop Faculty, and 450 student registrants. Eighteen varied and stimulating Workshops were taught during the six afternoons, Sunday through Friday, 2-6 p.m.

The largest Workshop was the Workshop on Hypnosis for the Control of Pain of Dr. Harold Crasilneck, which attracted 64 registrants, the next two largest being the Advanced Psychotherapy and Advanced Medical with 58 and 56 registrants each. The Advanced Dental was not far behind with 50.

An exciting feature of the Congress was a daily "Bulletin" with a different colored flyer for each day. This was essentially a miniature Newsletter, with reminders of events taking place and notes and pictures of prominent personalities of the Congress Organizing Committee.

On Sunday evening, the University of Glasgow was host to a reception of delegates and their affiliates.

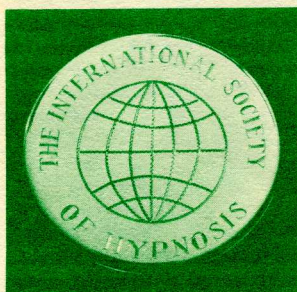
The Scientific Programme commenced on Monday, August 23, in Bute Hall. The Opening Ceremony started with an introduction by George W. Fairfull Smith, followed by a formal declaration of the opening by David Waxman, Chairperson of the Congress Academic Committee and Scientific Programme. This was followed by an Inaugural Address from Professor Michael R. Bond, from the University of Glasgow, the Congress Chairman. Professor Bond spoke on "Scottish Contributions to the Development of Hypnosis and Psychosomatic Medicine."

The remainder of the Monday morning was devoted to Invited Addresses delivered by ISH Presidents: Professors E. R. Hilgard, Fred H. Frankel, and Martin T. Orne.

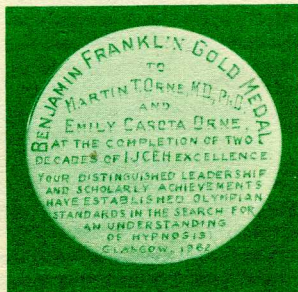
A memorable Monday closed with a social special -- a reception in Glasgow City Chambers given by the Lord Provost, Dr. Michael Kelly. The delegates and guests were entertained in the great Banqueting Hall and Satinwood Salon.

Tuesday was a day for papers all morning in four streams in the Boyd Orr Building. Lectures ranged from the dangers involved in imaginative occult games played by Japanese children to the treatment of sexual dysfunction. Disorders of self-control attracted a large number of delegates as did Ray W. London, PhD, from California discussing the treatment of agoraphobia. Prem Misra, MBBS, DPM, gave a talk on his pioneering work in Glasgow in psychosexual hypnotherapy. His clinic is the first in the British National Health Service to use hypnosis.

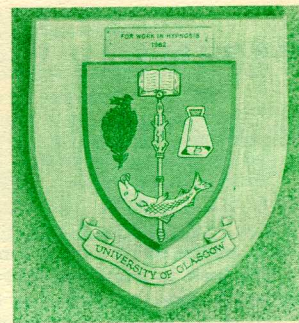
The Presidential Address was one of the highlights of the week, given by our President, Fred H. Frankel, on Tuesday evening in the magnificent setting of the Kelvingrove Art Gallery and Museum, surrounded by priceless world-famous art treasures. The Address was entitled, "Hypnosis: Both Poetry and Science," an abridged version of which was published in the December 18, 1982 issue of *Lancet*. A feature of the evening was a presentation by Professor Frankel of the Benjamin Franklin Gold Medal jointly to Martin and Emily Orne. The medal had on its front the inscription, "The International Society of Hypnosis" and the ISH seal, and on the reverse side, "Benjamin Franklin Gold Medal to Martin T. Orne, M.D., Ph.D., and to Emily Carota Orne, at the completion of two decades of IJCEH excellence. Your distinguished leadership and scholarly achievements have established Olympian standards in the search for an understanding of hypnosis. Glasgow, 1982." The finale of this memorable evening was a presentation by Professor Bond to the ISH President of a Scottish silver quaiche.



The Benjamin Franklin Gold Medal presented to Martin T. Orne and Emily Carota Orne on Tuesday, August 24, 1982, at the Kelvingrove Art Gallery and Museum, University of Glasgow.



The President of ISH, Professor Fred Frankel, presents a plaque to Mr. Harry Radin at the Banquet on Thursday evening. The ISH Administrative Coordinator, Mrs. Auxier, is at the right.



Lectures on Wednesday, August 25, were on the treatment of anxiety, dissociative phenomena, neurophysiological correlates of hypnosis, treatment of psychosomatic disorders, and self-hypnosis and an invited address by André Weitzenhoffer, PhD, "In Search of Hypnosis." Experts from Sweden and America dealt with self-instruction programmes for self-hypnosis. Cancer treatment was featured in the section on treatment of psychosomatic disorders when Dr. Guy Pettitt lectured on the psychosocial stressors preceding cancer diagnosis. Drs. Zeltzer, LeBaron, and Zeltzer from Texas gave an account of the treatment of distress in child cancer patients.

The Film Programme on Wednesday evening was well attended even though it was competing with a special excursion to the Edinburgh Military Tattoo. The success of the Programme was due to the efforts of John Davies and Peter Waldie.

Thursday lectures included a major session on "Hypnosis in Dentistry," mostly devoted to the treatment of the phobic dental patient. A clinical case history section featured a talk by the Italians, Drs. Forghieri and Guantieri on "Hypnotic Treatment of Sleep Disorders" and Drs. Bottoli and Guantieri on a "Case of Urinary Retention Treated by Hypnosis." Dr. H. Jana from India discussed hypnosis in spasmodic torticollis. In another section -- on the Use of Hypnosis in Children and Adolescents -- a talk by Dr. P. N. K. Heylings discussed the prophylactic use of hypnosis with the crying baby syndrome.

Thursday's social highlight was the Congress Banquet, held at the Holiday Inn. Guests of honor were the Rt. Hon. Lord Provost, Michael Kelly, J. P., Mrs. Kelly, Professor W. Mulligan, Vice Principal of the University of Glasgow and Mrs. Mulligan. It was particularly pleasing to see in attendance Dr. David K. Fisher, who fought at Gallipoli in World War I, and dental surgeons, Eric Wookey, MC and Harry Radin. Mr. Wookey and Mr. Radin were the original founders of the present BSMDH in London (although the society name was different), and Dr. Fisher was one of the founding members of the SB-BSMDH in 1959. All three were presented with special plaques honoring their pioneering contributions to the advancement of hypnosis.

On Friday morning, the Plenary Session was a discussion on "Hypnosis and the Law" chaired by Professors Frankel and Lavoie. Another highlight of Friday included a major session on "Hypnosis with Victims or Witnesses," chaired by Drs. Michael Gibson and Ray London. The President-Elect of ISH, Professor Germain F. Lavoie, gave a special address in Bute Hall, chaired by the Founding President, Professor Hilgard. The Congress ended with a closing address by Professor Michael R. Bond.

The Congress will live on in the thoughts of those fortunate enough to attend. Our warmest congratulations to our Congress hosts!

ISH GENERAL MEETING August 27, 1982, 1-2:30 p.m. Glasgow, Scotland

The Secretary-Treasurer, Dr. Peter Bloom, gave a review of the events concerning the Society since the last General Meeting in 1979. The membership total is now 2263, representing 44 countries throughout the world. A new Directory was available at the Congress and was sent out to all members at the beginning of 1983.

ISH General Meeting (cont.)

Financially, the Society has been operating with a deficit for its first nine years, and it was voted that dues will be increased as of 1984 from \$44 to \$50 US for individual members.

It was also announced that as a result of the full membership ballot held by mail, the elected principal officers of ISH from January 1, 1983 to December 31, 1985 are as follows:

- President:** Germain F. Lavoie, PhD, Hôpital Louis-H. Lafontaine and Université de Montréal, Montréal, Québec, Canada
- President-Elect:** David R. Collison, MBBS, FRACP, Royal Prince Alfred Hospital, New South Wales, Australia
- Secretary-Treasurer:** Peter B. Bloom, MD, The Institute of Pennsylvania Hospital and University of Pennsylvania, Philadelphia, Pennsylvania, U.S.A.
- Past President:** Fred H. Frankel, MBChB, DPM, Beth Israel Hospital and Harvard Medical School, Boston, Massachusetts, U.S.A.
- Founding President:** Ernest R. Hilgard, PhD, Stanford University, Stanford, California, U.S.A.

(The full list of Board of Directors and Council of Representatives appears elsewhere in this Newsletter.)

The new Newsletter Editor as of 1983 is Professor Campbell Perry, PhD, Concordia University, Montréal, Québec, Canada. A round of applause was given for the contribution to the Society of M. Anthony Basker, MRCS, LRCP, for his founding of the Newsletter and for his five years of service as Newsletter Editor, October, 1978 - April, 1983.

Combined Executive Council Meeting

Wednesday, August 25, 1982, 7:30 p.m.

Board of Directors and Council of Representatives

Chairman: Fred H. Frankel, MBChB, DPM, President, ISH

1. Attendance (Elected officers of ISH -- 1980-1982 and 1983-1985; Elected Board of Directors (1980-1982), Council of Representatives (1982-1984), or their proxies; Past-Presidents; Non-Voting Delegates from Countries without Constituent Societies; and Non-Voting ISH Central Office Representative): Drs. D. Akstein (Brazil), G. Ambrose (England), M. A. Basker (England), F. Baumann (United States), P. B. Bloom (United States), M. R. Bond (Scotland), P. Bourgeois (Switzerland), P. J. Browne (Ireland), G. Burrows (Australia), D. C. Cameron (Scotland), D. R. Collison (Australia), H. B. Crasilneck (United States), F. J. Evans (United States), B. J. Fellows (England), B. Finer (Sweden), F. H. Frankel (United States), K. Fuchs (Israel), P. B. Gamble (Ireland), M. Gibson (Scotland), G. Guantieri (Italy), E. R. Hilgard (United States), J. G. Høyersten (Norway), H. Jana (India), H. G. Jones (Wales), G. J. Ker (Scotland), M. Kleinhauz (Israel), S. Kratchovil (Czechoslovakia), G. F. Lavoie (Canada), J. Leeb (South Africa), G. Matheson (Canada), I. Meszaros (Hungary), G. Nielsen (Norway), M. T. Orne (United States), M. Pajntar (Yugoslavia), S. Robertson (Scotland), P. Roncaroli (Italy), J. Siuta (Poland), G. W. Fairfull Smith (Scotland), K. F. Thompson (United States), L.-E. Unestahl (Sweden), R. Van Dyck (Netherlands), J. M. Weinberg (Canada), P. O. Wikström (Sweden), and E. Carota Orne (Representative from ISH Central Office).

The triennial Board of Directors meeting was called to order at 8:36 p.m. by Chairman Fred H. Frankel; this meeting is primarily for the discussion and voting of the Board of Directors and Officers, the Council of Representatives remains and is invited to join in the dialogue to help reach informed decisions.



Incoming President of ISH, Professor Germain F. Lavoie, Hôpital Louis H. Lafontaine and Université de Montréal, Montréal, Québec, Canada, in discussion at the 9th Congress Banquet, August 26, 1982.

2. Minutes of the 8th International Congress of Hypnosis, Melbourne, Australia, August 19-24, 1979.
Approved as read by Secretary-Treasurer, Peter B. Bloom, MD

3. Secretary-Treasurer's Report.

- Read by Secretary-Treasurer, Peter B. Bloom, MD
- Dues for 1984 (to be billed in Spring, 1983) \$50 US for international individual members includes IJCEH subscription; \$25 US for group members (from National Constituent Societies with more than 800 ISH members) with no IJCEH subscription.
- Since 1979, previous dues increases have reduced the ISH operating deficit by one-half. This current increase, and expected profits from the 9th and future Congresses should continue to move ISH toward solvency in this decade.

4. Report of Interim Actions by Officers, Board of Directors, and Council of Representatives.

Accepted as presented, after Item E was modified to read, "Mail ballot approving sponsorship by ISH of the 1983 International Congress of the Israel Society of Hypnosis in Psychotherapy and Psychosomatic Medicine in collaboration with the European Society for Hypnosis and Psychosomatic Medicine to be held in Haifa, August 28-September 2, 1983, sponsored by the Israel Institute of Technology in Haifa."

5. Report of the 9th International Congress.

Professor Michael R. Bond reported on a most successful Congress. The initial goal of 500 participants was far exceeded and the chance for a profit was deemed excellent (any profit will be shared equally by the ISH and the Scottish Branch of the British Society of Medical and Dental Hypnosis as arranged in 1979). A final report following conclusion of the Congress will be forthcoming. A motion of special thanks to all involved was carried with applause.

6. Discussion of Special Reports.

- Policies concerning the structure of future triennial Congresses were discussed. The workshop format and scientific session format will consist of three full days of workshops and three full days of scientific sessions at the 10th Congress in Toronto. A motion was defeated to establish this format permanently, thus continuing to allow each Congress sponsor in collaboration with the ISH to plan its own conference format.
- The request for increase of 1984 ISH membership dues as noted in the Secretary-Treasurer's report (above) was approved.

7. Report on Plans for the 10th International Congress.

Dr. George Matheson, Chairman of the 10th International Congress, August 10-16, 1985, in Toronto, Ontario, Canada, announced with pleasure that the Harbour Castle Hilton has been selected as the conference facility. Plans are well underway for an exciting and successful Congress.



Past-Presidents of ISH at the Presidential Address on Tuesday, August 24; from left to right, Professors Frankel, Orne, and Hilgard.

8. Proposed Meeting Place for the 11th International Congress.

Dr. M. Kleinhaus, on behalf of the Israel Society for Clinical and Experimental Hypnosis, invited ISH to hold its 11th International Congress in Tel Aviv, in the fourth week of August, 1988. The meeting would be co-sponsored by Tel Aviv University, the Ministry of Health, the Israel Medical Association, and the municipality of Tel Aviv and would be held at the Tel Aviv Hilton. A motion to accept the invitation was unanimously approved with enthusiasm. Further collaboration as to exact dates and financial planning to insure a budgeted profit to be split between ISH and the local organizing National Constituent Society will be forthcoming. It was also suggested that, as in Glasgow, Event Cancellation insurance to cover the costs incurred by the Congress in the event of unforeseen disaster be contracted for as soon as possible.

9. It was noted and approved to list the Officers of the Council of Representatives in the next ISH Membership Directory.

10. The Chairman of the Board of Directors and the Chairman of the Council of Representatives made the decision to open the meeting to joint voting of both the Board of Directors and Council of Representatives on the following New Business issues which concern both groups.

11. New Business.

- (a) Application of the Scottish Society for the Practice of Hypnosis in Speech Therapy for admission as an ISH Constituent Society was referred to the Scottish Branch of the British Society of Medical and Dental Hypnosis and the Scottish Branch of the British Society of Experimental and Clinical Hypnosis for joint discussion and recommendation.
- (b) Proposal by Dr. Herbert Spiegel to reopen discussion of the ISH Code of Ethics and Resolution regarding whether ISH members may teach hypnotic techniques to lay persons, especially law enforcement personnel, without an M.D., Ph.D., or D.D.S. (or equivalent) degree, was presented and fully discussed. It was noted that more than half the entire individual ISH members voted on this issue in 1979 and 94% of those who voted overwhelmingly supported the adoption of the ISH Code of Ethics and Resolution. It was moved and carried unanimously not to reopen the discussion.
- (c) Request by Dr. Thomas K. Stern for a formal position for ISH on the People v. Shirley decision in California, U.S.A., was referred back to the two U.S. National Constituent Societies to respond.
- (d) Application of the proposed European Section of the International Society of Hypnosis for admission as an ISH Constituent Society was discussed at length. It was decided that the now current European National Constituent Societies correspond to further discuss this proposed collaboration of the National Societies. The ISH

strongly favors any useful collaboration of any of its individual National Constituent Societies and would fully support such a collaboration providing the ISH constitution is duly followed and the name and operation of such a collaborative organization enhances both the ISH and the collaborating National Societies. It was agreed that the European National Constituent Societies would report back to the Board of Directors and, if necessary, a mailing to the membership at large of any forthcoming proposals could be expedited for voting purposes.

12. The Board of Directors adjourned preliminarily at 11:45 p.m.

13. Meeting of the Council of Representatives - 11:48 p.m.

Chairman: David R. Collison, MBBS, FRACP

(a) Election Results (1983-1985):

Chairman: Graham Burrows, MD, DPM, FRANZCP

Vice-Chairman: Frederick J. Evans, PhD

Secretary: George Matheson, PhD

Board of Directors:

Graham Burrows, MD, DPM, FRANZCP (Australia)

Duncan Cameron, LDS (Scotland)

Frederick J. Evans, PhD (United States)

Basil Finer, MD, FFARCS (Sweden)

George Matheson, PhD (Canada)

Per-Olof Wikström, DDS (Sweden)

(b) Ernest R. Hilgard, PhD, ISH Founding President, continues to serve on the Board of Directors.

(c) The Council of Representatives approved the choice of Israel as the site of the 11th International Congress.

(d) Meeting of Council of Representatives adjourned at 12:17 a.m.

14. Board of Directors reopened at 12:18 a.m.

(a) Dr. Wikström informed the Board of Directors of the current status of Dr. Vladimir Gheorghiu of Romania and thirty of his professional colleagues. The Executive Council received this news with concern and dismay for the circumstances in which Dr. Gheorghiu finds himself and noted it will take any appropriate action that the Board of Directors may feel necessary.

(b) Dr. Martin T. Orne, currently Immediate Past President, was unanimously voted to be a member of the Board of Directors as of 1983 with appreciation for his continuing services to the ISH.

(c) Adjourned at 12:30 a.m.

Respectfully submitted,

Peter B. Bloom

Peter B. Bloom, M.D.
ISH Secretary-Treasurer



Secretary-Treasurer, ISH, Peter B. Bloom, MD, and President-Elect, ISH, David R. Collison, MBBS, FRACP.