

# INTERNATIONAL SOCIETY OF HYPNOSIS



VOLUME 3 NUMBER 1

APRIL 1980

## ACHIEVEMENT AND CHALLENGE

As I assume the Presidency of ISH I feel honored indeed, and grateful for the confidence you have placed in me.

The Society can look back on its record to date with pride, and on its most recent International Congress of Hypnosis and Psychosomatic Medicine in Melbourne as deserving of the highest praise. The meeting was outstanding from both the scientific and social aspects, and we owe a debt of gratitude for a splendid event to Drs. Graham Burrows and Lorraine Dennerstein, Chairman and Secretary of the Congress, and their very able committee.

Although we look now excitedly to the preparations for our 9th International Congress to be held in Glasgow, August 23-28, 1982, we recognize that ISH faces a special challenge in the intervening years -- one that will probably widen as we proceed into the eighties. Hypnosis has more recently, particularly in North America, become the focus of increasing attention from individuals who have little or no training in the clinical professions. They practice their own unlicensed form of medicine or psychotherapy heavily dependent on the use of hypnotic techniques, or they engage in the use of hypnosis to obtain information for the courts from victims and witnesses. This is in direct conflict with the principle of ISH which considers it essential that anyone intending to use hypnosis in a clinical manner be first adequately trained in his or her own clinical discipline.

Because of the erroneous impressions created by the lay practices, it is important for ISH to reaffirm what it has learned from experience, namely, that knowledge of hypnotic techniques does not bring with it clinical competence, that hypnosis is best viewed as an adjunct to treatment and not a treatment per se, and that hypnosis and the hypnotic situation deserve the most studious investigation.

To enable the legitimate use and serious study of clinical hypnosis to survive our own era, we will probably do best to marshall our facts carefully, and describe our successes in measured phrases. This might be one way of meeting the challenge.

I look forward to serving the Society, and welcome your comments and suggestions.

M. Anthony Basker

Fred H. Frankel  
President

### From the Newsletter Editor:

Psychoanalysis has been fiercely criticized over the years as being unscientific, with the status of a myth. Karl Popper proposed that theories be relegated to a third world together with arguments, ideas, and problems. This world is objective and is autonomous, but distinct from the second world of mental states and the first world of physical objects. Likewise all "whole person" medicine has been attacked and derided as pseudoscientific, without scientific hypothesis, "untestable", and not obeying the rules of true empiricism.

Psychologists and indeed hypnotists realize the narrow restrictive quality ascribed by philosophers to "science," and the adoption of qualifications -- e.g. "pre-science," "young science" (Hilgard, 1970); or "normal" and "revolutionary" science (Kuhn, 1971) -- draws attention to our relationships with the biological sciences.

At the present time we are restricted to describing human behavior with the mythical terminology of psychoanalysis of the third world. We are well aware that we lack good scientific theory for human behavior, using the vaguest terms such as inter-relationships, dynamism, and interactions. We are also well aware we react with each other in higher level systems. Popper (1963) himself stated that "I personally do not doubt that much of what he [Freud] says is of considerable importance, and may well play its part one day in a psychological science which is testable." Is it for hypnosis to make coherent what modern technological medicine has excluded and lay a basis for a psychoanalytical science? Whatever the future, the social and psychological relationships of illness must never ever be relegated to a secondary discipline.



## INTERNATIONAL SOCIETY OF HYPNOSIS

111 North 49th Street  
Philadelphia, Pennsylvania 19139

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### MEMBERSHIP IN THE INTERNATIONAL SOCIETY OF HYPNOSIS

Membership in the International Society of Hypnosis is limited to psychologists, physicians, and dentists. Specific information on membership application procedures may be obtained by writing to:

*International Society of Hypnosis  
Attn: Ms. Barbara Brandt, Administrative Coordinator  
111 North 49th Street  
Philadelphia, Pennsylvania 19139, USA*

### ISH NEWSLETTER

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M. Anthony Basker, M.R.C.S., L.R.C.P.  
*ISH Newsletter Editor  
95, The Ridgeway  
Westcliff-on-Sea, Essex SS0 8PX  
ENGLAND*

## ARGENTINA

We have heard from Dr. Jose Daniel Mabromata of the formation of the International Association of Scientific Investigation of Hypnosis for doctors, dentists, and psychologists -- the aim of which is to bring about specialists in the various aspects of hypnosis and for collaboration in research. The Secretary is Dr. Ernesto del Valle, Carlos Pellegrini 445-1009, Buenos Aires, Argentina.

## AUSTRALIA

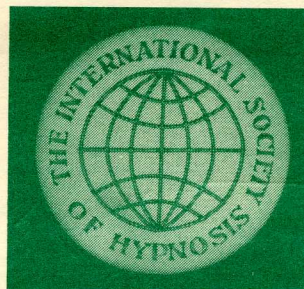
### 8th International Congress of Hypnosis and Psychosomatic Medicine

Delegates to Melbourne last August enjoyed a most successful Congress. This was due to the enthusiasm of the Australian Society for Clinical and Experimental Hypnosis and especially the ebullient Congress officers, Drs. Graham D. Burrows, David R. Collison, and Lorraine Dennerstein. The recommended hotels were comfortable and within easy reach of the central venue at the Melbourne Hilton, and although we were told that the weather was not at its best, it was still mild and pleasant. Hospitality was lavish and sincere, and Melbourne families will not be forgotten for a very long time. Like many others, the author was a fortunate guest at the home of Barbara and Graham Burrows

## Australia (cont)



The presentation of the *Benjamin Franklin Gold Medal* to Professor Ernest R. Hilgard, Founding President of ISH, by Dr. Martin T. Orne.



The *Benjamin Franklin Gold Medal* presented to Ernest R. Hilgard, Ph.D., August 20, 1979, in Melbourne, Australia.

for a very happy evening. Another high spot was the Congress Banquet which was over only too quickly.

A feature of the meeting was the delivery of the Presidential Address in the Great Hall of the National Gallery of Victoria, marked with academic solemnity appropriate to the occasion. Professor Martin T. Orne's title for this address was "The use and abuse of hypnosis in criminal investigation." The introduction and opening was given by Dr. Graham Burrows and the Deputy Chancellor of the University of Melbourne Douglas Wright. This was followed by discussants, Dr. David Collison and Professor Ernest R. Hilgard, and a vote of thanks made by Dr. J. Arthur Jackson.

After the Address, a particularly moving moment was when the ISH President presented the Benjamin Franklin Gold Medal to Founding President Ernest R. Hilgard -- the citation on the medal being:

Distinguished scientist and scholar whose outstanding research and lucid synthesis has advanced our understanding of hypnosis and helped establish the field as an accepted area of scientific inquiry throughout the world.

The 8th International Congress differed from previous meetings in the arrangement of the Programme: the Australian Society wanted to have all serious work finished by 6 pm every evening! A rigid division was made between the Scientific Programme and Workshops so that all afternoons were devoted to Workshops. If before the meeting there were reservations about the format thus described, in practice it was found an excellent approach.

To commemorate the 8th International Congress, a special issue of the *Australian Journal of Clinical and Experimental Hypnosis* was produced, containing not only the Congress abstracts, but important papers by Ernest R. Hilgard, Fred H. Frankel, David R. Collison, Peter Sheehan, Harold B. Crasilneck, and others.

A comprehensive 36-page programme was available containing not only a complete list of delegates and their country of origin, but also almost every conceivable item of information likely to be required about the meeting.

The Congress Proceedings have been published in book format by Elsevier/North Holland Biomedical Press, edited by Drs. Graham Burrows, David Collison, and Lorraine Dennerstein. The contributors to the scientific programme were invited to submit their papers prior to the Congress so that a permanent record would be available as soon as possible.





Pictured above (from left to right) are Mrs. Mary Tuohy, Secretary of the ASCEH (Victorian Branch), and Drs. David Collison, Lorraine Dennerstein, and Graham Burrows, Organizing Committee of the 8th Congress.

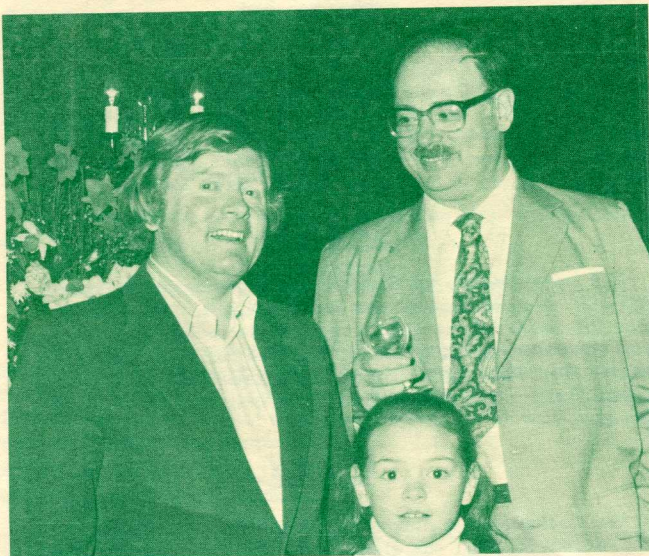
## Australia (cont.)

The meeting was overwhelmingly supported by nearly 300 members of the Australian Society, over 70 colleagues from North America, and a large contingent from Europe. Most of the latter were from Sweden. The SSCEH had arranged an elaborate tour for its members, so that on the outward journey there were stopovers at Bangkok, Sydney, and Canberra, and on the return at Bali, Singapore, and Frankfurt. In Sydney, the group was entertained by Associate Professor Wendy-Louise Walker. On the return journey, the group was able to see trance states and fire walking in Bali, and in Singapore, Dr. Tong Mun Chong showed a film and talked about an annual temple ceremony.

Workshops at the Congress were carefully planned, each being a self-contained course as much as possible. Basic and advanced medical workshops were coordinated by Harold B. Crasilneck and Herbert Spiegel. Psychotherapy workshops were coordinated by Shirley Sanders and Richard H. Griffith; psychiatrists-in-training by Fred H. Frankel; and the research workshops by Ernest R. Hilgard. Dental workshops were arranged by Jack Gerschman, pediatric by Gail Gardner, and a group hypnotherapy workshop by Bennett G. Braun and Bernauer W. Newton.

Among some of the outstanding papers of the Congress were those of Harold Crasilneck on impotency; Peter Sheehan on expectancy reactions in hypnosis; Kay Thompson on the case against relaxation; and Frederick J. Evans on amnesia. Jack Gerschman, Graham Burrows, and George Foenander gave a paper on dental phobia, and J. Arthur Jackson, President-Elect of the Australian Society, gave the results of research on hypnosis and maximum endurance in a special paper of some merit.

The truly international flavor of the meeting was reflected by the different nationalities contributing to the Scientific Program-



The above picture was taken during the gracious at-home hospitality offered by the 8th Congress. Pictured above (left to right) are Dr. Graham D. Burrows, Kerryn Burrows, and Dr. Martin Orne at Dr. Burrows' home on the evening of August 22, 1979.

## Australia (cont.)

me. Canadian contributors were H. Goba, N. Malcolm, C. Perry, C. A. D. Ringrose, D. Glick, M. Sabourin, and G. Lavoie. There were several West German contributors: Klaus Thomas, G. Barolin, and Claus Bick. Uros Jovanovic (the editor of Sleep and Waking) contributed from the German Federal Republic.

R. Hirvenoja made a contribution from Finland. H. Jana and S. Sharma contributed from India, and from Italy, L. Galeazzi contributed. There were also papers from Japan (A. Hoshika), New Zealand (Arreed Barabasz), Poland (Z. Pleszewski), Sweden (Lars-Eric Unestahl and Per-Olof Wikstrom), and the United Kingdom (B. D. Wyke and the author M. A. Basker).

It is impossible to list all Australian and American contributors, for which I offer many apologies; typical of the contributors from the host country were A. E. Bernstien, Wendy-Louise Walker, Harry Stanton, and David Collison. Some representative American contributors to the Scientific Programme were A. M. Damsbo, J. C. Erickson, G. G. Gardner, R. Garver, Donald Schafer, Herbert Spiegel, and David Spiegel.

A film programme was arranged, some of the producers being Martin T. Orne, Herbert Spiegel, Per-Olof Wikstrom, Harold Crasilneck, and T. M. Chong. Sight-seeing tours were arranged to see areas of interest inside and outside the city of Melbourne, including a demonstration of opal cutting and a guided tour of the National Gallery of Victoria.

## BRAZIL

A new Board of Directors has assumed office of the Sao Paulo Medical Society of Hypnosis. The appointed President is Professor Vladimir Bernik, replacing Professor Jose Monteiro who has held office for the last two years. President-Elect is Professor Joel P. Maia, Vice President is Professor T. L. P. Cintra, and honorary Secretary Dr. Erwin Woffenbuttel. The Society may be reached in care of Professor Vladimir Bernik at:

Praca Amadeu Amaral, 47 - cj. 91  
Sao Paulo 01327 (AP)

## CANADA

The Ontario Society of Clinical Hypnosis has been active, and members are kept well informed with the Secretary's Newsletter. Dr. Edgar Barnett has retired from the Presidency, his place being taken by Steven Crainford, M.D.; the other officers are Dr. Malcolm Lock, Vice President; Dr. Paul Romanson, Secretary; and Dr. Susan Sulman, Treasurer. At the Annual General Meeting in 1979, the outgoing President, Dr. Edgar Barnett, made an important speech reminding the Society that it was through the field of education that the OSCH had its strongest sense of purpose: "to increase the acceptance of hypnosis as an important ethical tool in the healing arts".

During the year a Symposium had been held at the Royal York Hotel in Toronto, organized by Dr. George Matheson, which featured Dr. Frederick Evans and Dr. Joseph Barber, the topic being "Hypnosis and the Management of Pain". The meeting was overbooked, and voted a great success. For 1980, a special topics workshop is being arranged entitled "Hypnosis in Children and Adolescents".

Like other countries, the OSCH has been facing difficulties in getting government legislation enforced against unethical uses of hypnosis, and their efforts will be watched with interest elsewhere.

The Society is actively making educational material about hypnosis available to the public, press, and other professionals in the caring professions, and its book and tape library continues to expand.

The Toronto Region of the Society, with Drs. J. Murray Weinberg and Susan Schulman as Chairman and Secretary, is organizing a medical and dental workshop for students at the University of Toronto.

In the Southwestern Region, a symposium was arranged on phobias, and the officers of this region, whose Chairman is Dr. Boris Ragula, have a student workshop at the University of Western Ontario scheduled for January 1980.

The Kingston Region has a new Chairman, Dr. Trilok Monga, with a busy 1979-1980 program scheduled as well as a basic



## Canada (cont.)

workshop, and the Niagara Region is planning on an upcoming symposium on sleep and its disorders.

## ENGLAND

The British Society of Medical and Dental Hypnosis has been debating the need for issuing to experienced hypnotists Certificates of Competence. These are clearly helpful to prove specialist's skills to health insurance companies, and as a result of Dr. David Waxman's clear thinking, the decision for issuing these should soon be put into practice. As mentioned in these columns, Dr. Waxman has taken on a very onerous task in seeking an amendment of the 1952 Hypnosis Act, which has involved extensive discussions with interested members of Parliament, parliamentary lawyers, Home Office officials, relevant Ministers as well as the medical institutions. These have shown the manifest difficulties of restricting the use of hypnosis by lay hypnotists in a democracy, but it is hoped that at least there will be restrictions on the use of hypnosis for entertainment purposes.

There is now a very active West Yorkshire Section, initiated by Dr. Warren Jordan. The active Northern Counties Branch, based in Newcastle, has reported a large membership increase, and has planned a National Advanced Symposium beginning April 19 at the Airport Hotel, Newcastle. This will be attended by Dr. Fred Frankel, ISH President, from Boston, Massachusetts; Dr. Harold Wain, from Washington, D.C.; and Dr. William Pemberton, from Mill Valley, California. Details may be obtained from:

Dr. Geoff Graham  
6 Whickham Park  
Whickham, Newcastle-upon-Tyne  
England

Also from the north of England, the Lancashire and Cheshire Branch have been having a successful season, and plan a basic course for May 8-9, 1980. Information concerning this may be had from:

Mr. N. Jedynakiewicz  
Birch Hey  
218 Mount Road  
Preston, Birkenhead  
England

The Midlands Branch has had basic, intermediate, and advanced courses during the year. Meetings are now held regularly at the Queen Elizabeth Hospital, Edgbaston, Birmingham. Course organizer is Dr. John Smart ("Porth Melgen", 29 Blackwell Road, Barnt Green, Birmingham B45 8BT). The North Wales Branch has been active, but one of the recent courses had been cancelled from the side effects of an industrial dispute, but another course is being considered.

The West of England Branch is having an intermediate course in early 1980 at the Frenchay Hospital in Bristol. The Isle of Wight Branch has had 11 meetings and has been having successful anti-smoking clinics which have greatly interested the local Health Authority because of concern for a high incidence of smoking among student nurses.

The Metropolitan Branch in the London area has had two introductory and one intermediate courses recently with very high attendance rates.

The Section of Medical and Dental Hypnosis of the Royal Society of Medicine is increasing in size and has a full 1979-1980 programme advanced. Some of the interesting speakers include Professor Ivor Mills, of Addenbrook's Hospital, Cambridge; Professor Gwynne Jones of the University of Leeds; Dr. Raymond Hill of the University of Bristol; Dr. L. C. Lum, Chest Physician, Papworth Hospital, Cambridge; and many others.

The British Society of Experimental and Clinical Hypnosis has had a successful first year, and a well-attended workshop during the last summer at the Whittington Hospital, North London.

A full winter programme has been planned with talks from S. Roy Smith, Gilbert Maher-Loughnan, David Waxman, H. B. Gibson, Struan J. T. Robertson, Gordon Ambrose, Vernon Gregg, and Frank Vingoe. Another workshop is planned during the spring of 1980 at Surrey University. The Bulletin edited by Dr. Brian Fellows has been greatly appreciated everywhere, and another

## England (cont.)

volume is planned shortly. Secretary of the Society is now Dr. Michael Heap of the Department of Psychiatry, Royal Free Hospital, Pond Street, London NW 3.

A very enthusiastic Scottish group of the BSECH has been formed with Dr. Struan J. T. Robertson as Chairman; Mr. Alexander Murray, Vice Chairman; and Secretary is Miss Moira Craig of 38/40 Overtoun Road, Rutherglen G73 2QD. Meetings have been held regularly at the Woodside Health Centre, Barr Street, Glasgow G20 7LR.

## FINLAND

The Tietellinen Hypnoosi -- Vetenskaplig Hypnos celebrates its 20th birthday in 1980. Leo Hilden has been its Secretary since its inception, and Claes Cedercreutz has been President for 20 years. Claes has recently seen his new book published, entitled Parantava Hypnoosi (Healing Hypnosis). The book has had a warm reception and was reviewed by psychiatrist Dr. Kivi Lydecken. It is for doctors and the public.

The University of Tampere is proposing to link the teaching of hypnosis with its medical curriculum. This has come about by the interest shown by Dr. Reima Kampman, Associate Professor of Psychiatry, and Dr. Risto Aukee, a very energetic man in the Public Health Department. The University Medical School proposes to offer a year training course to 20 third-year medical students representing 400 hours teaching and training in hypnosis.

Acupuncture is part of the medical scene in Finland, and a prominent surgeon Olli Holopainen anticipates building a special unit on an island in the middle of Lake Pielinen in which both acupuncture and hypnotherapy techniques will be used.

## INDIA

The Indian Society for Clinical and Experimental Hypnosis is still very active with Professor H. Jana as President. He has given lectures in the last 12 months to the Space Application Center in Ahmedabad, at the 66th Indian Science Congress in Hyderabad, at the Post Graduate Institute of Basic Medical Sciences at Taramain, Madras, and at the Kurnool Medical College.

The Society has been visited by Dr. Inghish Scott of Western Australia, who talked about "Coping with anxiety", and Dr. K. B. Ashby of the University of Durham who talked on hypnotic recall. The Society can be contacted through the Executive Secretary at:

Dr. K. K. Shah  
ISCEH Executive Secretary  
Municipal Officers' Quarters  
Udyan Marg, Ellis Bridge  
Ahmedabad 380006

## IRELAND

The Irish Society for Clinical and Experimental Hypnosis (IrSCEH) is now a Constituent Society of ISH. The officers are: President, Michael Dunne, MB, BDS; Honorary Secretary, Elizabeth Dunne, BA, MSc; Treasurer, Patrick G. Gamble, BDS; and President-Elect, Eoin H. O'Flynn, BDS. For further information concerning their meetings, please contact Patrick G. Gamble, BDS, at 59 McCurtain Street, Cork, Ireland.

## ISRAEL

The Israel Society for Clinical and Experimental Hypnosis (IsSCEH) is a new Constituent Society of ISH. The officers are: President, Moris Kleinhauz, MD; Secretary, Avni Avraham, MA; Treasurer, Lemberg Efraim, MD; and Secretary for Foreign Affairs, Karl Fuch, MD. For further information on the IsSCEH, please contact Karl Fuchs, MD, at 44 Hanassi Avenue, Haifa, Israel.

## ITALY

The Centro Studi di Ipnose "H. Bernheim", the Italian Constituent Society, has elected new officers. The President is Professor Gualtiero Guantieri, who has been active in ISH affairs since its inception. The Vice President is Piero Parietti, M.D., and Secretary Giorgio Campanella, M.D.



## Italy (cont.)

The Centre has sponsored in cooperation with other institutions in the last year an international symposium on hypnosis and sexology at Campione d'Italia, the organizers being Professor G. Guanteri and Dr. G. Abraham. It also cosponsored a workshop on hypnosis for European and American doctors at Lugano, Switzerland. The workshop faculty included Professor Guanteri, as well as Drs. Milton V. Kline, G. Barolin, William Kroger, and the Swedish hypnotists, Drs. Basil Finer and Lars-Eric Unestahl. In the autumn of 1979, a national meeting on Hypnosis and Imaginative Techniques was held in Verona, and also a refresher course at the same venue for 3 days starting November 30.

The Centre has carried on as in the past a permanent didactic activity in clinical hypnosis and autogenic training for physicians and psychologists with elementary and advanced courses. The advanced courses last almost two years, and include two-day seminars every two months. In the summer of 1980, the Centre, in conjunction with the International Graduate University, is expecting to sponsor an intensive international course in hypnosis including workshops to be held in Verona, and in the autumn of 1980, will, with the Italian Society for Clinical Sexology, sponsor a symposium on the techniques of relaxation and hypnosis, also in Verona. Professor Guanteri has been active in creating interest in hypnosis in the Italian Society for Psychosomatic Medicine, and also in the University of Verona where he lectures on psychosomatic medicine.

## NORWAY

So many Norwegians have attended courses in hypnosis in Sweden, that it is anticipated that an independent Norwegian Society will shortly emerge, and it is hoped that we can report developments in the next ISH Newsletter.

## POLAND

Jerzy Aleksandrwich, M.D., of Krakow, and Zbigniew Pleszewski, Ph.D., of Poznan, keep in touch with other European hypnotists. We understand that 4-day semi-annual courses in hypnosis are arranged by the Poznan Branch of the Polish Society for Psychosomatic Medicine and Hypnosis at Poznan University.

## SCOTLAND

The Scottish Branch of the British Society of Medical and Dental Hypnosis opened its current season with new officers. The President is now dental surgeon, Dr. George Reid; Secretary, Dr. Alan W. Robertson; and Treasurer, Dr. Gordon J. Ker. Two basic courses and an intermediate course are scheduled for Glasgow and Edinburgh. The current winter programme starts with clinical meetings and talks on Phobias by Drs. Don Hobbs, and David Waxman, and Psychosexual Problems by the B.S.M.D.H. Secretary, Dr. John Smart. Members are encouraged to demonstrate cases in front of colleagues.

There is an elegant Scottish Branch Newsletter, which publishes interesting articles besides news; intending contributors should write to the Editors at:

2A Botanic Crescent  
Glasgow G20 8QQ

Executive Secretary of the Society remains Mrs. E. McPherson, whose address is:

Craigenveoch House  
Loch Ard Road  
By Aberfoyle

The Branch is currently engaged in the organization of the 9th International Congress of Hypnosis and Psychosomatic Medicine, through an Executive Committee based in Glasgow. The Congress Chairman makes an appeal to all ISH members in an announcement below soliciting support.

From Professor Michael R. Bond  
University of Glasgow, Scotland

*As honorary Chairman of the 9th International Congress of Hypnosis and Psychosomatic Medicine, and on behalf of the University of Glasgow, I offer my greetings and hope that you will attend the Congress to be held here in August, 1982.*

## Scotland (cont.)

*The venue is one of Britain's oldest Universities which was founded in 1451 and which has a high reputation for learning and scholarship. As on previous occasions, the Organising Committee has planned a first class Scientific Programme, the quality and success of which depends very much on your support.*

*There will be a full social programme with a distinct Scottish flavour. Glasgow is an ancient city and contains much of interest for visitors, for example, it is the home of Scottish opera, has several theatres, an important fine art collection, and is renowned for its 19th Century architecture. It is only 40 miles from Edinburgh and even closer to the mountains, Lochs, and sea which make it some of the most beautiful countryside in Britain.*

*I hope you will join us and look forward to welcoming you in person in August 1982.*

Yours sincerely,  
Michael R. Bond, M.D., Ph.D., DPM

Call for Papers for the 9th International Congress of Hypnosis

Abstracts of papers for presentation at the 9th International Congress of Hypnosis and Psychosomatic Medicine should be submitted on A4 (25% rag bond) paper (29.7 cm by 21 cm/ 8 1/2 by 11 inches), typed in triplicate, and limited to 300-400 words. They should be sent to the Chairman of the Congress Scientific Programme Committee:

Dr. David Waxman  
17 Upper Wimpole Street  
London W. 1  
England

## SINGAPORE

This Society held its Annual General Meeting last March at the Alumni Medical Center, and it arranged a very comprehensive programme for the 7th Symposium last August, sponsored by the Singapore Medical Association. The Workshops Faculty included Professor M. Erik Wright, Professor Donald W. Schaffer, Dr. Kay Thompson, and Dr. H. Clagett Harding. The Society invites contributions including papers of interest for its Newsletter.

## SWEDEN

Dr. Per-Olof Wikstrom writes regularly from Stockholm, and has actively been participating in the SSCEH Annual Meeting and has been lecturing in Portland, Oregon. There has been enormous upsurge of interest and practice of hypnodynamics in Sweden where over 3,000 of the country's dentists have been in hypnosis courses. It is understood that a very large party of Swedish dentists will be on their way to the Second European Congress of Hypnosis in Yugoslavia in 1980. Interest in acupuncture is also on the increase in Sweden, possibly influenced by its popularity in Finland. Karlstad Hospital in West Sweden is reputed to be using acupuncture techniques regularly.

## UNITED STATES

News is received regularly from Billie S. Lazar, Ph.D., in Chicago of the activities of APA Division 30, and material for the Division 30 Newsletter should be sent to:

Dr. Billie S. Lazar  
APA Division 30 Newsletter  
1442 West Jarvis Avenue  
Chicago, IL 60626

In New York, Division 30 was scheduled to be represented at the 87th annual meeting of the APA with a programme occupying four of the five days of the convention. The Presidential Address of Dr. Frederick J. Evans was entitled the "Accessibility of dissociative states," and Professor Martin T. Orne gave an invited address "On the use and misuse of hypnosis in court."

Another invited address was that of William R. Woodward and Ronald E. Shor entitled "The ideo-expressive model and the doctrine of suggestion." Among the numerous speakers were Nicho-



## United States (cont.)

las P. Spanos, Peter B. Field, Milton V. Kline, Helen M. Pettinati, and others.

The 32nd Annual Scientific Program and Workshops of the Society for Clinical and Experimental Hypnosis will be held at the Center for Continuing Education, University of Chicago from Tuesday, October 7, through Sunday, October 12, 1980. The meeting will be sponsored by the Department of Psychiatry, by the Department of Behavioral Sciences, and by The Walter G. Zoller Memorial Dental Clinic, The University of Chicago; by the Department of Psychiatry, Michael Reese Hospital and Medical Center; and by the College of Dentistry, in cooperation with the Advanced Education Program, University of Illinois.

The Local Arrangements Chair is Dr. Doris Gruenewald, Michael Reese Medical Center, Chicago and The University of Chicago. The Chair for the Workshops is Dr. Billie S. Lazar, University of Illinois Medical Center, Chicago. The Scientific Program Chair is Dr. Clifford Dempster, Letterman Army Medical Center, San Francisco.

For further information, please write to:

Mrs. Marion Kenn  
Administrative Director  
Society for Clinical and  
Experimental Hypnosis  
129-A Kings Park Drive  
Liverpool, New York 13088

The 23rd Annual Scientific Program and Workshops of the American Society of Clinical Hypnosis will be held at the Radisson Hotel Downtown, Minneapolis, Minnesota, from Monday, November 10, through Saturday, November 15, 1980.

The Workshops Co-Chairmen are Alan D. Banack, MD, and Cyril P. Marks, MD, Toronto, Ontario. The Scientific Program Chair is Paul D. Biederman, DDS, Ellicott City, Maryland. The Local Arrangements Co-Chairmen are Terrance P. Henderson, MD, White Bear Lake, Minnesota, and Alexander A. Levitan, MD, of Fridley, Minnesota. The Spouses Program is being arranged by Mrs. T. P. Henderson and Mrs. A. A. Levitan.

For further information, please write to:

Mr. William Hoffman  
Executive Director  
American Society of Clinical Hypnosis  
Ste. 218, 2400 East Devon Avenue  
Des Plaines, Illinois 60018

### IN MEMORIAM

It is with deep regret that we announce the untimely passing of H. Clagett Harding, M.D., on September 30, 1979. For many years, Larry, as he was known, had worked to develop both interest and competence in the use of hypnosis. In helping to develop the Portland Academy of Hypnosis, he sought to interest clinical colleagues in medicine, psychology, and dentistry in the use of hypnosis. Although deeply committed to the clinical application of hypnotic techniques, he was equally convinced that continuing basic research was essential to provide a solid foundation for therapeutic practice.

Dr. Harding had hosted one of the early meetings sponsored by the International Society for Clinical and Experimental Hypnosis, a combined meeting with the Society for Clinical and Experimental Hypnosis in 1962. He steadfastly worked to assure that hypnosis be used as a tool by trained physicians, psychologists, and dentists within their area of expertise. He effectively fought to prevent the deprofessionalization of the field.

His passing is a blow to the field and will long be felt as a personal loss by his many friends and colleagues.

## WEST AUSTRALIA

Information concerning hypnosis is published by the West Australian Branch of the Royal College of General Practice in their book entitled Community Resources. It lists the illnesses for which hypnosis is recommended and a list of medical hypnotists in West Australia. Dr. A. E. Bernstien and Dr. Frederick J. Evans gave a two-man seminar on "Pain and Hypnosis" last July which was well accepted, and attended by 80 colleagues. The West Australian Society encourages a two-year course for Fellows of the Society. It also presents a Hartland Medal, in memory of the late John Hartland, which was won during 1979 by Dr. Ken Woo.

### IN MEMORIAM

It is with great regret that we announce the death of ISH Board of Directors member, Dr. Abraham E. Bernstien, on September 16, 1979, from coronary thrombosis. This must come as a shock and surprise to his many friends who saw him at the 8th International Congress of Hypnosis where he gave a paper. "Manny" Bernstien was born in Leeds, England, and graduated from Liverpool Medical School. He was the mainstay of the West Australian Society for Medical Hypnosis, which he was responsible for originating. He wrote Handbook of Hypnosis, the 2nd edition of which was recently reviewed favorably in IJCEH, and was also the author of several books under the pseudonym of Dr. Jonathan Rodney. He leaves his widow, Rita. ISH members mourn his passing.

## YUGOSLAVIA

The Second European Congress of Hypnosis in Dubrovnik, Yugoslavia should be very successful. It is sponsored by the Edvard Kardelj University and Medical Faculty of Ljubljana. The Congress Chairman is Dr. Marjan Pajntar; Secretary Dr. Marko Lawric; and Chairman of the Workshop Faculty Dr. Polona Matjan. The meeting is May 12 - 18, 1980, and arranged with the main Scientific Programme in the mornings and Workshops in the afternoons. It is understood that guest speakers are Dr. Jack Gerschman from Melbourne University and Dr. Don Ebrahim from the United Kingdom.

## ISH GENERAL MEETING August 24, 1979 • Melbourne, Australia

This meeting was held at the end of the 8th International Congress of Hypnosis in Melbourne. The Secretary-Treasurer, Dr. F. J. Evans, gave a review of the events concerning the Society since the last General Meeting in 1976. Membership in the Society has risen by 50%, current total being 2881 representing 41 countries. A new ISH Newsletter commenced in 1978, and 1979 marked the year Professor Hilgard drafted a new Code of Ethics, and the Board of Directors and Council of Representatives clarified the position of ISH with regard to the use of hypnosis by law enforcement officers. A new Directory was available at the Congress and was sent out to all members by the end of 1979.

Financially, the Society has operated with a deficit for the first 6 years since inception, and, to achieve financial stability, it was voted that dues will need to be raised as of 1981 from \$26 to \$35 US for individual members.

It was also announced that as a result of the full membership ballot held by mail, the elected principal officers of ISH from January 1, 1980 to December 31, 1982, are as follows:

President: Fred H. Frankel, M.B., Ch.B., D.P.M.  
Beth Israel Hospital and Harvard Medical School, Boston, Massachusetts, U.S.A.

President-Elect: Germain Lavoie, Ph.D.  
Hopital Louis H. Lafontaine and Universite de Montreal, Montreal, Quebec, CANADA

Secretary-Treasurer: Peter B. Bloom, M.D.  
The Institute of Pennsylvania Hospital and University of Pennsylvania, Philadelphia, Pennsylvania, U.S.A.

Past President: Martin T. Orme, M.D., Ph.D.  
The Institute of Pennsylvania Hospital and University of Pennsylvania, Philadelphia, Pennsylvania, U.S.A.

Founding President: Ernest R. Hilgard, Ph.D.  
Stanford University, Stanford, California, U.S.A.

(The full list of Board of Directors and Council of Representatives appears elsewhere in the Newsletter.)



# Combined Executive Council Meeting Tuesday, August 21, 1979, 7:30 p.m.

Board of Directors and Council of Representatives:

Chairman: Martin T. Orne, M.D., Ph. D.,  
President, ISH

1. Attendance (Elected officers of ISH -- through 1979 and from 1980; Elected Board of Directors, Council of Representatives, or their proxies, Past Presidents, Non-Voting Delegates from countries without Constituent Societies):

Drs. M. A. Basker (England), A. E. Bernstien (Australia), Graham D. Burrows (Australia), Duncan Cameron (Scotland), T. M. Chong (Singapore), David R. Collison (Australia), F. J. Evans (United States), G. Ewen (Australia), B. Finer (Sweden), F. H. Frankel (United States), G. G. Gardner (United States), H. C. Harding (United States), E. R. Hilgard (United States), G. Lavoie (Canada), J. R. Loughheed (Canada), M. T. Orne (United States), K. F. Thompson (United States), L-E. Unestahl (Sweden), P. O. Wikstrom (Sweden).

The meeting was called to order at 8:18 p.m. by Chairman Martin T. Orne.

2. Minutes of the 7th International Congress of Hypnosis, Philadelphia, Pennsylvania, July 1-4, 1976.

Approved as read by Secretary-Treasurer, Frederick J. Evans.

3. Secretary-Treasurer's Report.

(a) Read by Secretary-Treasurer, Frederick J. Evans.

(b) Dues for 1981 (to be billed May, 1980)

\$35 for international individual members including IJCEH subscription; \$15 for group members (from Constituent Societies with more than 800 members) with no IJCEH subscription. It was felt that this increase in dues would move ISH toward solvency by 1985.

4. Report of Interim Actions by Officers, Board of Directors and Council of Representatives.

Accepted as presented.

5. Report of the 8th International Congress.

Dr. Burrows reported on a most successful Congress. As anticipated, there were about 600 attendees. It is not expected that the Congress will make any profit, as the original budgeting was not planned that way. A motion of thanks for all involved as carried with applause.

6. Special Requests.

(a) It was approved that provisions could be made for emeritus membership at \$8 US for those who have turned 70, have been active members for at least 5 preceding years, and who apply in writing for retired status. Emeritus membership will be at the rate of \$8 US for 1981 which includes a membership card, an entry in the Directory, and the Newsletter subscription (with an option of paying additionally for an IJCEH subscription).

(b) A motion by Dr. Cedercreutz (not present) to accept a special member of the Finland Society for ISH membership was, because of the lack of a curriculum vitae, referred to the Officers for subsequent action on this individual application without creating a precedent for future applications.

7. Meeting of the Council of Representatives, 10:00 p.m.

Chairman: David R. Collison, MBBS, FRACP

(a) Election nominations (1980-1982): Chairman: Dr. David R. Collison; Vice Chairman: Dr. G. Burrows; Board of Directors: Dr. M. A. Basker (United Kingdom), Dr. A. E. Bernstien (Australia), Dr. David Collison (Australia), Dr. G. Fairfull Smith (Scotland), Dr. Jean Lassner (France), Dr. Kay Thompson (United States).

(b) A motion by Dr. Wikstrom to recognize the membership of Abua Nwaefuna, M.D., University of Monrovia, Liberia, was noted with his plans to organize a Liberian Society. He was appointed as ISH Special Delegate to the Council of Representatives from Liberia.

(c) Motion for Council to prepare a document more clearly outlining responsibilities and duties of the members of the Council of Representatives.

## Executive Council Meeting (cont.)

(d) Adjourned at 10:14 p.m.

8. Business of the Council of Representatives referred to the Board of Directors

(a) 10th International Congress Site. Dr. Jeva R. Loughheed, in behalf of the OSCH President Steven Crainford, M.D., made an informative presentation concerning an invitation to hold the 10th Congress Workshops and Scientific Program in Toronto, Canada, during the second week of August, 1985 (immediately preceding APA), sponsored by the Ontario Society of Clinical Hypnosis and the University of Toronto. It is hoped that co-sponsorship may also be able to be arranged through the Université de Montréal. Moved to accept invitation.

(b) After discussion, it was moved in principle that the 9th Congress and all future Congresses be budgeted as a profit-raising enterprise, and that at least 50% of any profits be returned to the ISH Central Office, the balance being retained by the local organizing Constituent Society which maintains full financial responsibility in the event of any losses.

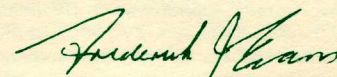
9. New Business

(a) To record in the minutes the presentation of the 2nd Benjamin Franklin Gold Medal to Professor Emeritus E. R. Hilgard for outstanding services rendered to the field.

(b) To record a special vote of thanks to the retiring Secretary-Treasurer following 6 active years in office.

(c) Adjourned at 10:40 p.m.

Respectfully submitted,



Frederick J. Evans, Ph.D.  
ISH Secretary-Treasurer, 1973-1979

## Members in the News...

Don E. Gibbons, PhD, from Georgia where he is Associate Professor of Psychology at West Georgia College. He has a new book published entitled Applied hypnosis and hyperempiria (Plenum Press). This gives data on hyperempiric

### 9th International Congress of Hypnosis and Psychosomatic Medicine

The 9th International Congress of Hypnosis and Psychosomatic Medicine will be held in Glasgow, Scotland, from August 23-28, 1982, and is being sponsored by the University of Glasgow and the Royal Society of Medicine. It will comprise Scientific Programmes and Workshops of interest to psychiatrists, physicians, dental surgeons, and psychologists, and be designed for general and specialized appeal.

Early bird registration is recommended to secure a 25% discount in registration fees available until December 31, 1980. The present fees (English pounds Sterling) are:

Scientific Programme and Workshops  
ISH Member. . . . . £130.00  
ISH Non-Member. . . . . £140.00  
Affiliate Fee. . . . . £10.00

For early registration, kindly complete details on the reverse side and forward with bank draft payable in pounds Sterling.

9th International Congress of Hypnosis  
c/o Professor M. R. Bond  
Department of Psychological Medicine  
Southern General Hospital  
Glasgow G51 4TF  
Scotland



## Members in the News (cont.)

- inductions, based on suggestion of raised alertness and sensitivity.
- James R. Hodge, MD, has been appointed Associate Professor of Psychiatry at the Northeastern Ohio University College of Medicine, and is now President-Elect of the Ohio Psychiatric Association for the year 1979-1980. He is being included in the new edition of Who's Who in America. He can now be reached at the Department of Psychiatry, Akron City Hospital, 525E Market Street, Akron, Ohio 44309.
- Harold Lindner, PhD, recently returned from his trip to the Peoples Republic of China and Hong Kong, where he had the opportunity of studying hypnosis and acupuncture techniques as well as touring mental health facilities. Dr. Lindner discussed issues of psychotherapies and hypnotherapy with psychologists, psychiatrists, and mental health workers.
- Freda Morris, PhD, Director of the Hypnosis Clearing House, Inc., in Oakland, California, is dedicated to furthering the use of self hypnosis. She has already written a book, Self hypnosis in two days (E. P. Dutton, 1975), and has now completed a new self hypnosis book (Harper and Row, 1979).
- B. Mark Schoenberg, EdD, Professor of the Memorial University of Newfoundland, has edited a book on bereavement counseling (Greenwood Press, Westport & London), and also a Handbook and Guide for the College and University Counseling Center (Greenwood Press).
- Harry Stanton, PhD, Director of the Higher Education Research and Advisory Center of Hobart, Tasmania, has published a book entitled The Plus Factor: A Guide to Positive Living. This is in the Fontana paperback series (Collins). It emphasizes the use of relaxation, imagery, and positive suggestion.
- Jeffrey K. Zeig, PhD, Clinical Psychologist of Phoenix, Arizona, sends advanced news of a First International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy to be held December 4-8, 1980, in Phoenix, Arizona. Key-note speakers are Gregory Bateson and Jay Haley. The authors of papers and the invited moderators and discussants will be coming from many countries throughout the world. The meeting will include half-day workshops. Registration may be made through Jeffrey K. Zeig, PhD, 1935 East Aurelius Avenue, Phoenix, Arizona 85020.

### 9th International Congress of Hypnosis, Glasgow, Scotland, 1982

Name: \_\_\_\_\_ Title: \_\_\_\_\_  
Last, First Middle

Address: \_\_\_\_\_

City State Country Postal Code

Society Membership(s): ISH Member ☐ yes ☐ no

BSMDH Member ☐ yes ☐ no

BSECH Member ☐ yes ☐ no

National Constituent Society Member ☐ yes ☐ no

If yes, state Society name \_\_\_\_\_

Professional Qualifications: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

#### Scientific Programme and Workshops

|                |          |  |
|----------------|----------|--|
| ISH Member     | £ 130.00 |  |
| ISH Non-Member | £ 140.00 |  |
| Affiliate Fee  | £ 10.00  |  |

TOTAL ENCLOSED £ \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Particulars of hotel and hostel accommodations will be forwarded with your receipt, and reservations may be made through the 9th International Congress Office.

## NEW MEMBERS FOR 1980

FRANK WILLIAM ALTMANN, MBBS, FRACGP, D(OBST)  
RCOG, Murray Bridge, South Australia, AUSTRALIA

BARBARA ASHFORD, BA(H), Bronte, New South Wales, AUSTRALIA

WARWICK KEITH ASHLEY, BMSc, MBBS, MRANZCP,  
Hobart, Tasmania, AUSTRALIA

DENIS BARKER, MBBS, MRANZCP, DPM, MRCP, North  
Adelaide, South Australia, AUSTRALIA

BARRY KENNETH BLAND, MBBS, Seven Hills, New South  
Wales, AUSTRALIA

FRANK HIPPISEY BUCHANAN, MBBS, DPM, FRANZCP,  
Kew, Victoria, AUSTRALIA

MARGARET U. BULLEN, MA, MB, B Chir, Kew, Victoria  
AUSTRALIA

GEORGE WILLIAM BURNS, BA(H), West Perth, Western  
Australia, AUSTRALIA

IVONE DA COSTA AFONSO, MD, Lisboa, PORTUGAL

STAN FINIKIOTIS, MBBS, Sefton Park, South Australia,  
AUSTRALIA

PATRICK G. GAMBLE, BDS, Cork, IRELAND

GARY A. GRAMMAT, MD, Randwick, New South Wales,  
AUSTRALIA

RUSSELL M. F. HAWKINS, BA(H), Magill, South  
Australia, AUSTRALIA

DAVID H. ISAACS, BA, MBBS, North Sydney, New South  
Wales, AUSTRALIA

GEOFFREY JOSEPH LONG, MBBS, FFARACS, Camperdown,  
New South Wales, AUSTRALIA

WILLIAM MAURICE MC CUBBERY, MBBS, Thornbury,  
Victoria, AUSTRALIA

AUNG MYINT, MA, M Psych, Perth, Western Australia,  
AUSTRALIA

KENNETH WILLIAM NEVILLE, MD, George Town,  
Tasmania, AUSTRALIA

JOHN CHRISTOPHER ABUA NWAEFUNA, MBBS, DPM,  
FWACP, Monrovia, LIBERIA

EOIN HENRY O'FLYNN, BDS, Douglas, Cork, IRELAND

PATRICK JAMES JUSTIN O'NEILL, BA(H), MRCS, LRCP,  
Hamilton, New South Wales, AUSTRALIA

VICKY POWLETT, BA, Camberwell, Victoria, AUSTRALIA

ROBERT A. PROCTOR, BSc, MBBS, DPM, South Yarra,  
Victoria, AUSTRALIA

RICHARD GLENN SLADDEN, BA, Dip Ed Couns,  
Millswood, South Australia, AUSTRALIA

R. O. STANLEY, BSc(H), Dip Clin Psych, Parkville,  
Victoria, AUSTRALIA

ERLING SVALLAND, DDS, MD, Oslo, NORWAY

JEFFREY FRANCIS TAYLOR, MBBS, DPM, East Doncaster,  
Victoria, AUSTRALIA

KLAUS THOMAS, MD, PhD, DD, Berlin, WEST GERMANY

LIVIO ROGER TURECEK, MBBS, DPM, Ivanhoe East,  
Victoria, AUSTRALIA

ALISON MARY WEBER, BA, Parkville, Victoria,  
AUSTRALIA

ALFRED EUGENE WHITFORD, BA, North Adelaide,  
South Australia, AUSTRALIA

GEOFFREY R. WIGLEY, MBBS, Ormond, Victoria,  
AUSTRALIA

-- Now Available --

### 1979 ISH Membership Directories

The 1979 ISH Directory, which was mailed to all members in October, 1979, is now available for sale. Copies may be purchased at a cost of \$4 to members (\$7 to nonmembers paying by personal check or \$15 institutional rate).

The International Directory lists all 2881 members in good standing for 1979 in alphabetical and geographical order as well as including a brief biographical description for those members who returned the Directory information form prior to March 15, 1979. As the International Society is a small non-profit organization, payment for directories must be received in advance. Please send payment or write for further information to:

International Society of Hypnosis  
111 North 49th Street, Box 144  
Philadelphia, Pennsylvania 19139