

EUROPEAN SOCIETY OF HYPNOSIS (ESH)

in collaboration with the

ITALIAN SOCIETY OF HYPNOSIS (SII)



HYPNOSIS AND RESILIENCE

From Trauma and Stress to Resources and Healing

Emphasising the importance of resilience in a World in crisis
and the role played by hypnosis in activating and developing
inner forces and resources

XIII ESH CONGRESS FACULTY

- | | | |
|---------------------------------------------------------|---------------------------------------------------|--------------------------------------------------------|
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| Helen Adrienne (New York, USA) | Silvia Giacosa (Milan, Italy) | Maggie Philips (Oakland, California, USA) |
| Stefanie Badenhorst (Strand, South Africa) | Gaby Golan (Ramat Efal, Israel) | Susan Pinco (New York, USA) |
| Renzo Balugani (Savona, Italy) | Tobi B. Goldfus (Germantown, USA) | Daniela Poggiolini (Bari, Italy) |
| Eva Banyai (Budapest, Hungary) | Stephanie Guillou (Pommeret, France) | Isabelle Prevot-Stimec (Nantes, France) |
| Arreed F. Barabasz (Washington, WA, USA) | Woltemade Hartman (Pretoria, South Africa) | Olivier Prian (Guichen, France) |
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| Susanna Carolusson (Goteborg, Sweden) | Pamela Kaiser (Menlo Park, USA) | Gary Bruno Schmid (Zurich, Switzerland) |
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| Eric Cristante (Soissons, France) | John D. Lentz (Shepherdsville, KY, USA) | Wilma Sponti (Rome, Italy) |
| Jenny Da Silva (Johannesburg, South Africa) | Julie H. Linden (Philadelphia, PA, USA) | James Straub (Columbia, USA) |
| Giuseppe De Benedittis (Milan, Italy) | Shaul Livnay (Tel Aviv, Israel) | Laurence Irwin Sugarman (Rochester, NY, USA) |
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| Marguerite De Vasselot (France) | Tania Mahler (Brussels, Belgium) | Moshe S. Torem (Akron, OH, USA) |
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| Flavio Di Leone (Rome, Italy) | Heleen Malherbe (Lincoln, UK) | Rashit Tukaev (Moscow, Russia) |
| Ragi Doggweiler (Knoxville, USA) | Claudio Mammini (Pisa, Italy) | Katalin Varga (Budapest, Hungary) |
| Giuseppe Ducci (Rome, Italy) | Mario Marazzi (Rome, Italy) | Adrienn Vargay (Budapest, Hungary) |
| Bruno Dubos (Rennes, France) | Renata Marian (Jak, Hungary) | Claude Virot (Rennes, France) |
| Gordon Emerson (Melbourne, Australia) | Matthias Mende (Salzburg, Austria) | Hakan Vulkan (Ankara, Turkey) |
| Betty Alice Erickson (Dallas, TX, USA) | JBC Mertens (Sneek, Netherlands) | Martin Wall (Bridgwater, UK) |
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| Enrico Facco (Padova, Italy) | Rich Miller (Boston, USA) | Claudia Weinspach (Munster, Germany) |
| Maria Laura Fasciana (Rome, Italy) | Michele Modenese (Verona, Italy) | Edwin K. Yager (San Diego, CA, USA) |
| Eva Ferstl (Terniz, Austria) | Antonella Monini (Rome, Italy) | Diane Yapko (Fallbrook, CA, USA) |
| Neil Fiore (Albany, CA, USA) | Ali Esref Muezzinoglu (Istanbul, Turkey) | Michael Yapko (Fallbrook, CA, USA) |
| Claire Frederick (Tahoe City, CA, USA) | Shaul Navon (Tel Aviv, Israel) | Silvia Zanotta (Zurich, Switzerland) |
| Teresa Garcia Sanchez (Madrid, Spain) | Ali Ozden Ozturk (Istanbul, Turkey) | Jeffrey K. Zeig (Phoenix, Arizona) |

EUROPEAN SOCIETY OF HYPNOSIS (ESH)

Organised in collaboration with the
ITALIAN SOCIETY OF HYPNOSIS (SII)



XIII ESH International Congress

HYPNOSIS AND RESILIENCE

From Trauma and Stress to Resources and Healing

Emphasising the importance of resilience in a World in crisis and the role played by Hypnosis in activating and developing inner forces and resources

October 21-25, 2014

Hilton Sorrento Palace

Sorrento - Italy

EXPERIENTIAL PRE-CONGRESS (October 21-22)

An advanced experiential event taught by an expert faculty, who will offer interactive workshops and live demonstrations. (Includes a visit to Capri)

CONGRESS SCIENTIFIC PROGRAMME (October 22-25) consists of Keynote Addresses, Invited Addresses, Invited Workshop, Workshops, Invited Presentations, Main Presentations, Seminars, Symposia, Dialogues, Panels, Papers and Posters

CALL FOR PAPERS AND POSTERS by 15 May

If you would like to present a Paper or a Poster in the Congress Scientific Programme, please submit a 10/20 lines Abstract, together with your completed Registration Form, by May 15.

CANCELLATION POLICY Requests for refunds MUST BE IN WRITING and are subject to a 15% administrative fee. Requests postmarked from January 1st to July 1st, 2014 will receive a 70% refund of paid fees. Request postmarked after July 1st 2014 will receive a 50% refund. No refunds can be made after October 1st, 2014. Please allow 8-10 weeks for processing

REGISTRATIONS AND INFO: Società Italiana di Ipnosi, Viale Regina Margherita, 269 - 00198 Rome

Tel / Fax: +39.06.854.8205

E-Mail: ipnosii@gmail.com

For further and updated info, visit: **Web-Site:** www.societaipnosi.it

EXPERIENTIAL PRE-CONGRESS

October 21-22

The Experiential Pre-Congress is a specially designed programme for professionals who desire to address clinical themes and to learn directly from experiential practice. This advanced event will be taught by an expert faculty who will offer interactive workshops and live demonstrations. Participants will also enjoy the enchanting experience of a visit by boat to Capri, with lunch and a tour of the island's most beautiful attractions.



PRE-CONGRESS EXPERIENTIAL PROGRAMME

PRE-CONGRESS WORKSHOPS

Giuseppe De Benedittis (Milan, Italy)
Get rid of headache: the hypnotic solution

Betty Alice Erickson (Dallas, TX, USA)
Building Connections for More Effective Hypnosis

Jeffrey E. Lazarus (Menlo Park, CA, USA)
Treatment of Irritable Bowel Syndrome and Functional Abdominal Pain with Training in Self-Hypnosis

John D. Lentz (Shepherdsville, KY, USA)
How to Stay In Love Forever, or Resilient Love

Julie H. Linden (Philadelphia, PA, USA)
Facilitating Creativity and Intuition in Hypnosis

Camillo Lorio (Rome, Italy)
How to Build a Resilient Relationship with the Hypnotic Subject

Nicole Ruyschaert (Antwerp, Belgium)
'Home' coming: shelter after the storm...

Wilma Trasarti Sponti, Annamaria Rapone, (Rome, Italy)
From Complexity to Naturality: Efficacy of hypnotic intervention through observation, flexibility and setting utilisation

Michael Yapko (Fallbrook, CA, USA)
Hypnosis as a Context for Self-Discovery

Jeffrey K. Zeig (Phoenix, AZ, USA)
Advanced Techniques of Hypnosis and Therapy

PRE-CONGRESS DEMONSTRATIONS

Consuelo Casula (Milan, Italy)
See the past from the eyes of the future

Shaul Livnay (Tel Aviv, Israel)
Have you lost your marbles? Take one from me! A Demonstration in the application of Zarren's Marble Induction.

PRELIMINARY PROGRAMME FOLLOWS

EXPERIENTIAL PRE-CONGRESS will start in the Hilton on October 21 at 10am with a group of 2 hours Experiential Workshops and 1 hour Demos. Leave the hotel at 12.30 and take a boat to Capri. We take lunch in Capri and then an Experiential Tour of the island. Arrive back at the Hotel for 18.30 for a rest and light dinner. Then an evening Session of 2 hours Experiential Workshops and 1 hour Demos, until 22.30. On the morning of Wednesday October 22, the last two sessions of Experiential Workshops and Demos. The Experiential Pre-Congress concludes by 1.00pm.

CONGRESS SCIENTIFIC PROGRAMME will begin on the same day (Wednesday, October 22) at 2.00pm.

XIII ESH CONGRESS "HYPNOSIS AND RESILIENCE" – REGISTRATION FORM
CONGRESS SCIENTIFIC PROGRAMME **PRE-CONGRESS EXPERIENTIAL PROGRAMME**

NAME

PROFESSION

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CITY

zip

STATE/COUNTRY

E-MAIL

MEMBERSHIP: ESH; ISH; MEI

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CELL

XIII CONGRESS SCIENTIFIC PROGRAMME
ADVANCED REGISTRATION RATE by June 10, 2014

- 400 EU for non-Members** **310 EU for ESH / ISH / MEI Members**

EXPERIENTIAL PRE-CONGRESS PROGRAMME + VISIT to CAPRI

EARLY REGISTRATION RATE by May 15, 2014

(Transportation to and from the Island with Lunch included)

- 220 EU for non-Members** **180 EU for ESH / ISH / MEI Members**

- PAYMENT BY CREDIT CARD: (Visa / MasterCard)**

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XIII ESH CONGRESS

PRELIMINARY SCIENTIFIC PROGRAMME

KEYNOTE ADDRESSES (45 minutes)

Consuelo Casula (Milan, Italy)

"La vita è bella" (Life is Beautiful). Ethics and Values in Hypnosis and Resilience

Julie H. Linden (Philadelphia, PA, USA)

Incorporating Hypnosis into Psychotherapy with Children and Adolescents to Promote Resilience

Camillo Lorio (Rome, Italy)

How to survive as a therapist

Nicole Ruyschaert (Antwerp, Belgium)

From empathy to compassion fatigue: How can health care practitioners develop resilience and keep their positive engagement?

Michael Yapko (Fallbrook, CA, USA)

Global Cognition and Mental Health: The Therapeutic Merits of Concreteness and Specificity in Applied Hypnosis

Jeffrey K. Zeig (Phoenix, Arizona)

The symbolic use of hypnotic phenomena

INVITED ADDRESSES (30 minutes)

Arreed F. Barabasz (Washington, WA, USA)

Breakthrough Evidence: the manualised hypnosis cure for PTSD

Consuelo Casula (Milan, Italy)

The Hypnotic Approach based on Resilience

Giuseppe De Benedittis (Milan, Italy)

Challenging Intolerable, Refractory Widespread Pain: what we have learned from Hypnosis in Fibromyalgia Patients

Betty Alice Erickson (Dallas, TX, USA)

Erickson - his work now and in the future

Gaby Golan (Ramat Efal, Israel)

"Doctor, are you going to hypnotize me like in the movies"? Hypnosis in Movies

Jeffrey E. Lazarus (Menlo Park, USA)

Self-hypnosis for the Treatment of Nocturnal Enuresis

John D. Lentz (Shepherdsville, KY, USA)

Innovative approaches to Treating Sexual Abuse and innocent Bystanders

Julie H. Linden (Philadelphia, PA, USA)

Pathways to resilience - leading and fostering an hypnotic mindset in health

Camillo Lorio (Rome, Italy)

Hypnotic treatment of traumatic neglect

Susy Signer-Fischer (Basel, Switzerland)
Self Parenting Hypnosis and hypnotherapeutic methods

Bernhard Trenkle (Rottweil, Germany)
Medical Hypnosis: Techniques and Possibilities

INVITED WORKSHOPS (2 hours)

Éva Bányai (Budapest, Hungary)
The use of hypnosis and suggestive techniques to mobilise inner resources of cancer patients

Susanna Carolusson (Goteborg, Sweden)
Brain Trauma and PTSD, through darkness and light

Consuelo Casula (Milan, Italy)
Seven Steps to Bounce back Stronger than Before

Giuseppe De Benedittis (Milan, Italy)
Hypnosis, Fibromyalgia and Post-Traumatic Stress Disorder: The Missing Link?

Betty Alice Erickson (Dallas, TX, USA)
The Essence of Non-Directive Hypnosis

Claire Frederick (Tahoe City, CA, USA)
Dreams and Hypnotic Dreams in Ego State Therapy

Frank Garden-Breche (Saint Malo, France), **Stephanie Guillou** (Pommeret, France)
Hypnosis and use of the parallel universes in therapy

Gaby Golan (Ramat Efal, Israel)
The art of hypnosis: Principles of tailoring hypnosis to each specific patient)

Woltemade Hartman (Pretoria, South Africa)
Diamonds in the rough: polish your pride with unrecognised resourceful ego states

Jeffrey E. Lazarus (Menlo Park, CA, USA)
Treatment of Tics and Habit Disorders with Training in Self-hypnosis

John D. Lentz (Shepherdsville, USA), **Teresa Lloyd** (Louisville, Kentucky, USA) *Enhancing Resilience for Victims of Religious Abuse*

Julie H. Linden (Philadelphia, PA, USA)
Treating Trauma in Children and Developing Resiliency

Shaul Livnay (Tel Aviv, Israel), **Yossi Adir** (Tel Aviv, Israel)
Hypno-music: Non-verbal strategies and approaches to the enhancement of hypnotic effects in working with clients.

Camillo Lorio (Roma Italy)
Resource Based Family Therapy: Using Naturalistic Hypnosis with Families

Matthias Mende (Salzburg, Austria)
Hypnotherapeutic approaches for trauma confrontation

Ali Esref Muezzinoglu, Cetin E. Kaleli, Husnu Muezzinoglu, Vecihe Muezzinoglu, Burhan Sevsevil, Goksu Trakyali (Istanbul, Turkey)
Dental Cases "A to Z"

Maggie Philips (Oakland, California, USA)
Healing early life trauma to enhance resilience

Annamaria Rapone, Wilma Trasarti Sponti
Hypnosis in the elaboration of grief and losses, and for overcoming addictions

Nicole Ruyschaert (Antwerp, Belgium)
Resilience in the prevention and therapy of Burnout

Susy Signer-Fischer (Basel, Switzerland)
The treatment of traumatised children, adolescents and adults: Hypnosis and hypnotherapeutic methods

Bernhard Trenkle (Rottweil, Germany)
Self hypnosis and hypnosis in the treatment of anxiety and phobias...

Katalin Varga and Zoltan Kekecs (Budapest, Hungary),
The role of relational factors in Oxytocin and Cortisol in hypnotic interaction

Claude Viot (Rennes, France)
Trance: a psycho-physiological process, heart of Mind-Body Therapy

Silvia Zanotta (Zurich, Switzerland)
Finding inner strength: Hypnosomatic Ego-State Therapy with children and adolescents

Diane Yapko (Fallbrook, CA, USA)
Working Hypnotically and Strategically with Children to Facilitate Social Language

Michael Yapko (Fallbrook, CA, USA)
How Expectancy Shapes Treatment Response to Interventions for Depression

Jeffrey K. Zeig (Phoenix, AZ, USA)
Utilisation: The Foundation of Solutions

WORKSHOPS (2 hours)

Helen Adrienne (New York, USA)
Resilience: The "Seed" of Possibility for the Infertile Patient

Renzo Balugani (Savona, Italy)
Earthquake: at the heart of the art of caring

Stefanie Bandehorst (Strand, South Africa)
Resolving childhood trauma to facilitate healing

Betty Blue (Cypress, USA)
Illuminating Resilient Responses to Grief and Trauma by Turning on the "Trance-sending" Light of Playfulness

Udi Bonshtein (Gilon, Israel)
Hypnosis in martial arts

Marie-Jeanne Bremer (Rodange, Luxembourg)
Hypnotherapeutic techniques in the treatment of schizophrenia

Jenny Da Silva (Johannesburg, South Africa)
The Circle of Life: An Ericksonian and ego-state intervention strategy to help children process grief

H.A.A. de Berk (Enschede, Netherlands)
Finding a safe place in hypnotherapy

Emanuele Del Castello (Capua, Italy)
The hypnotic trance: a secure place. Hypnotic techniques to coping with past, present and future traumas

Bruno Dubois (Rennes, France)
Body oriented hypnosis: another way to create hypnotic state and mobilise patient resources in chronic disorders

Eva Ferstl (Ternitz, Austria)
Unitedly Prepared: Effective Ego State Work with Pregnant Women

Tobi B. Goldfus (New York, NY, USA)
Using clinical hypnosis as the 'search engine': fFor adolescents and young adults lost in cyberspace

Philippe Houssel (Rennes, France)
Reification energetique

Regina Hunter (Schaffhausen, Switzerland)
School success – another term for resilience

Anke Jorger (Offenburg, Germany)
Resilience starts with us!

Pamela Kaiser (Menlo Park, CA, USA)
Children vulnerable to stress and anxiety: identifying individualised risk profiles and hypnosis themes

Joseph Meyerson (Kfar Yona, Israel)
Premeditatedly Induced Dissociation as a Therapeutic Resource in Hypnotic Psychotherapy and EST

JBC Mertens (Sneek, Netherlands) and **H.A.A. de Berk** (Enschede, Netherlands)
Guilt and the inner judge metaphor technique

Rich Miller (Boston, MA, USA)
Clinical Hypnosis with Gay Men: Optimising the Impact of Psychotherapy

Michele Modenese (Verona, Italy)
Hypnosis and resilience in sports injuries

E. Cetin Kaleli, Ali Esref Muezzinoglu, Husnu Muezzinoglu, Vecihe Muezzinoglu, Burhan Sevsevil (Istanbul, Turkey)
Application of Hypnosis on psychological and psychiatric cases

Shaul Navon (Tel Aviv, Israel)
Obesity: how hypnotherapy can help?

Ali Ozden Ozturk (Istanbul, Turkey)
"AUCH" Hypnosis and Surgery: resilience and how to overcome stress in a breast cancer operation, relief created by hypnoanesthesia

Peter Richard-Herbert (Sydney, Australia)
Metaphoric Symbolised Imagery (MSI)TM : Building Resilience

Francine Samak (Nice, France)
Autohypnosis and intuition

Gary Bruno Schmid (Zurich, Switzerland) and **Walter Schweizer** (Oberenstringen, Switzerland)
Hypnosis methods for the optimisation of Self-Efficacy and Resiliency

Thierry Servillat, Isabelle Prevot-Stimec (Nantes, France)
Hypnosis that synchronises

Laurence Irwin Sugarman (Rochester, NY, USA)
Fostering Resilience in Young People with Autism Spectrum Disorder: Symptoms as Solutions

Rashit Tukaev (Moscow, Russia)
Trigger Mechanisms of Acute Mental Trauma as a Therapeutic Target and Resource

Claudia Weinspach (Munster, Germany)
Healing With Ceremony: Connecting Hypno-Systemic Approaches With Native American Concepts

Edwin K. Yager (San Diego, CA, USA)
Subliminal therapy: effecting change

SEMINARS (2 hours)

Eva Ferstl (Ternitz, Austria)
Come as you are - Rebooting sexuality after addiction

Susan Pinco (New York, USA)
Utilising brainspotting to enhance resilience

Simone Schlegel-Christen (Savigny, Switzerland)
Hypn'Horse therapy: how to whisper into the ear of patients and horses

MAIN PRESENTATIONS (30 minutes)

Éva Bányai , Andras Kolto, Katalin Varga (Budapest, Hungary)
Alexithymia and hypnotic susceptibility

Patrick Bellet (Vaison La Romaine, France)
PTSD, time and action. From Immobility to the Resilience by techniques about time and action in the case of the flooding of Vaison La Romaine

Jean Marc Benhaïem (Paris, France)
Dissociations in Chronic Pain – The Hypnosis Effects on Corporeal Dissociations

Edoardo Casiglia, Enrico Facco, Gastone Zanette (Padova, Italy)
Resilience in dentistry: overcoming gag reflex through hypnosis

Enrico Facco (Padova, Italy)
Resilience and liberation from the Ego: a lesson from eastern philosophies

Neil Fiore (Albany, CA, USA)
“Speaking to your ego from your Strongest Self” (Resilience and Ego States)

Neil Fiore (Albany, CA, USA)
“From Worry to Wonder: Reducing Stress Before and After Surgery” (Stress Related to Surgery)

Teresa Garcia Sanchez (Madrid, Spain)
How to elicit Resiliency when a Client Suffers an Existential Crisis or the Fear of Afterlife

Pamela Kaiser (Menlo Park, CA, USA)
Childhood stress: hypnosis strategies to build positive expectancy

Krzysztof Klajs (Lodz, Poland)
Family, time and resilience

Jacinto Inbar (Jerusalem, Israel)
Cognitive Hypnotherapy as an Integrated Strengths-Based Approach to the Development of Resilience, Growth, Flourishing, Well Being and Emotion Regulation in Individuals and Couples

John D. Lentz (Shepherdsville, USA)
Enhancing Resilience in You and the Borderline You are Treating or the Family Member of a Borderline

Jeffrey E. Lazarus (Menlo Park, USA)
Self-Hypnosis in the treatment of headaches, including migraine

Susan Pinco
Mind-Body integration; working in the 4th dimension to enhance resilience and accelerate healing

Martin Wall (Bridgwater, UK)
A Dance to the Music of Time

Edwin K. Yager (San Diego, CA, USA)
Chronic pain: psychogenic roots and psychological treatment

PRESENTATIONS (30 minutes)

Lara Ballardita, Silvia Giacosa, Costanza Licari (Milan, Italy)
The hypnotic for childbirth as a real psychotherapeutic process

Renzo Balugani (Savona, Italy)
Naturalism: resilience in real life

Udi Bonshtein (Gilon, Israel)
Theory of mind as a neurological basis of hypnosis

Fabio Carnevale (Rome, Italy)
"The Erickson boson - The elementary particle of the Hypnotic Psychotherapy"

José Cava Roda (Pozuelo de Alarcon, Spain)
HVR Biofeedback in Psychotherapy and Hypnosis

Maria Teresa Corsetti (Genova, Italy)
Hypnosis and life-coaching for cancer survivors.

Eric Cristante (Soissons, France)
And if Resilience was the Solution to Unlearn All the Bad Previous Habits?

Marguerite De Vasselot (France)
I 7 Livelli di lavoro nell'ipnosi per accedere alla resilienza (in Italian)

Flavio G. Di Leone (Rome, Italy)
Evidence based hypnotherapy for Psychogenic Non-Epileptic Seizures (PNES).

Ragi Doggweiler (Knoxville, USA)
Mind-body Skills Groups to deal with stress

Marialuisa Escalante De Smith (Cedar Rapids, Iowa, USA)

Using Ericksonian techniques to develop resilience and access resources in children sick with cancer

Maria Laura Fasciana (Rome, Italy)

Il gatto liquido ed altre storie per crescere: come risolvere il disagio infantile aiutando i bambini ad aiutare se stessi (in Italian)

Giuseppe Lepparelli, Emanuele Del Castello, Mario De Marco, Giuseppe De Pace, Giovanni Gentile, Simonetta Ferrante (Naples, Italy)

Procedural hypnosis as a training resilience after bronchoscopy and other medical interventions

András Kolto (Budapest, Hungary)

Hypnosis In Psychodermatology

Lucia Latte, Francesco Cattari, Salvatore Pala, Pietro Mazza (Sassari, Italy)

Hypnotic treatment in an ALS patient: a case report

Tania Mahler, M. Scaillon, Y. Vandemplas (Brussels, Belgium)

Treatment of patient with supragastric belching, a patient with rumination and a patient with cyclic vomiting: three paediatric cases treated with hypnotherapy

Marialuisa Malafonte (Sorrento, Italy)

Current use of Ericksonian hypnosis in anesthesia and intensive care practice: case reports

Heleen Malherbe (Lincoln, UK)

The Therapeutic Self in Ego State Therapy

Claudio Mammini (Rome, Italy)

Sul metodo dell'ipnosi (in Italian)

Mario Marazzi (Rome, Italy)

Il terapeuta imperfetto (in Italian)

Paola Micco, Antonella Ciaramella (Pisa, Italy)

Memory of trauma in chronic pain patient: posthypnotic amnesia vs direct forgetting paradigm to investigate autobiographical memory.

Antonella Monini (Rome, Italy)

Making Therapy Experiential: the Royal Road to Resilience

Shaul Navon (Tel Aviv, Israel)

The Illness/Non Illness Model: Hypnotherapy for Physically Ill patients

Liana Orin Soffer (Petah Tikva, Israel)

The Mysterious house Technique for Resilience

Daniela Poggiolini (Bari, Italy) Hypnosis, way for lightness of being: how to learn the attitude of Resilience (Italian/English)

Isabelle Prevot-Stimec, Bernadette Audrain Servillat (Nantes, France)

Music as a help for resilience: create the soundtrack of our life.

Olivier Prian (Guichen, France)

A balloon to rebound

Inara Roja, Zenija Roja (Riga, Latvia)

Metacognitive-focused hypnotherapy and couple therapy for patients with chronic post traumatic stress after sexual assault (Lecture)

Greta Ross (Canterbury, UK)
Models of resilience - the Poetic Force

Mary Ann Santoro Bellini (Firenze, Italy)
Students and mental wellness: hypnosis in crisis situation

Thierry Servillat, Elise Lelarge (Nantes, France)
Healing, not traumatizing: Strategic hypnosis in the treatment of anxiety disorders

Susy Signer-Fisher (Basel, Switzerland)
Live transitions Hypnosis and Hypnotherapeutic Methods

Adrienn K. Szilágyi, Csaba Diószeghy, Zsófia László (Telki, Hungary), **Katalin Varga** (Budapest, Hungary)
Healing Effects of Positive Suggestions with Ventilated Patients

Rashit Tukaev (Moscow, Russia)
Hypnotherapy of Anxious Disorders; The Way From Resourcefulness To Resilience

Hakan Vulkan (Ankara, Turkey)
Trauma-stress-dermatological diseases and hypnotherapy

Véronique Waisblat, Franck Bernard, Bryan Langholz, Gilles Dhonneur (Torcy, France)
Effects of hypnosis applied to parturients during labour

TOPICAL PANELS

Optimizing Motivation and Dissolving Patient Resistance (Lazarus)

The Self of the Therapist (Miller)

SYMPOSIA (2 hours)

To be announced

Organising Committee:

Mario Marazzi, Flavio Di Leone, Maura Lemmi, Sonia Targa

Scientific Committee:

Nicole Ruysschaert, Consuelo Casula, Bernhard Trenkle, Giuseppe Ducci, Giuseppe De Benedittis, Wilma Trasarti Sponti, Camillo Loredio

HOTEL REGISTRATION FORM



HILTON SORRENTO PALACE REGISTRATION

ESH Meeting
22nd – 25th October 2014

Please return this FORM, by September 22nd 2014, to:
Fax +39 06 85 48 205 – Email: Sorrento2014.reservation@gmail.com

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<input type="checkbox"/> Double for single use - Rear View	Euro 135,30
<input type="checkbox"/> Double room - Rear View	Euro 165,00
<input type="checkbox"/> Double for single use room - Sea View	Euro 155,10
<input type="checkbox"/> Double room - Sea View	Euro 184,80

Above rates are per room, per night, *including buffet breakfast and VAT*.
City tax: € 1,50 per person, per night from 1st April to 31st October to be paid directly at the hotel.
The Check-in time for the Guest Rooms is from 3 p.m. The Checkout time is before 10 a.m.
Requests for accommodation received after September 22nd, 2014 will be subject to the hotel availability.

ADDITIONAL SERVICES:

<input type="checkbox"/> Packed lunch on 23 rd October 2014 <i>(1 pasta salad or 2 sandwiches, 1 fruit, 1 dry pastry, 1 1/2lt bottle of water)</i>	Euro 15,00
<input type="checkbox"/> Packed lunch on 24 th October 2014 <i>(1 pasta salad or 2 sandwiches, 1 fruit, 1 dry pastry, 1 1/2lt bottle of water)</i>	Euro 15,00
<input type="checkbox"/> Packed lunch on 25 th October 2014 <i>(1 pasta salad or 2 sandwiches, 1 fruit, 1 dry pastry, 1 1/2lt bottle of water)</i>	Euro 15,00

Above rates are inclusive of VAT.

Transfer request:

Please, provide details of flight or train:

Flight / Train details: _____ Date _____ Time _____

- From Naples Capodichino Airport to Hilton Sorrento Palace
- From Hilton Sorrento Palace to Naples Capodichino Airport
- From Naples Railways Station to Hilton Sorrento Palace
- From Hilton Sorrento Palace to Naples Railways Station

For any quotation request for transfers, please, contact our **In-House DMC Russo Travel:**

Ph.: +39 081 878 1629
Fax: +39 081 878 1017
E-mail: info.congressi@russotravel.it
Website: www.russotravel.it

The Curreri public bus connects Naples International Airport of Capodichino to Sorrento and back.

Website: www.curreriviaggi.it

I guarantee my arrival with the following Credit Card:

Card Holder Name: _____

Card type: _____ Card N°: _____ Expiry Date : _____

Signature: _____ Date: _____

Please be advised that your reservation can only be processed if credit card details are provided.

Cancellation Policy: Up to 30 days prior to the arrival possibility to cancel the reservation without any penalty.
After the above term and up to 48 hours prior to the arrival, for any cancellation the first 2 nights will be charged as penalty (Art. 1382 Italian Civil Code). For any cancellation after the above term the entire stay will be charged as penalty (Art. 1382 Italian Civil Code).
In case of no-shows or early departure the full stay will be charged.

THANK YOU for choosing HILTON SORRENTO PALACE

(To be completed by Hilton Sorrento Palace only)

Accepted by: _____ Title: _____

Reservation N°: _____ Comments: _____



How to reach Sorrento by BUS NAPOLI - SORRENTO

Contact: Curreri Viaggi
Tel: 0818 015 420 – 081 8016 376
Fax: 0818 015 744
Web: <http://www.curreriviaggi.it>

Departs Naples Airport (Arrivals Area)	Arrives Sorrento
09:00	10:15
11:00	12:15
13:00	14:15
14:30	15:45
16:30	17:45
19:30	20:45

Cost: 10 Euros
Tickets can be purchased on the bus

From Rome:

To reach Sorrento it is much easier and more convenient to fly directly to Naples.

Should you arrive in Rome bus services to Sorrento operate twice a day (approximately a 4-hour trip)

**The bus departs from the
Roma Tiburtina Train Station**

**Rome - Sorrento
Bus Companies are:
Marozzi and Curreri**



SORRENTO - ROMA e vv.

Giorni feriali - Working days

Ven., Sab., Domenica e festivi - Fri - Sat - Sun & Holydays

SORRENTO - ROMA

SORRENTO Stazione	06.00	17.00
VICO EQUENSE P. Kennedy	06.15	17.15
C.RE DI STABIA Viale Europa	06.30	17.30
ROMA St. Tiburtina	09.45	21.00

ROMA - SORRENTO

ROMA St. Tiburtina	07.00	15.00
C.RE DI STABIA Viale Europa	10.15	18.15
VICO EQUENSE P. Kennedy	10.30	18.30
SORRENTO Stazione	10.45	19.00

How to reach Sorrento by CAR:

Take the A 3 Highway exiting at Castellammare of Stabia, you arrive to the SS Sorrentine 145 (For locals known as "La Sorrentina"- that travelling alongside the sea – permits you to reach Sorrento. The SS 145 Highway offers an extraordinary spectacle, and as you pass by the towns of Seiano, Meta, Piano of Sorrento and Saint Agnello, you can admire on the right, the sea that gently wets the coast, the beaches and the small fisherman piers; and on the left, the white rocks that – between Seiano and Meta – capture and reflect the rays of the sun transforming them into enchanting shades. Rental Car companies are available at the Naples Airport and some other areas of Naples. In Italy, cars are, in their majority, with manual gears and they drive on the left. Please note that toll-fees are to be paid when moving around the extra-urban areas, joining freeways and highways. Keep smaller change available.

How to reach Sorrento by TAXIS or LIMO

Are also available from the airport to take you anywhere in the area and also Sorrento. The Naples town Hall has *published the correct fares that may apply to the different taxi routes*. Taxi and Limo from Naples to Sorrento can be expensive, unless you share the car with other friends. Please make sure you check with the taxi driver before you leave. Fees for luggage and tools can be added as well. Also, a quick taxi ride to Molo Beverello will bring you to the hydrofoil station and that can be another option. From the airport, you can also take a taxi or bus to the train station and then catch the train to Sorrento.

How to reach Sorrento by SEA:

The Molo Beverello (Beverello Pier) is located adjacent to the Maritime Station at the Port of Naples in front of the Town Hall Square (Piazza Municipio). The Pier offers daily services to Sorrento with ferries. The trip takes approximately 45-50 minutes. The journey is a lot more comfortable than the train however it can be more expensive. During the High Season (May-Oct), services are much more frequent and the Metro Del Mare is a system that connects Naples to Sorrento by sea (with a few extra stops) but at a lower cost.

Food and Drink in Sorrento

Marinated Salmon



Gnocchi Sorrentina



Caprese



Squid and Potatoes



Spaghetti with Zucchini



Tagliolini al Limone



Limoncello

